TigerTimes

Sherrard Jr/Sr High Newsletter

March 2026

Alex Johnson, High School Principal
Brady Stromquist, Jr. High Principal

March 1
Musical - 3p

March 4
Booster Meeting - 6p
Choir Concert - 7p

March 6
Post Prom Bingo - 6p

March 12
Early Dimissal - 1p
P/T Conferences

March 13
No School
P/T Conferences

March 16 - 20
No School - Spring Break

March 23
NHS Induction Ceremony -
School Board Meeting - 6p

March 29
JH/HS Band Concert - 2p

Athletics / Activities

Get up to date athletic and activities schedules on the Sherrard SNAP! website: https://schools.snap.app/SherrardHS

Principal's Note

Hello from the Principal's Office!

Spring Conferences

We are nearing the end of the third quarter, and I encourage all parents/guardians to attend our Spring Parent/Teacher Conferences. These are scheduled for:

- Thursday, March 12th from 2:30 p.m. to 6:30 p.m.
- Friday, March 13th from 7:10 a.m. to 10:10 a.m.

If those times don't work, you can always schedule a conference with a teacher, administrator, or counselor by calling us at 309-593-2175. Remember, you can view your student's current grades through Infinite Campus; please call if you need help accessing the system.

Important State Testing Information

State-mandated testing will take place in April:

- Wednesday, April 15th: Freshmen will take the **PreACT 9 Secure**, and Sophomores will take the **PreACT Secure**.
- Wednesday, April 22nd: Juniors will take the state-required **ACT exam**.

Note on Accommodations: For students with approved testing accommodations, the testing window may extend beyond the initial date. We will contact these students directly to confirm their modified testing schedule.

Attendance during Testing: To ensure the best environment for our Juniors, the freshmen, sophomores, and seniors will **NOT** have school attendance on Wednesday, April 22nd. More details on this will follow.

Sherrard Jr/Sr High School
4701 176th Avenue
Sherrard, IL 61281
High School 309.593.2175
Jr. High 309.593.2135

Sherrard Jr/Sr High Newsletter

March 2026

Stay informed!

Daily high school announcements will be posted on the Sherrard High School website. Please visit the website daily for information about all things happening at the high school. The link below will take you directly to the announcements: https://www.youtube.com/results?search_query=sherrard+morning+announcements+TV

You may also want to connect to our District social media accounts.

Facebook: https://www.facebook.com/sherrardschooldistrict - Facebook ID is "Sherrard School District"

Instagram: https://www.instagram.com/sherrardschooldistrict/ - Handle is SherrardSchoolDistrict

Twitter: https://twitter.com/home - Handle is @SherrardSchools

Action Items for Parents/Guardians

- **Complete the 5 Essentials Survey**: Please take a moment to provide your valuable feedback. We use the results from parents, staff, and students to help us improve as a school. The parent link is: http://survey.5-essentials.org/illinois/survey/parent/. The deadline for the survey is **March 10th**.
- **FAFSA for Seniors**: A reminder from the Counseling Office — parents/guardians of seniors who have not yet completed the Free Application for Federal Student Aid (FAFSA) should visit **www.FAFSA.gov** to apply for post-secondary financial aid.

Key Dates to Remember:

- **March 12:** Parent-Teacher Conference 2:10 PM - 6:30 PM
- **March 13:** Parent-Teacher Conference 7:10 AM - 10:10 AM
- **March 16 - March 20:** Spring Break

Thank you for your partnership with Sherrard High School in meeting the needs of your student(s). Please feel free to contact me with any questions, concerns, or comments at **593-2175** or johnsona@sherrard.us.

Have a great month!

Alex Johnson
Sherrard High School Principal

JH Principal's Notes

We have made it nearly three-fourths of the way through the school year. Our last day prior to spring break will be Thursday, March 12, 2026, which will be a 1:00 pm dismissal. When students return on Monday, March 23, 2026, we will begin our fourth quarter. As a reminder, grades are still in progress and will continue through the end of the 2nd semester, with the exception of quarterly electives. JH report cards are issued at the end of the semester.

We will have one more round of parent teacher conferences. Conferences will be held on Thursday, March 12, 2026 from 2:10 pm to 6:30 pm. Conferences will also be held on Friday, March 13, 2026 from 7:10 am to 10:10 am. Conferences will be done either by an appointment or on a walk in basis. Please contact your teachers to schedule conferences.

