
Kyrene Traditional Academy



February 27, 2026

Message from the Principal

Hello to our KTA Families and Friends!

I hope that this finds you all well and enjoying the early Spring weather!

We have some great news to share with our entire KTA Community! **Mrs. Michelle Ang, KTA Resource Teacher is a finalist for a very prestigious award with the Tempe Diablos organization.** Each year, the Tempe Diablos, a fantastic service and scholarship organization, holds an incredible event honoring staff at all three Tempe Districts - Kyrene Elementary, Tempe Elementary and Tempe Union HS District. There are several categories for these awards and Mrs. Ang is one of TWO FINALISTS across our entire district for the **HIGH IMPACT AWARD!** The event is in early May and we will find out at the event who will win. WE KNOW that Mrs. Ang has already won in our eyes because she is an amazing teacher and colleague for all of us! **CONGRATS MRS. ANG!!**

Thursday night, our amazing Director of Bands, Ms. Lauren Scott, led a fantastic concert with all of KTA's bands, which include students in grades 4 through 8. The bands sounded amazing and the growth from group to group was incredible to see and hear. Two of the bands will be performing at state wide competitions in the next few weeks and we wish them great things! They all have worked

very hard!

TONIGHT we are holding one of the favorite events of the year! Tonight is the Annual KTA World Fair! In the MPR from 4:00 to 6:00 pm. This is the wonderful event celebrating our diversity of cultures, languages and experiences. Our families will be presenting their cultures, food, history, maps, clothing and experiences. We have several cultural performances that will dazzle you! You don't want to miss this incredible event! It's all FREE!

This week we also received a check for more than \$500 as a donation from Canes Chicken, for YOUR participation in a recent PTO Restaurant Night! This is such great money for our amazing PTO, as they do so much for our school. Thank you Canes and thank you Mrs. Sam Smith for your dedication to Kyrene.

Next Friday March 6, students across all grades will engage in a SCHOOL WIDE CAREER DAY activity - thanks to the brilliant organization of our Site Council and Mrs. Sweeney. The students will have a wonderful morning listening to presenters and learning about college and career options. **On Tuesday March 3, our 8th graders will be presenting their research and tri fold displays to our elementary students, focusing on their CAREER CHOICES and sharing what they have learned. It is very exciting to have both of these events to help students think about college, careers, trade school and what they will do after high school.**

Just one more week until SPRING BREAK! It's hard to believe! Time is moving so quickly. **Next Friday is March 6 and the last day of Quarter 3.** We have two full weeks off from March 9-20 and then one additional day on March 23, which is a teacher work day. **STUDENTS RETURN on TUESDAY March 24.**

Thank you all for your amazing support and collaboration.

With kind regards, Marianne Lescher Principal



World Fair

FRIDAY, FEBRUARY 27

4 P.M. - 6 P.M.



Save The Date

The first 60 people will get a free goodie bag. We will have trivia games with cool prizes, like an international snack box. And some around the world games to play with the family.



American Heart Association®

KIDS
HEART
CHALLENGE™

AMERICAN
HEART
CHALLENGE™

Kids Heart Challenge: February 17 - March 6

Thank you to those who have participated!!!! It's not too late to join in.

Numbers to date:

Funds raised: \$1,586.03 (53% of our school wide goal)

Finns Challenge: 11 students

Registered Students: 35

Dear Families,

Don't wait, sign up TODAY! Kids Heart Challenge starts soon, and I'm proud of our school for supporting the American Heart Association to help save lives! Our school can also earn funding and PE equipment along the way!

Sign Up at <http://www2.heart.org/goto/kyrenetraditional> or download the [AHA Schools app](#)

- Make a personal gift to kickstart your efforts

- Send 5 texts or emails asking for support
- [CLICK HERE](#) TO WATCH A VIDEO FROM RIDGE! Hear how you can learn lifesaving skills and help kids with special hearts through Kids Heart Challenge.

Class prizes, school wide prizes plus personal prizes!!!!

Thank you for being a Heart Hero!



**LOST AND FOUND
ONLY 5 DAYS TILL ALL ITEMS WILL BE
DONATED!**

Look at all these amazing jackets and coats!!!!
They don't have names written in them. They
are on display in the school Health Office.
Please stop by and take a look.

All lost and found will be donated on March 6.

