

# Fresh Eats

CAFETERIA

**Director of Food & Nutrition**  
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**National School Breakfast Week**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Pancakes Breaded Chicken Patty Golden Corn Fresh Fruit Waffle Snaps	<b>3</b> Egg and Cheese Sandwich Pepperoni Flatbread Green Beans Fresh Apple Slices Cereal Bar	<b>4</b> Apple Frudel Chicken Nuggets Peas Orange Slices WG Crackers	<b>5</b> Sausage Biscuit Popcorn Chicken Mashed Potatoes Apple Sauce Scooby Doo Crackers	<b>6</b> Breakfast Pizza Fruit and Yogurt Parfait Cucumber Slices Muffin Tops
<b>9</b> Biscuit with Jelly Popcorn Chicken Broccoli Salad Mixed Fruit Poptart	<b>10</b> Goody Bun Bosco Cheese Sticks with Sauce Steamed Broccoli Diced Pears Applesauce with Crackers	<b>11</b> Cinnamon Roll Cheeseburger Celery Sticks Apple Slices WG Cheese Crackers	<b>12</b> Mini Maple Pancakes Peanut Butter and Jelly Golden Corn Diced Pineapples Belly Bears	<b>13</b> Bagel with Cream Cheese Italian Dunkers with Sauce Side Salad Apple Sauce Waffle Snaps
<b>16</b> Breakfast Pizza Breaded Chicken Patty Chickpea Salad Apple Slices Cereal Bar	<b>17</b> Mini Chocolate Chip French Toast Turkey and Cheese Sandwiches Cucumber Slices Fresh Fruit WG Crackers	<b>18</b> Cinnamon Toast Crunch Bar Mac and Cheese Carrots Mixed Fruit Scooby Doo Snacks	<b>19</b> Toast with Jelly or Butter Lasagna Roll Ups Green Beans Diced Peaches Muffin Tops	<b>20</b> Confetti Pancakes Cheese Pizza Celery Sticks Mandarin Oranges Poptart
<b>23</b> Waffle Snaps Popcorn Chicken Golden Corn Apple Slices Applesauce with Crackers	<b>24</b> Muffin Tops Bosco Sticks with Sauce Roasted Cauliflower and Broccoli Diced Fruit WG Cheese Crackers	<b>25</b> Apple Frudel Turkey and Cheese Munchable with Pretzels Cucumber Slices Apple Sauce Belly Bears	<b>26</b> Goody Bun Fruit and Yogurt Parfait Tater Tots Baby Carrots Waffle Snaps	<b>27</b> Strawberry Cream Cheese Bagels Chicken Nuggets with Buttered Noodles Steamed Carrots Mixed Fruit Cereal Bar
<b>30</b> Mini Cinnis Breaded Chicken Patty Cucumber Slices Apple Slices WG Crackers	<b>31</b> Muffin Tops Grilled Cheese Roasted Broccoli Apple Sauce Scooby Doo Crackers	<b>National Nutrition Month</b> Recharge with a tasty lunch that's also good for you.		

**Menu Legend:**

Breakfast Option Served with Assorted Fresh Fruit Daily
Lunch Main Entree Lunch Vegetable Lunch Fruit
Afternoon Snack

**MILK OPTIONS**  
Unflavored low-fat (1%) OFFERED DAILY  
LACTOSE FREE AVAILABLE UPON REQUEST

**WG - Whole Grain**

USDA is an equal opportunity provider, employer, and lender.  
Menu subject to change.

