

# Positive Alternatives

Fun, challenging, and structured activities for youth and/or adults designed to provide constructive and healthy ways to enjoy free time and learn new skills.



## For Students:

### Elementary:

- Garden projects
- Puzzle Club
- Lunch Bunch
- Book Club
- Minute-to-Win-it
- Story time
- What's in the Box?
- Yoga
- Drumba
- Board games

### Secondary:

- Lunch Bunch
- Yoga
- Dungeons & Dragons
- Escape Room
- Cold Case Solving
- Meditation
- Minute-to-Win-it
- Painting Class
- Vision Boards
- Bullet Journaling

## For Staff:

- Team building activities
- Team Trivia
- BINGO
- Yoga
- Painting Class



## For Families:

- Family Game Night
- Magic Night
- Family Trivia Night
- Family Escape Room
- Self Defense Class
- Family YOGA
- Uno Tournament
- Community Bike Ride
- Painting Class
- Cooking Class
- Family Field Day
- Pickleball

Have an idea for a Positive Alternative that is not listed? Let us know!  
If you are interested in scheduling a Positive Alternative opportunity for your campus, contact

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