**8TH
GRADE
ADS**

code: 26599
KTATigers



Must be
submitted by
3/23/2026

**HONOR YOUR 8TH GRADER IN
OUR YEARBOOK!
ADS COST \$15.00**

A promotional graphic for 8th grade yearbook ads. It features a red background with white and blue text. The text includes "8TH GRADE ADS", a QR code, "code: 26599 KTATigers", "Must be submitted by 3/23/2026", and "HONOR YOUR 8TH GRADER IN OUR YEARBOOK! ADS COST \$15.00". There are decorative blue asterisks and a checkered border at the bottom.

Yearbook Ads - 8th Grade

\$15

Deadline: March 23, 2026

USE the QR Code or [CLICK HERE!](#)

Order an ad to congratulate your student's
accomplishments and express your love!!!!



Middle School Theatre Production
Singing In The Rain Jr.

Friday, April 24 @ 6:30 p.m.
Saturday, April 25 @ 2:30 p.m.

INTRAMURAL
KICKBALL
KYRENE COMMUNITY EDUCATION



KICKBALL AT KTA
K - 2 Only
\$100
Coach: Mr. C (2nd Grade Teacher)

To Register: [CLICK HERE](#)
OR you can use the QR code on the flyer.

Kyrene Kickball encourages a healthy and active lifestyle for students while having fun with their friends!

Practice begins the week of March 30th

The class culminates with a final tournament on May 9th at Pueblo Middle School

Registration Fee: K-2 \$85 & 3-5 \$100

Spots are limited



Scan to Register, or call 480-541-1500

<https://kyrene.arux.app/course/3023/kyrene-athletics-25-26/kyrene-elementary-intramural-kickball>

Enrollment Opened February 3!!!!

Current KTA students who are continuing on at KTA **do not need** to do anything. You will automatically be enrolled at KTA for next year.

Enrollment will be available for new students, change school requests, preschool programs, and before- and after-school programming at www.kyrene.org/enroll.

Current and prospective families are invited to learn more about Kyrene schools and take virtual tours of each of our campuses by visiting www.kyrene.org/kyrenekids.



Monday, March 2

\$1

Dress As Your Favorite Book Character

All proceeds go to the library!!!



NO SCHOOL

March 9 - 13

March 16 - 20

March 23

Have a great break!!!! See you on
Tuesday, March 24!!!!



Field Day

Grades K - 5

Friday, March 27

What you should know:

- Spirit Day: Athletic Clothes
 - Bring a change of clothes, you will get wet.
 - No swimsuits, but bring a towel.
 - Wear Sunscreen
-



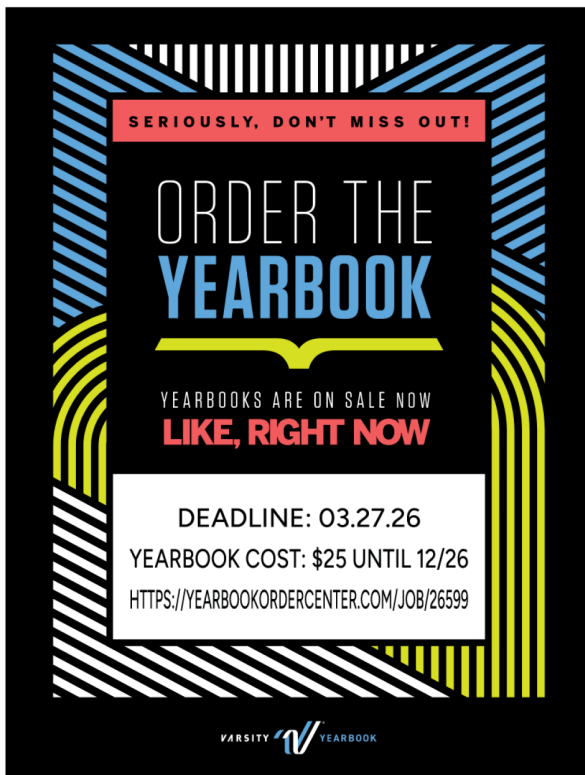
Do you love our school???

Share information with friends and families that we are now registering for 2026/2027 school year.

Interested families can tour the school and meet the principal. Set tour dates are:

Thursday, March 5 @ 1 p.m.

Tuesday, March 24 @ p.m.



YEARBOOKS NOW AVAILABLE FOR PREORDER!!!!

<https://yearbookordercenter.com/job/26599>

\$28

Orders are being processed directly through the yearbook company this year. Please use the above link or QR code.

Orders accepted through March 27? No preorders will be accepted after this date. A small qty of extra yearbooks will be ordered and will be sold on a first come/first served basis.

