

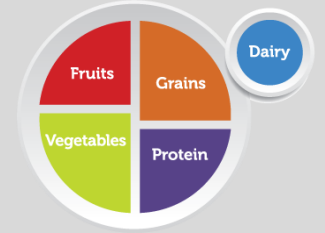


# J.S. Morton Transitional Center Menu March 2026 Breakfast & Lunch

MONDAY MARCH 2, 9, 16, 23, 30 <i>NO SCHOOL</i> 2 <sup>ND</sup> & 30 <sup>TH</sup>	TUESDAY MARCH 3, 10, 17, 24, 31	WEDNESDAY MARCH 4, 11, 18, 25	THURSDAY MARCH 5, 12, 19, 26	FRIDAY MARCH 6, 13, 20, 27
<b>Spring Break is 3/30 – 4/6</b>				
<b>Breakfast includes servings of grain/protein, fruit, and milk.</b>				
<i>Breakfast</i> Sausage, Egg, & Bagel Sandwich & Orange  Milk Carton	<i>Breakfast</i> Breakfast Muffin & String Cheese  Milk Carton	<i>Breakfast</i> Kellogg's Cereal Bowl Pack & Fruit Cup  Milk Carton	<i>Breakfast</i> Cereal Bar & Doughnut  Milk Carton	<i>Breakfast</i> Bacon, Egg, & Cheese Sandwich & Banana  Milk Carton
<i>Hot Lunch</i> Oven Fried Chicken Meal	<i>Hot Lunch</i> Hotdog w/ Waffle Fries	<i>Hot Lunch</i> Pesto Chicken Penne & Garlic Bread	<i>Hot Lunch</i> Walking Taco or Nachos w/ Chicken & Cheese	<i>Hot Lunch</i> Grilled Cheese & Tomato Soup
<b>Lunch Sides: Choose a vegetable side and a fruit side.</b>				
Coleslaw Jicama Fresh Fruit: Apples Mango w/ Tajin & Lime	Elote Salad Cucumbers w/ Lime Fresh Fruit: Tangerine Banana	Coleslaw Carrots w/ Ranch Pasta Salad Fresh Fruit: Pineapple Fruit Juice	Elote Salad Cucumbers w/ Lime Fresh Fruit: Tangerine Banana	Coleslaw Jicama Fresh Fruit: Apples Mango w/ Tajin & Lime

*Offer vs. Served:*  
Each meal must include at least a 1/2 cup serving of fruit or vegetable.  
*Please Note:*  
Menu substitutions may occur due to supply chain disruptions.

## CHOOSE MY PLATE GUIDE



Meals follow the USDA guidelines for the National School Lunch Program

**\*Fruit Selection varies by day**

apples, mango, oranges, peaches, bananas, pineapple, dried or canned fruit, 100% real fruit juice

2oz protein serving with each lunch entree

You may select one 8oz. carton of milk with each breakfast And each lunch meal

**Milk Selection**  
1% white

Fat-Free Chocolate

*\*Selections are bundled meals featuring grains and meats and also include 1 cup vegetable, 1 cup fruit and 8 oz. milk selection*

A la Carte Items available daily. Items must be paid for with cash at the time of purchase and do not qualify for a subsidized meal

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on basis of race, color, national origin, sex, age, or disability.