Student of the Month

HIGH SCHOOL
English: Jenna Day
Math: Walt Miller
Science: LillyAnna Dorman
Social Studies: Alexis Essary
Vocational: Miley Baker
Fine Arts: Chloe Corley
PE/Health: Kayleigh Tornquist
Business: John Williams
Special Forces: Adalynn Elsbury

JUNIOR HIGH
English: Alex Ward
Science: Zoey Shafer
PE/Health: Kayden Smith
Math: Jeffrey Walsh
Fine Arts: Elizabeth Schutter
Social Studies: Kayla Connealy
Service: Nathaniel Ward
Skills Development: Keaton Jasper
Striving for Excellence: Mackenzie Hankins

All junior high students will be taking the IAR (Illinois Assessment of Readiness) the week of April 7, 2026. Eighth grade students will be taking ISA (Illinois Science Assessment) the week of April 20, 2026. More information will be sent out as we get closer.

Congratulations to the following students

- IESA Wrestling Regional was on Saturday February 28 at Mercer County High School.
- The seventh grade volleyball team began their IESA postseason run on Saturday, February 28, playing United at Rockridge starting at 12:30 pm.
- The eighth grade volleyball team will begin their IESA postseason run on Saturday, March 7 at Knoxville High School.
- Alaina Volkert, Delaney Whelchel, Henry Ahrens, and Ava Cornell participated in the ILMEA All State Choir.
- The Sherrard Middle FFA team placed 4th overall in the State of Illinois at the Illinois Horse Evaluation Contest. Individually, Jocelyn Erickson finished 4th overall in the state, Miley Moore placed 9th overall, and Paige Hollins and Caleb Thompson both finished in the Top 25 in the state

Our number one goal is for your student to get the best education possible. Together we can make this attainable. Do not hesitate to reach out if you have any questions. I look forward to working with you.

Sincerely,
Brady Stromquist
JH Principal

Mr. SHS Talent Show

Unfortunately, the Mr. SHS Talent Show for this year has been cancelled.

Post Prom Bingo

The Post Prom Committee is excited to announce that Post Prom Bingo will be held on Friday, March 6th at the high school. Doors open at 5:30 with BINGO at 6pm. This is our main fundraiser for Post Prom and we need your help and support! Please plan to attend. There will be cash prizes for the winners in each round of BINGO, raffle items, and concessions. We are taking table reservations through March 3rd for $60 which will include BINGO cards and seating together for 6. If you'd like to book a spot early, contact Jen Diehl at diehlj@sherrard.us. Checks can be made payable to **Royal Neighbors Chapter 20115**.

The committee is looking for BINGO night donations, including raffle items and cash donations to sponsor the BINGO prizes. If you would like to donate or be a "cash prize sponsor" for a round of BINGO, please contact Jen Diehl, diehlj@sherrard.us.

*BINGO night monetary donations can be made payable to **Royal Neighbors Chapter 20115**.

Social/Emotional Information

March Focus:
Mental Spring Cleaning

We often use March to clean out lockers and cars, but it's also the best time for a "mental reset." In the world of Social Emotional Learning, we call this Self-Management—the ability to identify what is draining your energy and making a conscious choice to clear it out.

How Students Can "Declutter":

- The Social Media Audit: Unfollow or mute accounts that make you feel "less than." Your feed should inspire you, not drain you.
- Letting Go of "The Perfect Grade": Shift the focus from a perfect score to a "learning win." If you understood a concept today that you didn't yesterday, that's progress.
- The Power of the Pivot: If a certain study habit or routine isn't working, March is the perfect time to drop it and try something new.

How Parents Can Help:

Instead of asking, "How are your grades looking?" this month, try asking, "What's one thing that's been stressing you out lately that we can help you let go of?" Sometimes, giving a student permission to drop an unnecessary pressure is the best way to help them finish the year strong.

(blackwells@sherrard.us)
(drishju@sherrard.us)

From the HS Counseling/Academic Center:

ACADEMIC INFORMATION:

Senior Parents:

FAFSA:
Reminder that the FAFSA is required by the State of Illinois this year. If you don't plan on completing the FAFSA, you can opt out by submitting a non-participation form. Non-participation forms can be obtained in the Counseling Office. If your student plans on attending college or a trade school, FAFSA is the form you need to complete in order to access federal grants, loans, and work-study funds.
FAFSA Website: https://studentaid.gov/h/apply-for-aid/fafsa
Don't forget you will need an FSA ID to complete the FAFSA. Here is the website to create your FSA ID: https://studentaid.gov/fsa-id/create-account/launch
If you have any questions, contact Mrs. Drish (drishju@sherrard.us)

Scholarships:
Available scholarships are posted on the High School website on the Academic Counseling page. Students also have access in the Senior Google Classroom.