Yearbooks don't come in until the last weeks of school, but don't miss out....Order your yearbook in advance!!



PTO Meeting
Monday, March 2

PTO Meeting

5:30 p.m.
MPR

Enter through the Garden Gates.



Online Registration for Quarter 4 Athletics

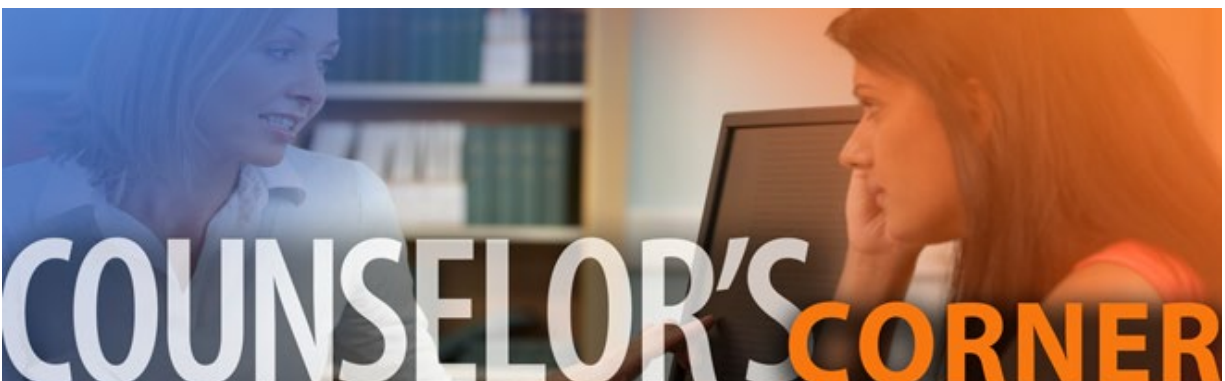
Quarter 4 Deadlines:

- Cut sport registration closes: March 6, 2026.
- Non-cut sport registration closes: April 3, 2026

Sports Offered:

- Boys Baseball (Cut)
- Girls Basketball (Cut)
- Girls & Boys Track & Field (Non-cut)

To register for a sport, please visit: [InTouch-Kyrene School District](#)



Feeling stressed out these days? You're not alone. While tension and worry can be a natural part of life, unfortunately, we live in a society that normalizes feeling highly stressed out all the time. And living with these high levels of chronic stress can lead to a host of physical and mental health problems, including burnout.

Name That Stress

The key to reducing our stress is to notice when your stress levels tip from the [healthy good kind of stress](#), called 'eustress' to the negative, unhealthy kind of stress, called 'distress.'

Eustress is motivating. Think of a big project you're excited about—you [feel energized](#) and focused, you're confident in your skills and capabilities, and you're excited to work on it.

That's eustress at work—it keeps you engaged, makes you highly productive, and ensures you deliver on your commitments.

Eustress can feel good because it's usually also short-term. You get super-focused, and your performance and [productivity](#) improve. When the project is over, you feel the euphoria of success and move on. The stress disappears because you don't need it anymore.

On the flipside is distress—that feeling when a project or situation seems beyond your capabilities to handle. You may feel anxious and worried, your performance and productivity take a hit, as does your energy and motivation. Distress can be short-term or long-term.

Spot Your Stress Signs

Even good, positive, energizing eustress can turn to distress when there's too much of it. This is stress overload. When operating at stress overload levels, it can look like your brain racing and not being able to stop thinking about everything that needs to get done, it may take longer to fall asleep, and you may wake up too early. Often this includes a sore neck or muscles, and you may feel like you are running through every day but getting nowhere. At the end of the day, you may feel drained and dreading the next. It is important to recognize what stress overload looks like for you. How does stress overload impact your body? Your relationships? Your sleep? Your productivity?

When you're in stress overload, instead of trying to power through, make some positive changes. It's not normal to be overwhelmed all the time, and your response should not be to just keep going until something gives. Pay attention to the signals your body may be sending that you're under stress, then take action the moment you notice it reaching—or passing—the tipping point.

So, what are your indications that you've tipped from eustress to distress? Most of us know our individual signs of a rising stress level: impatience, irritability, [sleep difficulties](#), headaches, or a deep desire to lock yourself in a room with a good book and a box of chocolate (okay, that one may be unique to me).

Make a list and start watching for your stress signs. Chances are you're living with many symptoms of stress overload right now.

