

March 2020

HIGH SCHOOL LUNCH

Lunch Meal Prices

Reduced: 40 cents

Full Pay: \$4.00

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Breakfast is served daily. Menu varies by school.

Full Pay: \$2.75, Reduced: 30 cents

Means Fresh Produce Used*



Every Tuesday & Thursday

Offered Daily: Rainbow Veggie Tray, Assorted Fresh and Canned Fruit, Unflavored and Flavored Milk

2

Cheese Quesadilla
Chicken Quesadilla
Seasoned Black Beans
Salsa, Sour Cream

3

Domino's Pizza
Baby Carrots*
Apple Slices*

Early Dismissal

4

Crispy Chicken
Sandwich
Lays Potato Chips
Cucumber & Tomato
Salad*

5

Pasta with Meat Sauce
Oven Roasted
Zucchini*
Garlic Breadstick

6

Stuff Crust Pizza
Caesar Salad*

9

Wild Mike Bites
Marinara Sauce
Roasted Ranch Broccoli

10

Mac and Cheese
WG Breadstick
Cinnamon Carrots*

11

Chicken and Waffles
Sweet Potato Fries
Steamed Green Beans*
Maple Syrup

12

Steak and Cheese or
BBQ Rib Sandwich
Oven Baked Fries
Steamed Corn

13

6" Personal Cheese
Pizza
Garden Salad with
Ranch Dressing*

16

Breadstick Dunkers
Meat Sauce
Italian Green Beans

17

Irish Nachos
Soft Pretzel
Cinnamon Carrots*
Sour Cream

18

Sausage, Egg and
Cheese Croissant
Tater Tots
Baked Cinnamon
Apples

19

Beef & Mushroom
Meatballs with Brown
Gravy served over Egg
Noodles
Steamed Broccoli*
Garlic Breadstick

20

Regular or Garlic
French Bread Pizza
Caesar Salad*

23

Snackin Waffles
Pork Sausage Links
Tater Tots
Maple Syrup

24

Chicken Nachos
Corn and Black Bean
Salsa
Cheddar Cheese, Salsa,
Sour Cream

25

Chicken Smackers
Mashed Potatoes
Seasoned Corn
WG Dinner Roll

26

Thai Chili Meatball
Bowl served over
Brown Rice
Steamed Broccoli

27

Cheese Pizza
Buffalo Chicken Pizza
Garden Salad with
Ranch Dressing*

30

French Toast Sticks
Chicken Sausage
Patties
Hash Brown
Maple Syrup

31

Ciabatta Grilled Cheese
Tomato Soup

Menu is subject to change.

Please inform food service staff of any allergies before ordering.

This institution is an equal opportunity provider.

To contact Food Services - Call 860-628-3286 x21221 or
nmaxellon@southingtonschools.org
Nicole Maxellon, Food Service Director

Alternate Lunches: Made to Order Deli Bar, Assorted Salads,
Peanut Butter & Jelly Sandwiches, Graze Boxes, Parfaits,
Grab and Go Grill Room