Transcripts:
Final transcripts will be available for all Seniors towards the end of June. We will be asking students where they need their final transcripts sent at the end of May.

Senioritis is kicking in! Be sure to encourage and support your senior and remind them it's not over yet!

Operation Tiger

Operation Tiger (formerly Tiger Closet) is hosting a special two-part event to help students get ready for prom, because everyone deserves to feel confident walking into a big night.

We're inviting our community to both donate gently used prom attire and shop the collection for free.
Our hope is to reach as many families as possible and make prom accessible to everyone.

Event 1: Prom Attire Donations
Have a dress, tux, or accessories your family no longer needs? Consider passing them along to another student!

Drop-off location: Clothing racks outside the guidance office
Dates & times:

- Thursday, March 12 | 7:30 a.m. – 6 p.m.
- Friday, March 13 | 7:30 a.m. – 10:30 a.m.
  (During spring conferences)

Event 2: Prom Shopping Event

Students and families are invited to browse and select from our collection of gently used prom attire. There is no cost to shop. Donations are welcome to help support Operation Tiger and future student needs.

Date: Saturday, March 14
Time: 9 – 11 a.m.

DENTAL CLINIC & DENTAL EXAMS

The State of Illinois requires dental exams for all **9th grade students**. Students currently in **9th grade** are required to have a completed dental exam dated after **November 15, 2024** or a waiver on file by **May 15, 2026**. Forms and Waivers are available on the district website https://www.sherrard.us/departments/health-services/health-forms

Mercer County Health Department will provide a dental clinic for students at the Jr./Sr. High School on Friday, **April 17, 2026**, during the school day. Only students with completed parental permission forms will be seen. Call the school nurse at 593-2175 for permission forms or questions. Forms are available at all schools and also on the District Web Site https://www.sherrard.us/departments/health-services/2025-2026-toothmobile-visits Students in all grades 7-12 may participate in the clinic. Dental clinics for students in pre-k-6th grade are also listed on this web page.

Note: This exam will also meet the requirement for current 8th graders for the dental exam requirement in May 2027 as well.

Dental insurance and the medical card are accepted. Parents/guardians are responsible for any fees not covered by insurance or the medical card.

Students without insurance or a medical card, may also use this service for an exam, cleaning, fluoride or sealants. The cost for the various services are listed below.

Exam $29
Cleaning $43.05
Fluoride $27.30
Sealants $37.80 x each tooth, (could do up to 4 teeth)

An exam is all that is required to meet the Illinois dental exam requirement.

Checks can be made out to Mercer County Health Department. Cash is also accepted. Forms and Payment need to be turned into the school by 3/11/26.

Medication Administration for the 2026-2027 School Year

If your child will need to take any medication at school—whether prescription or over-the-counter—a doctor's order with signed parent/guardian permission must be submitted at the start of the 2026-2027 school year. Medications cannot be administered at school without the completed form.

Medication forms are available on the District website at www.sherrard.us. Navigate to **Departments > Health Services > Health Forms** to find the appropriate form for your child's needs, including:

- Medication order form (daily and as needed medications)
- Inhalers
- Allergy management
- Bee Stings
- Seizure
- Diabetic Management Plan

Students are permitted to carry and self-administer inhalers if the required documentation is on file.

Printed forms are also available at all schools throughout the district. Please be sure to select and complete the correct form for your child's medication needs.