Take Control

Here are five strategies to start to get your stress overload under control:

Take breaks every 90 minutes. Research has found that people who [take breaks every 90 minutes](#) are more productive and more relaxed.

1. **Set boundaries with work.** Don't check work email after hours, don't work on weekends, and take your vacation time. When you recharge, you're far more relaxed—and productive.
2. **Do one thing every day that fills your tank.** Play catch with your kids, work on a hobby or passion project, or phone a friend. It can take less than 10 minutes, but it will have a huge impact on reducing your stress and increasing your resilience.
3. **Focus on what makes you grateful.** In my family, we share three good things that happened during the day over dinner. Research shows that doing so [increases happiness and well-being](#).
4. **Get more sleep.** Seriously. Researchers found that [sleeping too little](#)—defined as fewer than six hours each night—was one of the best predictors of on-the-job burnout.
5. Taking time to care for yourself helps you be more productive and more engaged. Identify three actions you could take today to reduce your distress and avoid burning out.

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Jen Woolf, MAS-MFT, LAMFT
Certified School Counselor/
Peer Mediation Coordinator
Kyrene Traditional Academy
P: (480) 541- 5549 | E: jwoolf@kyrene.org

[View Full Calendar](#)

Upcoming Events

FEBRUARY:

February 27: World Fair 4 p.m. - 6 p.m.

MARCH:

- March 2: PTO Meeting @ 5:30 p.m.
- March 2: Spirit Day: Dress As Your Favorite Book Character
- March 6: Career Day
- March 9 - 13: NO SCHOOL - Spring Break
- March 16-20: NO SCHOOL - Spring Break
- March 23: NO SCHOOL - Teacher Work Day
- March 26: \$1 Middle School Free Dress Day
- March 27: PTO Family Game Night
- March 27: K - 5 Field Days
- March 27: Spirit Day: Athletic/Sports Day

For a complete calendar for the Kyrene School District [click here](#).



Speak Up Kyrene!

Kyrene School District is proud to announce that later this month, we will officially launch Speak



Up Kyrene, an anonymous reporting system available 24/7/365.

This tool is a partnership with Sandy Hook Promise and Navigate360, and will provide licensed crisis counselors and a safe way for students, families, and community members to share concerns such as bullying or threats. Be on the lookout for an email from the District with more information once the system goes live.



**Kyrene School District offers ESS parent trainings.
All trainings will be held at the District Office from 6:00 - 7:30 p.m.**

April 1, 2026: Early Childhood Literacy

And

April 22, 2026 ESS Family Resource Fair
Kyrene del Pueblo Middle School.
More Information to come!

[CLICK HERE FOR A MORE DETAILED FLYER!](#)



Kyrene Community Education is offering Sports Campus during Spring Break for grades K - 8. For more information and to register please click below.

[REGISTER HERE!!!!](#)

250th
DECLARATION OF
INDEPENDENCE

**ART AND POETRY
COMPETITIONS
FOR KIDS!**

In celebration of the 250th anniversary of the signing
of the Declaration of Independence

**OPEN TO ALL STUDENTS GRADES K-8
IN PHOENIX**

SCAN THE QR CODE BELOW TO ENTER

ART AND POETRY CONTEST GRADES K-5	ART CONTEST GRADES 6-8	POETRY CONTEST GRADES 6-8
1 st Place: \$200	1 st Place: \$500	1 st Place: \$500
2 nd Place: \$100	2 nd Place: \$350	2 nd Place: \$350
3 rd Place: \$40	3 rd Place: \$180	3 rd Place: \$180

**LET YOUR CREATIVITY
SHINE! FREE TO ENTER.**

[CLICK HERE FOR MORE
INFORMATION!!!](#)

CLEAN STORMWATER FOR AZ WILDLIFE

2026 STORMWATER QUALITY PROGRAM POSTER CONTEST

DISCOVER, DESIGN, BECOME AN ENVIRONMENTAL AMBASSADOR,
AND WIN PRIZES FROM OUR AMAZING SPONSORS!

HELLO MARICOPA COUNTY TEACHERS

Stormwater runoff is one of the leading causes of water pollution in the United States. The Stormwater Quality Program of Maricopa County has been proud to partner with children, schools, public, and private groups to foster Stormwater Pollution Prevention through our annual poster contest since 2010.

