




**4th - 12th Grade
Blazer Bulletin**

What's coming up this week at Smith?

Monday 3/2	Tuesday 3/3	Wednesday 3/4	Thursday 3/5	Friday 3/6	Saturday 3/7
	JV/V Softball- Home - 4:30pm JV/V Baseball - Away 4:30pm	Early Dismissal @ 1:10pm EKG Clinicals	Varsity Tennis - HOME - 3:30pm JH Baseball - Away- 4pm FCCLA Competition	Varsity Baseball - Away - 5pm JV/ V Softball - Home - 5pm FCCLA Competition	CTE WALKING WITH A PURPOSE 10am

Menu for the Week

3/2-3/6

Breakfast

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choc. "My Leige" Waffle Cereal Oatmeal Apple juice Chocolate Milk White Milk Apple	Sausage Sops Seasoned Potatoes Oatmeal Apple juice Chocolate Milk White Milk Apple	Princess Pancake Bites Cereal Oatmeal Apple juice Chocolate Milk White Milk Apple	Sausage Biscuit Cereal Oatmeal Apple juice Chocolate Milk White Milk Apple	Green Eggs & Ham Toast Oatmeal Apple juice Chocolate Milk White Milk Apple
Salisbury Steak Mashed Potatoes Corn Garlic Bread Chocolate Milk White Milk Apple	Pepperoni Pizza Celery Carrots Chocolate Milk White Milk Apple	Chicken Nuggets Broccoli Chocolate Milk White Milk Apple	Hotdog Sweet Pot. Fries Chocolate Milk White Milk Apple	Pep. Grilled Cheese Chocolate Milk White Milk Apple



the quest for
school breakfast

NATIONAL SCHOOL BREAKFAST WEEK
MARCH 2-6, 2026

FEBRUARY 2026

Respect

Showing others they
are important by what you
say and do

re:co
TECHNOLOGY

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NEWSLETTER

re:co
re:connect



parenting with RESPECT

FEBRUARY
2026

February is the shortest month of the school year, but in a lot of ways it feels the longest. Days are short and the weather is cold (or worse, depending on where you live!). It might feel like the perfect time to snuggle in and wait for spring. But this month is a great time to focus on respect, and on three aspects in particular:

Identity formation: Teenagers are figuring out who they are and what they believe, so parents taking the time to talk about respect helps shape their personal values and moral compass.

Healthy relationships: Understanding respect helps teens build strong, respectful relationships with family, friends, teachers, and significant others. It teaches them boundaries, empathy, and communication, all of which are needed in school and beyond.

Harmful behavior: Discussions about respect can deter bullying, harassment, discrimination, and peer pressure. Teens are less likely to engage in or tolerate harmful behavior if they understand the importance of respecting others and themselves, and this understanding comes mostly from your influence at home.

You may recall The Big 3 from August. Respect is one of the words that has an impact on all three - your students cannot fully treat others right, make smart decisions, or maximize their potential without respect.

Questions to consider:

- Respect has a lot of definitions, depending on who you ask. What does respect mean to you?
- How do you show others they are important?
- How do you practice self-respect?

Questions to ask your student:

- Who do you know that regularly shows respect?
- What do they do to show others they are important?

NOTES FROM THE NURSE

MARCH 2026 - BLAZING INTO SPRING

NATIONAL NUTRITION MONTH

- Build a balanced plate with fruits, veggies, protein, and whole grains
- Choose water or milk over sugary drinks
- Eat healthy snacks to boost energy
- Healthy food fuels learning and growth!

TESTING SEASON STRESS TIPS

- Get plenty of sleep - rested brains focus better
- Eat a healthy breakfast on test days
- Take slow, deep breaths to calm nerves
- Break studying into short sessions

March is a season of fresh starts!

As schedules get busier, encourage healthy routines like good sleep, nutritious snacks, and daily movement. These simple habits help our Trailblazers stay focused, energized, and confident as we head into spring learning.