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NINTH GRADE HEALTH REQUIREMENTS for SCHOOL YEAR 26-27

- All ninth grade students are required to have an updated school physical.
- State law requires Illinois Department of Public Health form to be used.
- Physical forms are available at the school and on the school district web site www.sherrard.us, go to **Departments** and select H**ealth Services, Health Forms** and **Student Physical Form**.
- Physicals must be completed and signed by a physician licensed to practice medicine, a physician's assistant, or an advanced
- practice nurse. **Chiropractors MAY NOT perform school or sports physicals**.
- Parents or guardians are required by state law to complete and sign the **health history** portion on the back of the physical form.
- **Sports physicals will not fulfill this requirement**. The ninth-grade physical may be used for a sport physical for 395 days from the date of the exam. Students who receive freshman physicals March 1, 2026 will need another sports physical by April 1 of 2027, if they desire to participate in spring sports. Please keep this in mind when scheduling your child's physical.
- A copy of your child's immunization record may be required by the health care provider.
- **STUDENTS NOT IN COMPLIANCE WITH PHYSICAL AND IMMUNIZATIONS WILL BE EXCLUDED FROM SCHOOL PER SCHOOL CODE AND DISTRICT POLICY. Please provide completed physicals by the first day of school. Students not in compliance by 10/15/26 will be excluded from school until the physical requirement is met**.

Dental Requirement

All 9th grade students must have a current dental exam dated after 11/15/25 or waiver completed by May 15, 2027. Forms are available on the district web site, select **Departments**, **Health Services**, and **Health Forms**.

Summer Athletic Development Camp

High School

- 7:00-8:15am → Boys Sports
  - Every Tuesday, Wednesday and Thursday beginning Tuesday May 26
    - Varsity Baseball will lift as a team until the season is complete. Details will be given to players as brackets are released. These athletes should not be at morning lifting.
- 8:00-9:15am → Girls Sports
  - Every Tuesday, Wednesday and Thursday beginning Tuesday May 26

Futures (Middle School) Camp

- 9:00-10:00am
  - Incoming 7th and 8th Grade → Tuesday & Thursday's
    - Every Tuesday and Thursday beginning Tuesday June 2
  - Incoming 5th and 6th Grade → Wednesday's
    - Every Wednesday beginning Wednesday June 3

» Mandatory IHSA Dead Week → June 29-July 3 – No Athletic Development Sessions

» Week of July 13 → Normal Schedule Tuesday - Wednesday and Thursday team lifts with Open Gyms - NO 5-7th Grade Sessions

*Also see calendar on following page.

SHERRARD SUMMER ATHLETIC DEVELOPMENT

2026

Month	Monday	Tuesday	Wednesday	Thursday	Friday
MAY	25 Memorial Day Weight Room CLOSED Baseball Regional Week Gym 1 Closed	26 Day One! 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports Gym 1 Closed	27 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports	28 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports	29 Weight Room CLOSED
JUNE	1 Weight Room CLOSED	2 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports 9:00-10:00am - Grades 7-8	3 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports 9:00-10:00am - Grades 5-6	4 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports 9:00-10:00am - Grades 7-8	5 Weight Room CLOSED
	8 Weight Room CLOSED	9 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports 9:00-10:00am - Grades 7-8	10 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports 9:00-10:00am - Grades 5-6	11 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports 9:00-10:00am - Grades 7-8	12 Weight Room CLOSED
	15 Weight Room CLOSED	16 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports 9:00-10:00am - Grades 7-8	17 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports 9:00-10:00am - Grades 5-6	18 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports 9:00-10:00am - Grades 7-8	19 Weight Room CLOSED
	22 Weight Room CLOSED	23 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports 9:00-10:00am - Grades 7-8	24 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports 9:00-10:00am - Grades 5-6	25 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports 9:00-10:00am - Grades 7-8	26 Weight Room CLOSED
	29 IHSA Dead Week Weight Room CLOSED	30 IHSA Dead Week Weight Room CLOSED	1 IHSA Dead Week Weight Room CLOSED	2 IHSA Dead Week Weight Room CLOSED	3 IHSA Dead Week Weight Room CLOSED
JULY	6 Weight Room CLOSED	7 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports 9:00-10:00am - Grades 7-8	8 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports 9:00-10:00am - Grades 5-6	9 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports 9:00-10:00am - Grades 7-8	10 Weight Room CLOSED
	13 Weight Room CLOSED	14 Adams Vacation 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports 9:00-10:00am - Grades 7-8	15 Adams Vacation Sessions w/ Open Gyms No Grades 5-6 Session	16 Adams Vacation Sessions w/ Open Gyms No Grades 7-8 Session	17 Weight Room CLOSED
	20 Weight Room CLOSED	21 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports 9:00-10:00am - Grades 7-8	22 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports 9:00-10:00am - Grades 5-6	23 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports 9:00-10:00am - Grades 7-8	24 Weight Room CLOSED
	27 Weight Room CLOSED	28 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports 9:00-10:00am - Grades 7-8	29 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports 9:00-10:00am - Grades 5-6	30 Last Day! 7:00-8:15am - Boys Sports 8:00-9:15am - Girls Sports 9:00-10:00am - Grades 7-8	31 Weight Room CLOSED

