

Good Morning Students, Parents & Guardians:

Spring is right around the corner. And with Spring's approach comes an important time in Guidance. Please read this month's newsletter carefully to see what pertains to you and your son or daughter. And as always, if you have any questions, please feel free to contact your Counselor.

### **Course Selection**

As of today, all 10th and 11th grade WHS students have selected courses for next year. 9th Grade students are currently meeting with their counselors. The administration will begin looking at these course requests to carefully develop student schedules which will typically be generated over the summer. Course schedules are generated through our computer software program, not manually. Please know that every effort is made to allow students to have all of their course requests met, however, it is possible that some requests will not be met. In these cases, the Counselors will reach out to your son/daughter to choose alternatives. **NEW THIS YEAR.... Students MAY NOT make changes to their course selection after April 10th.**

### **Career Week**

March 16th thru March 20th is our Districtwide Career Week where each building will showcase events and activities that promote career awareness. See the schedule of activities and events [HERE](#)

### **Naviance Opt-in Parent Portal**

Any parents or guardians interested in having a view-only account for their son/daughter's Naviance account, please email [spezzuti@mtplcsd.org](mailto:spezzuti@mtplcsd.org) and we will be happy to set up an account for you.

### **AP Exams**

AP Exams will be administered May 4th thru May 15th. Please view the [2026 AP Exam Schedule](#) as these dates are not flexible. If there is a conflict with the AP exam date, contact Mr. DiPaolo immediately. Any students who do not sit for their AP Exam cannot earn the AP course designation and related weighting factor on their transcript.

### **All students....**

#### **The Tri State Engineering Expo is BACK!!!**

On Sunday, April 12, 2026, the Tri-State Engineering Expo will present the 21st annual Engineering EXPO, to educate regional high school and middle school students about engineering as a career. It will be held at White Plains High School, White Plains, NY (Westchester County), from 11:00 AM to 3:30 PM. The event typically sees attendance from approximately 3,000 students, 40 colleges, and 50 engineering or technology based businesses and societies. Register [HERE](#).

## **2026 Youth Medicine, Technology & Finance Expo**

Students are invited to attend a full day expo to learn about high impact careers in Medicine, Technology and Finance. The event will be held on Saturday, March 7th at Mercy University from 9:30am to 2:00 pm - Breakfast and lunch will be served. Register [HERE](#)

### **SENIORS**

Admission decisions continue to roll in - Please encourage your son/daughter to inform their School Counselor about any admission decision as well as any scholarship awards.

In April, we will be administering a Senior Exit survey...more to follow.

**IMPORTANT FOR SENIORS:** Dozens of scholarships exist in Guidance for Seniors to apply for - Many seniors have been diligent about doing so, however many still have not. Most of these scholarships are local and the chances of our students being awarded the money is high...but only if you apply. Please encourage your son/daughter to fill out these scholarship applications. Even more scholarship opportunities exist on our website and through national databases (as outlined in my last communication). Please visit [HERE](#) to view all of our local scholarship applications. Many local awards are given out at **Senior Awards Night** which is **June 8th at EF Academy at 6:30 pm** this year. Be sure to apply for these local scholarships!

### **JUNIORS**

It is imperative that you plan and register for the SAT/ACT - Visit our website [HERE](#) for the SAT registration instructions and [HERE](#) for the ACT registration instructions.. Westlake is NOT a test center in June.

Westlake HS will be offering the **Digital SAT to our JUNIORS ONLY on Friday, March 20, 2026 at 12 pm**. Registration for this has ended. If you registered, you will receive more information soon.

Also, be on the lookout for a College Essay Workshop in April/May. This workshop is provided by the Guidance & Counseling Dept. and will take place during the school day. Additionally, we will be posting information on how to ask for letters of recommendation in the college process during April. More info to follow. Juniors should be visiting colleges in person or virtually. WHS allows up to 3 excused absences per year for college visits. As we have mentioned, demonstrated interest through visiting is a key factor in most college admission decisions.

### **Upcoming College Fairs:**

NACAC Virtual College Fair - Sunday, March 15, 2026 - 1:00 pm to 6:00 pm - Register [HERE](#)

NACAC Virtual College Fair - Sunday, April 19, 2026 - 1:00 pm to 6:00 pm - Register [HERE](#)

**\*\*\* In Person Southern Westchester College Fair - April 29, 2026 - 6:00 pm to 8:30 pm - Westchester County Center, White Plains \*\*\* More Info [HERE](#)**

**\*\*\* In Person Northern Westchester College Fair - April 30, 2026 - 5:00 pm to 8:00 pm - Northern Westchester BOCES, Yorktown Heights \*\*\***

More events will be posted as they become available....

## **SOPHOMORES**

All 10th graders will be invited to attend their Sophomore Career Exploration Workshops soon. The workshop is focused on career exploration using many of the tools in their Naviance accounts.

## **FRESHMEN**

**If you have not done so yet, this is your last chance to register for the 8th/9th Grade Career Fair - register by March 4th [HERE](#)**

In the 4th Quarter 9th graders will receive instruction in their English classes from the Guidance & Counseling Staff to introduce Naviance and its many uses during their high school career. As you may know, Naviance is a wonderful web-based college and career research program. It is widely used and acclaimed for its fun, easy-to-use tools, helping students to learn about different college and career options.

As always, if you have any questions, please contact your counselor.

**The counselors are here to assist you with whatever you need. We are available to our students on a drop in basis, by appointment or by email. And we are available to parents by phone, email or scheduled meetings during the school day. Below are the guidelines to accessing your Counselor...**

\* Our office is open and students are welcome to come down and drop by or to make appointments and see us.

\* Students can make appointments with their Counselor via email or by stopping in to schedule a time with our clerical staff.

\* We can also schedule phone conversations and correspond via email.

\* We will make every effort to respond to parents in a timely manner but please know that our priority during the school day is your children and their needs so it is possible we may not return your call or email until the following school day.

Please contact your Counselor if you are having any issues, questions or difficulty.

If you would like to email/call your Counselor, our contact info is below...

Guidance Phone # - (914) 769-8440

Mrs. Lauren Cody - Email: [lcody@mtplcsd.org](mailto:lcody@mtplcsd.org) - Phone Prompt 4

Mr. Nicholas DiPaolo - Email: [ndipaolo@mtplcsd.org](mailto:ndipaolo@mtplcsd.org) - Phone Prompt 2

Mrs. Colette Magnan - Email: [cmagnan@mtplcsd.org](mailto:cmagnan@mtplcsd.org) - Phone Prompt 5

Mr. Tim O'Dwyer - Email: [todwyer@mtplcsd.org](mailto:todwyer@mtplcsd.org) - Phone Prompt 3