NURSE'S CORNER

SPRING WELLNESS

Spring allergies may start to appear this month. If your child has allergy or asthma concerns, please be sure health plans and medications are up to date. Simple steps like washing hands and faces after outdoor play can help reduce symptoms and keep students feeling their best.

IMPORTANT DATES

3/8: Daylight Savings Time Starts!
3/23-3/27: SPRING BREAK

Kristen Beard BSN, RN - UCS Lead Nurse
e: kbeard@universitycharterschool.org



Scoliosis



Awareness

Scoliosis screenings are offered, as a requirement of ALSDE, to all students in 5th through 9th grades. Consent forms are being sent home with students and these screenings will begin during the last week of February. Students will only be screened if a consent form is returned to the nurse. For questions, please contact Nurse Kristen at kbeard@universitycharterschool.org

**MARCH 7TH
10AM**

MCCONNELL FIELD

[HTTPS://BIT.LY/WALKINGFORPURPOSE](https://bit.ly/WalkingforPurpose)

WALKING
with a **PURPOSE**

EARLY REGISTRATION
\$10 INDIVIDUAL / \$20 FAMILY
This offer ends March 2!

REGISTRATION
\$15 INDIVIDUAL / \$30 FAMILY

Please register through this link:

<https://bit.ly/WalkingforPurpose>

WALKING
with a **PURPOSE**

**03.07.
2026**

**JEAN DAY
PASS**

**OFFERED TO ANY UCS
STUDENT REGISTERED**



SIGMA GAMMA RHO SORORITY, INC.
NU ALPHA SIGMA CHAPTER | LIVINGSTON, ALABAMA



SATURDAY, MARCH 14, 2026

George P. Austin Jr. High School

718 Martin Luther King Drive, Linden, AL 36748

Grades 7-12

Students must go and register at the link below:

[NAS Youth Symposium Registration](https://forms.gle/Lsjo92ZdVfjk8Pex8)

Lunch will be served, and prizes will be up for grabs!

For more information, contact chapter basileus, Adrian Widemon at basileus.nas@gmail.com or Youth Symposium Chair Whitney Hampton Finch at yschair.nas@gmail.com.

WWW.SGRHO1922.ORG |    
WWW.NUALPHASIGMASGRHO.COM |  



Student registration is required and can be completed using the link provided on the flyer or below:

<https://forms.gle/Lsjo92ZdVfjk8Pex8>

Should you have any questions or need additional information, please feel free to contact:

Adrian Widemon

Chapter President

nualphasigmasgrho@gmail.com

Whitney Finch

Youth Symposium Chairperson

yschair.nas@gmail.com

*As it's beginning to get cooler, don't forget about these items available from the House Store!
House sweatshirts are approved UCS gear!*



T-Shirts

40 points or \$20

Sweatshirts

50 points or \$30

Blankets

50 points or \$30

These items will be made-to-order. Once order is placed and payment received the order will be placed with the vendor. Quick turn-around time is anticipated!

All items available for all house!

*Contact Mrs. Meadows to order at
cmeadows@universitycharterschool.org*

THE YEARBOOK

IS MADE FOR EVERYONE

ORDER TODAY



Jostens[®]



<https://jostensyearbooks.com/?REF=A06098996>

Summer Camp Student Info

UCS is excited to partner with the YMCA of Tuscaloosa to provide extended camp opportunities for the **WHOLE Summer**.

YMCA Camp @ UWA will replace our previously hosted Summer STREAM Camps. Join us on March 16th at Lyon Hall to learn more about camp, meet the YMCA team and register!



Parent info session and registration opens March 16 @ 5:30 Lyon Hall

THE
Find Your
Best Friend
PLACE

Day camp is more than just summer fun—it's where kids build lasting friendships, celebrate achievements, and discover a place they can truly belong. Guided by trusted staff, campers can look forward to:

- 10 weeks, 7:00am–6:00pm
- Sports, and outdoor play
- Creative art and STEM projects
- And so much more!



