

# March 2020

## MIDDLE SCHOOL LUNCH

Local produce  
used from



**Lunch Meal Prices**  
Reduced: 40 cents  
Full Pay: \$3.75

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**Breakfast is served daily. Menu varies by school.**  
**Full Pay: \$2.50, Reduced: 30 cents**

**Means Fresh Produce Used\***



Every Monday & Wednesday

**Offered Daily:** Rainbow Veggie Tray, Assorted Fresh and Canned Fruit, Unflavored and Flavored Milk

2

Cheese Quesadilla  
Chicken Quesadilla  
Seasoned Black Beans  
Salsa

3

French Toast Sticks  
Chicken Sausage  
Patties  
Hash Brown  
Maple Syrup

**Early Dismissal**

4

Pasta with Meat Sauce  
Oven Roasted  
Zucchini\*  
Garlic Breadstick

5

Crispy Chicken  
Sandwich  
Lays Potato Chips  
Cucumber and Tomato  
Cups with Ranch  
Dressing\*

6

Stuff Crust Pizza  
Caesar Salad\*

9

Wild Mike Bites  
Marinara Sauce  
Roasted Ranch Broccoli

10

Chicken and Waffles  
Sweet Potato Fries  
Steamed Green Beans\*  
Maple Syrup

11

Mac and Cheese  
WG Dinner Roll  
Cinnamon Carrots\*

12

Hamburger  
Cheeseburger  
Oven Baked Fries  
Steamed Corn

13

6" Personal Cheese  
Pizza  
Garden Salad with  
Ranch Dressing\*

16

Breadstick Dunkers  
Meat Sauce  
Italian Green Beans

17

Shamrock Nuggets  
Mashed Potatoes  
Local Rainbow Carrots\*  
Shamrock Pretzel

**Shamrock Cookie**

18

Egg and Cheese  
Croissant  
Tater Tots  
Baked Cinnamon  
Apples

19

Chicken Nachos  
Corn and Black Bean  
Salsa  
Cheddar Cheese, Salsa,  
Sour Cream

20

Regular or Garlic  
French Bread Pizza  
Caesar Salad\*

23

Mozzarella Sticks  
Oven Baked Fries  
Warm Marinara Sauce

24

Snackin Waffles  
Pork Sausage Links  
Tater Tots  
Maple Syrup

25

Fenway Frank  
Citi Field Fries  
Boston Baked Beans  
Yankee Apple Juice

26

Chicken Smackers  
Mashed Potatoes  
Seasoned Corn  
WG Dinner Roll

27

Cheese Pizza  
Buffalo Chicken Pizza  
Garden Salad with  
Ranch Dressing\*

30

Ciabatta Grilled Cheese  
Tomato Soup

31

WG Pancakes  
Chicken Sausage  
Patties  
Hash Brown  
Maple Syrup

**Menu is subject to change.**  
**Please inform food service staff of any allergies before ordering.**

This institution is an equal opportunity provider.

To contact Food Services - Call 860-628-3286 x21221 or  
nmaxellon@southingtonschools.org  
Nicole Maxellon, Food Service Director

**Alternate Lunches:** Freshly Made Assorted Sandwiches,  
Assorted Salads, Sunbutter & Jelly Sandwiches

