

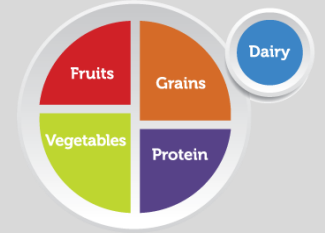


J.S. Morton High School Menu

March 2026 Breakfast & Lunch

MONDAY MARCH 2, 9, 16, 23, 30 <i>NO SCHOOL</i> 2 ND & 30 TH	TUESDAY MARCH 3, 10, 17, 24, 31	WEDNESDAY MARCH 4, 11, 18, 25	THURSDAY MARCH 5, 12, 19, 26	FRIDAY MARCH 6, 13, 20, 27
Spring Break is 3/30 – 4/6				

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Meals follow the USDA guidelines for the National School Lunch Program

***Fruit Selection varies by day**

apples, mango, oranges, peaches, bananas, pineapple, dried or canned fruit, 100% real fruit juice

2oz protein serving with each lunch entree

You may select one 8oz. carton of milk with each breakfast And each lunch meal

Milk Selection
1% white

Fat-Free Chocolate

**Selections are bundled meals featuring grains and meats and also include 1 cup vegetable, 1 cup fruit and 8 oz. milk selection*

A la Carte Items available daily. Items must be paid for with cash at the time of purchase and do not qualify for a subsidized meal

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on basis of race, color, national origin, sex, age, or disability.

Breakfast includes servings of grain/protein, fruit, and milk.

<i>Hot Breakfast</i> French Toast Sticks	<i>Hot Breakfast</i> Sausage, Egg, & Bagel Sandwich	<i>Hot Breakfast</i> Breakfast Burrito	<i>Hot Breakfast</i> Bacon, Egg, & Cheese Sandwich	<i>Hot Breakfast</i> Chilaquiles
<i>Grab 'n Go</i> Kellogg's Cereal Bowl Pack	<i>Grab 'n Go</i> Kellogg's Strawberry Pop Tart	<i>Grab 'n Go</i> Breakfast Muffin & String Cheese	<i>Grab 'n Go</i> General Mills Cereal Bar	<i>Grab 'n Go</i> General Mills Strawberry Yogurt Chex Mix
*Fruit Selection Banana Smoothie Milk Carton	*Fruit Selection Mango Strawberry Smoothie Milk Carton	*Fruit Selection Orange Vanilla Smoothie Milk Carton	*Fruit Selection Mango Smoothie Milk Carton	*Fruit Selection Berry Smoothie Milk Carton
FIESTA Oven Fried Chicken Meal GRILL Spicy Pork Banh Mi Sandwich & Fries DELI Chicken Caesar Wrap PIZZA Sausage & Pepperoni Pizza Slice	FIESTA Loaded Tots GRILL Chicken Quesadilla w/ Rice & Beans DELI Turkey Sub Sandwich PIZZA Veggie Pizza Slice	FIESTA Pesto Chicken Penne & Garlic Bread GRILL Spicy Chicken Sandwich w/ Pickles, Lettuce DELI B.L.T.A. Wrap PIZZA Sausage & Jalapeno Pizza Slice	FIESTA Walking Taco or Nachos w/ Chicken & Cheese GRILL Cheeseburger w/ Waffle Fries DELI Ham Sub Sandwich PIZZA Pepperoni Pizza Slice	FIESTA Grilled Cheese & Tomato Soup GRILL Tempura Battered Fish & Chips DELI Tuna Wrap or Sandwich PIZZA Cheese Pizza Slice

Meatless Entrées Available Daily: Veggie Burger, PB&J Sandwich, or Entrée Salad

Lunch Sides: Choose a vegetable side and a fruit side

Coleslaw Jicama Fresh Fruit: Apples Mango w/ Tajin & Lime	Elote Salad Cucumbers w/ Lime Fresh Fruit: Tangerine Banana	Coleslaw Carrots w/ Ranch Pasta Salad Fresh Fruit: Pineapple Fruit Juice	Elote Salad Cucumbers w/ Lime Fresh Fruit: Tangerine Banana	Coleslaw Jicama Fresh Fruit: Apples Mango w/ Tajin & Lime
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Offer vs. Served:
Each meal must include at least a 1/2 cup serving of fruit or vegetable.
Please Note:
Menu substitutions may occur due to supply chain disruptions.