PARENT CONNECT Spring 2026 Dates

Date	Topic(s)	Relevant Audience	Location	Time
1/5/26	On-Site Uniform Sale	PreK-12	Smith Cafeteria	12:20-4:20 PM
1/22/26	Black Belt Regional Child Advocacy Center	All Parents	Lyon Auditorium	5:30 PM
2/3/26	CTE Month Highlight / Open House	7-9	Smith CTE classrooms	3:30 PM - 5:30 PM
March 16	Summer Camp Updates & Registration	K-12	Lyon Hall Auditorium	5:30 PM
4/28/26	Secondary Programs Night	6-12	Smith Gym	TBA
5/16/26	Graduation	All	Smith Gym	TBA
5/18/26	Smith Awards Day	4-12	Smith Gym	TBA
5/19/26	Lyon Awards Day	1-3	Lyon Auditorium	TBA

This graphic will be updated with exact times and dates as the events get closer. Additional events may be added. Please continue to check the weekly bulletins and emails from UCS with more details for each event.



It's back!

Navy knit skorts are back in all sizes!

Just in time for Spring! Order today online or in-person!



Navy Knit Skort

Click link to shop:

[https://www.halesuniforms.com/
products/navy-knit-skort](https://www.halesuniforms.com/products/navy-knit-skort)



HANGING BASKET FUNDRAISER

February 23rd - March 11

Baskets feature a mix of petunia, calibrachoa, verbena, and bacopa from Edwards Nursery in Selma, AL.

Delivered to UCS on April 2nd

Contact
Katie Ryon Williams at
kwilliams@universitycharterschool.org



\$20



Proceeds benefit the UCS DECA

Please Find a DECA / Marketing Student to purchase or email Mrs. Williams at kwilliams@universitycharterschool.org to purchase!

YOU ARE INVITED TO

Enchanted Starlight

UNIVERSITY CHARTER SCHOOL
JUNIOR & SENIOR PROM

SATURDAY | 3.14.2026 | 6-9 PM
UWA BELL CONFERENCE CENTER
SENIOR LEAD OUT AT 6:30 PM

Prom tickets are on sale starting February 16. See Mrs. Wright or Mrs. Allen to purchase tickets. The cost is:

\$15 per ticket from February 16-27

\$25 per ticket from March 2-6

\$30 per ticket from March 9-10

Amazing Shake

APRIL 22ND -23RD
UCS SMITH GYM



WHERE STUDENTS GET TO
SHOWCASE THEIR
CONFIDENCE, PROFESSIONAL
MANNERS, AND
COMMUNICATION SKILLS.

**VOLUNTEERS NEEDED: PLEASE EMAIL MRS. WRIGHT
JWRIGHT@UNIVERSITYCHARTERSCHOOL.ORG**

UCS

Booster Club Ball Drop

Ticket Information



\$100

Dinner

Admission for 2 for dinner by
BIG MIKE'S
and **OPEN BAR!!!**

Prizes

Each ticket is a chance to win
\$5000!!
Silent auction during the event!

Entertainment

Live music provided by the
Dillon Fisher Band

*For more information contact

ucsboosters@universitycharterschool.org

2026 Booster Club Ball Drop tickets are now on sale!! See a UCS Athlete, Booster Club Member, or simply follow this link to purchase!! The top-selling male and female athletes win a cash prize, so be sure to give them credit by providing their name when purchasing. The ball drop will take place on Friday, 4/10/26!! With dinner provided by Big Mike's Steakhouse and live music by the Dillon Fisher Band!! This is sure to be a fun-filled night!! All proceeds support UCS Athletics!!

<https://www.msbtickets.com/universitycharterschool6-12/event/8fqt3bor>

SCAN HERE TO JOIN PTA TODAY!

\$10 PER FAMILY



WE WANT YOU!



If you are already a PTA member and would like to support by volunteering for events, fundraisers and initiatives, please email:

ucspta@universitycharterschool.org

LIFEWISE ACADEMY



WANT TO SEE A BIBLE EDUCATION PROGRAM STARTED FOR LOCAL STUDENTS?