CONTEST RULES

- **WHO CAN ENTER?**
3rd-4th & 5th-6th grade students in Maricopa County.
- **WHEN TO ENTER?**
Entries are accepted throughout the school year but must be postmarked by March 9, 2026.
- **HOW TO ENTER?**
Send submissions to:
Maricopa County Environmental Services
Stormwater Quality Program "Poster Contest"
2222 S. 27th Ave - Phoenix, AZ 85009

SCAN QR CODE FOR
MORE INFORMATION
or visit [Maricopa.gov/Enviro](https://www.maricopa.gov/Enviro)



REQUIREMENTS

- Poster size should be no larger than 8 1/2" x 11" (please use the back of this flyer).
- Artwork must be original (do not include brand names); any art medium is acceptable.
- Poster must use the theme and include a brief message and picture that supports this theme. The image should be large enough to be easily seen and understood.
- Entries must have a 4" x 6" index card or label firmly attached to the back of the poster with the following information: Student's Full Name, Grade, Teacher's Name and Email, School Name, Address, and Phone Number (if using this form, fill out the contact information below).
- By submitting artwork, the artist grants Maricopa County permission to reproduce and display their artwork for use in the County's Stormwater Program. Entries will not be returned.
- Prizes vary each year based on community partnerships.

Maricopa County Poster Contest . Share the following with teachers:

Maricopa County Stormwater Quality Poster Contest has begun! Entries are now being accepted from all 3rd-6th graders in Maricopa County through March 9, 2026, with the theme "Clean Stormwater for AZ Wildlife!"

Official contest rules & video can also be found at www.esd.maricopa.gov/6065/Poster-Contest
To request a free stormwater Pollution Prevention Poster Packet (includes templates, rules, and self-addressed/stamped envelope), please schedule to have packets delivered to your school at www.maricopa.gov/FormCenter/Environmental-Services-16/Teacher-Request-Form-351

For more information about our free programs like our STORM & GO Stormwater Activity Packets, please visit: www.maricopa.gov/2347/Education-Outreach



ATTEND THE KYRENE RESOURCE FAIR

Join us for an enriching experience tailored to families navigating the journey of raising children with disabilities. Kyrene School District's Exceptional Student Services team invites you to our Resource Fair, an opportunity for families to discover local resources and create connections in the community.

- Gain insights, strategies, and valuable information from experts in a variety of fields involved with raising children with special needs.
- Engage in one-on-one conversations with resource providers to address your family's unique needs and concerns.
- Gather informational flyers, brochures and contacts to support your family.

Wednesday, April 22  From 4:30-6:00 p.m.

Kyrene del Pueblo Middle School
360 S. Twelve Oaks Boulevard, Chandler, AZ 85226

WHO WILL BE THERE?

- | | | |
|---|---------------------------------|----------------------------------|
| AHCCCS | Higher Octave Healing | The Miracle League |
| ASU SPELL Program | Hope Group | The Suzy Foundation |
| AzTAP | Kyrene Resource Center | YMCA |
| B Noelle Foundation | Mariposa Therapy | Out and About |
| Care for Caregivers | Mountain Park Health Center | Absolute HCBS |
| Chicanos Por La Causa | Phoenix Adaptive Rec | Kyrene Related Service Providers |
| Disability Rights Arizona | Phoenix Public Library/Ironwood | DES Child and Community Services |
| Duet (Grandparents Raising Grandchildren) | Ryan House | DDD |
| Encircle Families | Southwest Network | Inspire Services |
| Gompers | Tempe Adaptive Recreation | AND MANY MORE! |



Kyrene Resource Fair
Wednesday, April 22
4:30 p.m. - 6:00 p.m.
Kyrene del Pueblo Middle School
360 S. Twelve Oaks Boulevard, Chandler AZ 85226

[CLICK HERE](#) to download the flyer!!!

Contact Us

Kyrene Traditional Academy
3375 W. Galveston St.
Chandler, AZ 85226

Phone: 480-541-5400
Fax: 480-541-5410
Attendance: 480-541-5401

School Hours: 7:25 am – 2:15 pm
Wednesday 7:25 am - 12:15 pm

Office Hours: 7:00 am – 3:30 pm
Wednesday 7:00 am - 1:30 pm

A+ School of Excellence™



Kyrene School District would like to continue connecting with you via email. If you prefer to be removed from our list, please contact Kyrene School District directly. To stop receiving all email messages distributed through our SchoolMessenger service, follow this link and confirm: [Unsubscribe](#)

SchoolMessenger is a notification service used by the nation's leading school systems to connect with parents, students and staff through voice, SMS text, email, and social media.