



# J.S. Morton H.S. Alternative Menu

## March 2026 Breakfast & Lunch

MONDAY MARCH 2, 9, 16, 23, 30 <i>NO SCHOOL</i> 2 <sup>ND</sup> & 30 <sup>TH</sup>	TUESDAY MARCH 3, 10, 17, 24, 31	WEDNESDAY MARCH 4, 11, 18, 25	THURSDAY MARCH 5, 12, 19, 26	FRIDAY MARCH 6, 13, 20, 27
<b>Spring Break is 3/30 – 4/6</b>				

**Breakfast includes servings of grain/protein, fruit, and milk.**

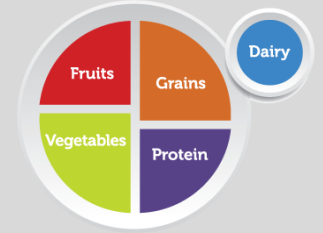
<p><i>Hot Breakfast</i> <b>French Toast Sticks</b></p> <p><i>Grab 'n Go</i> <b>Kellogg's Cereal Bowl Pack</b></p> <p><b>*Fruit Selection</b> Banana Smoothie Milk Carton</p>	<p><i>Hot Breakfast</i> <b>Sausage, Egg, &amp; Bagel Sandwich</b></p> <p><i>Grab 'n Go</i> <b>Kellogg's Strawberry Pop Tart</b></p> <p><b>*Fruit Selection</b> Mango Strawberry Smoothie Milk Carton</p>	<p><i>Hot Breakfast</i> <b>Breakfast Burrito</b></p> <p><i>Grab 'n Go</i> <b>Breakfast Muffin &amp; String Cheese</b></p> <p><b>*Fruit Selection</b> Orange Vanilla Smoothie Milk Carton</p>	<p><i>Hot Breakfast</i> <b>Bacon, Egg, &amp; Cheese Sandwich</b></p> <p><i>Grab 'n Go</i> <b>General Mills Cereal Bar</b></p> <p><b>*Fruit Selection</b> Mango Smoothie Milk Carton</p>	<p><i>Hot Breakfast</i> <b>Chilaquiles</b></p> <p><i>Grab 'n Go</i> <b>General Mills Strawberry Yogurt Chex Mix</b></p> <p><b>*Fruit Selection</b> Berry Smoothie Milk Carton</p>
<p><i>Hot Lunch</i> <b>Oven Fried Chicken Meal</b> or <b>Pepperoni &amp; Sausage Pizza Slice</b></p> <p><i>Meatless Entrees</i> <b>Available Daily-</b> PBJ Sandwich, Entrée Salad, Bosco Sticks</p>	<p><i>Hot Lunch</i> <b>Loaded Tots</b> or <b>Veggie Pizza Slice</b></p> <p><i>Meatless Entrees</i> <b>Available Daily-</b> Veggie Burger, Entrée Salad, Bosco Sticks</p>	<p><i>Hot Lunch</i> <b>Pesto Chicken Penne &amp; Garlic Bread</b> or <b>Sausage &amp; Jalapeno Pizza Slice</b></p> <p><i>Meatless Entrees</i> <b>Available Daily-</b> PBJ Sandwich, Entrée Salad, Bosco Sticks</p>	<p><i>Hot Lunch</i> <b>Walking Taco or Nachos w/ Chicken &amp; Cheese</b> or <b>Pepperoni Pizza Slice</b></p> <p><i>Meatless Entrees</i> <b>Available Daily-</b> Veggie Burger, Entrée Salad, Bosco Sticks</p>	<p><i>Hot Lunch</i> <b>Grilled Cheese &amp; Tomato Soup</b> or <b>Cheese Pizza Slice</b></p> <p><i>Meatless Entrees</i> <b>Available Daily-</b> PBJ Sandwich, Entrée Salad, Bosco Sticks</p>

**Lunch Sides: Choose a vegetable side and a fruit side.**

<p>Coleslaw Jicama Fresh Fruit: Apples Mango w/ Tajin &amp; Lime</p>	<p>Elote Salad Cucumbers w/ Lime Fresh Fruit: Tangerine Banana</p>	<p>Coleslaw Carrots w/ Ranch Pasta Salad Fresh Fruit: Pineapple Fruit Juice</p>	<p>Elote Salad Cucumbers w/ Lime Fresh Fruit: Tangerine Banana</p>	<p>Coleslaw Jicama Fresh Fruit: Apples Mango w/ Tajin &amp; Lime</p>
--	--	---	--	--

*Offer vs. Served:*  
Each meal must include at least a 1/2 cup serving of fruit or vegetable.  
*Please Note:*  
Menu substitutions may occur due to supply chain disruptions.

### CHOOSE MY PLATE GUIDE



Meals follow the USDA guidelines for the National School Lunch Program

**\*Fruit Selection varies by day**

apples, mango, oranges, peaches, bananas, pineapple, dried or canned fruit, 100% real fruit juice

2oz protein serving with each lunch entree

You may select one 8oz. carton of milk with each breakfast  
And each lunch meal

**Milk Selection**  
1% white

Fat-Free Chocolate

*\*Selections are bundled meals featuring grains and meats and also include 1 cup vegetable, 1 cup fruit and 8 oz. milk selection*

A la Carte Items available daily. Items must be paid for with cash at the time of purchase and do not qualify for a subsidized meal

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on basis of race, color, national origin, sex, age, or disability.