MARCH 2026

Sherrard School District K-6
Breakfast Menu

Menu Subject to Change
This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cereal Bar ½ Cup Fruit ½ Cup 100% Juice Milk Choice	3 Cinnamon Super Stix ½ Cup Fruit ½ Cup 100% Juice Milk Choice	4 Muffin ½ Cup Fruit ½ Cup 100% Juice Milk Choice	5 Mini Cinnis ½ Cup Fruit ½ Cup 100% Juice Milk Choice	6 **National Cereal Day** Cereal Bowl Snack Cookie ½ Cup Fruit ½ Cup 100% Juice Milk Choice
9 Glazed Breakfast Bun ½ Cup Fruit ½ Cup 100% Juice Milk Choice	10 Mini Strawberry Bagel ½ Cup Fruit ½ Cup 100% Juice Milk Choice B	11 Mini Waffles/Syrup ½ Cup Fruit ½ Cup 100% Juice Milk Choice	12 Mini Breakfast Loaf ½ Cup Fruit ½ Cup 100% Juice Milk Choice	13 No School
16 No School	17 No School	18 No School	19 No School	20 No School
23 Chocolate Filled Crescent ½ Cup Fruit ½ Cup 100% Juice Milk Choice	24 Whole Grain Poptart ½ Cup Fruit ½ Cup 100% Juice Milk Choice	25 Choc. Chip Mini Waffle Syrup ½ Cup Fruit ½ Cup 100% Juice Milk Choice	26 Sausage Pancake Bites ½ Cup Fruit ½ Cup 100% Juice Milk Choice	27 Mini Breakfast Loaf ½ Cup Fruit ½ Cup 100% Juice Milk Choice
30 Strawberry Pancake Puffs Syrup ½ Cup Fruit ½ Cup 100% Juice Milk Choice	31 Cinnamon Crunch Bar ½ Cup Fruit ½ Cup 100% Juice Milk Choice	**Applications for free/reduced meals are available at each attendance center or on the district website.**		**SPECIAL ANNOUNCEMENT** Parent Teacher Conferences March 12th & 13th

MARCH 2026

Sherrard Jr-Sr High School Lunch Menu

Menu Subject to Change
This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Popcorn Chicken Broccoli – Corn Peaches Scooby Grahams Milk Choice	3 Baked Pasta Bread Stick Carrots – Cheese Stick Applesauce Milk Choice	4 Chicken Tender Tater Tots Baked Beans Mixed Fruit – Sun Chips Milk Choice	5 Mini Corn Dogs Crinkle Fries Celery Apple Slices Milk Choice	6 Cheese Dippers Marinara Sauce Green Beans – Carrots Pears Milk Choice
9 Chicken Nuggets Mashed Potatoes/Gravy Broccoli Pears Milk Choice	10 Carnitas/Corn Shells Lettuce – Cheese Salsa Fiesta Beans - Pineapple Milk Choice	11 Chicken Waffle Sandwich Tater Tots Carrots Applesauce Milk Choice	12 Crispitos/Salsa Refried Beans Celery/Peanut Butter Peaches Milk Choice	13 No School
16 No School	17 No School	18 No School	19 No School /	20 No School
23 Cheeseburger/Bun Baked Beans Broccoli Peaches Milk Choice	24 Walking Taco/Chips/Salsa (Meat-Lettuce-Cheese) Refried Beans - Tomatoes Pears Milk Choice	25 Tenderloin/Bun Tater Tots Carrots Applesauce Milk Choice	26 Chicken Fries Corn – Celery/Peanut Butter Pineapple Cookie Milk Choice	27 Cheese Stuffed Crust Pizza Green Beans Broccoli Mixed Fruit Milk Choice
30 Toasted Cheese Sandwich Tomato Basil Soup Celery/PB – Applesauce Goldfish Crackers Milk Choice	31 Chicken Wrap Lettuce-Tomato-Cheese Tater Tots Pears Milk Choice	**Applications for free/reduced meals are available at each attendance center or on the district website.**		**SPECIAL ANNOUNCEMENT** Parent Teacher Conferences March 12th & 13th