LifeWise Academy offers Bible education for public school students during school hours. Almost no one knows this is possible. LifeWise provides a program that any community can implement to reach students with the gospel. LifeWise classes are held off school property, privately funded and parent-permitted.

Yes, I would like to see a
LifeWise Academy
started in my school
district!



Voice your support by scanning
the QR code and signing your
school district's list.



Join Your Local Steering Committee.
Learn more and **Apply now!**





Visit the OnMed CareStation for:

- Chest Exam: Colds, Coughs, Asthma
- Breathing, Sinus, Eye Checks
- Stomach Pain, Diarrhea, Nausea, Vomiting
- Headache, Fever, Flu, and COVID Help
- Skin Check: Rashes and Skin Problems
- Cuts, Scrapes, Wounds
- Blood Pressure Checks and more!
- ✓ Step in and press 'START' to begin
- ✓ **Safe, private** exam with a live clinician
- ✓ Leave with a **treatment plan, e-prescriptions, and next steps**

Patients aged 2+
Mental Health Screenings and Referrals
E-prescriptions available
Language Translation Available



OnMed CareStation
Gainesville Municipal Complex
9380 State Street
Gainesville, AL 35464

The OnMed CareStation at the Gainesville Municipal Complex is your one-stop shop for comprehensive, everyday care. No insurance? No problem! You will not be turned away from receiving healthcare at the OnMed unit. Everyone is welcome, and the unit is ready to provide healthcare at no cost.

Current hours of operation are Monday – Friday 8:00 AM – 1:00 PM & 4:00PM – 6:00PM
Saturday – Sunday 1:00PM – 6:00PM (hours are subject to change)

For assistance, please call (334) 844-5029.

For further information contact the Sumter County Extension Office Coordinator Trenisha Mack at 205-652-9501 or 205-373-9281.

OnMed® is a registered mark of OnMed LLC. All medical advice and diagnoses provided through the OnMed CareStation are given by licensed clinicians in accordance with law and based on the information shared by the patient during the consultation. Patients are responsible for ensuring any recommended follow-up care is completed. In case of an emergency, please call 911 immediately. © 2024 OnMed, LLC.



City of Livingston

Strategic Plan 2025-2030



We want to hear from you!

The City of Livingston would like your input for its strategic plan. To participate, scan the QR code or attend a town hall session to share your ideas about our City's future.

How to get involved:

Attend town hall session at the
 Black Belt Development Center
 on Franklin Street

June 11 @ 12 p.m. or June 17 @ 5:30 p.m.

Complete the survey:



https://westal.co1.qualtrics.com/jfe/form/SV_1C8eSmgU5zBXQdU

For more information contact Kristi Watts at kbwatts19@gmail.com



Help **Child Find** Locate Children with Disabilities

What Is **Child Find**?

Child Find is a statewide effort by the Alabama State Department of Education and the Department of Rehabilitation Services to locate, identify, and evaluate children with disabilities from birth to age 21.

How Does **Child Find** Work?

Early Intervention and Special Education Services work closely with community service agencies, parents, and local school systems to locate children with disabilities. A toll-free number is provided for parents or other persons interested in information about referring a child from birth to age 21.

Why Is **Child Find** Important?

It helps the child, the family, and the provider to plan appropriate services and link families to services for students meeting eligibility requirements in the following disability areas:

- ☐ Hearing Impairment
- ☐ Deaf-Blindness
- ☐ Intellectual Disability
- ☐ Multiple Disabilities
- ☐ Orthopedic Impairment
- ☐ Other Health Impairment
- ☐ Emotional Disability
- ☐ Speech and Language Impairment
- ☐ Visual Impairment
- ☐ Specific Learning Disabilities
- ☐ Autism
- ☐ Traumatic Brain Injury
- ☐ Developmental Delay

For more information about **Child Find**, contact your local school system, local coordinating council, or call

(205) 652-3848

Ages 3-21

1-800-543-3098
Birth through 2



Alabama State Department of Education
Eric G. Mackey, Ed. D.
State Superintendent of Education