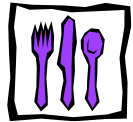




Walled Lake Central High School

LUNCH MENU



Central High Kitchen: 248-956-4735

Breakfast is available daily in the cafeteria includes juice or fruit, milk and a choice of one of the following:
Cheese, Yogurt, Breakfast Pastries,
Bagels, Assorted Cereals

Menu is subject to change without notification.

Monday : Crispy chicken salad

Tuesday : Pasta salad

Wednesday : Caesar salad

Thursday : Antipasto salad

Friday : Greek & crispy chicken salad

Everyday : parfait & chicken wraps

February

2/2 Pasta day/ Tubby's /chicken tenders/ pizza / baked beans

2/3 Marco's/ regular or spicy chicken sandwich
Italian or turkey sub/ corn

2/4 Soup day/ pepperoni bread/ bosco sticks
chicken fingers/ fresh carrots

2/5 Marco's/ bacon burger or cheeseburger/ chicken finger pita
Roast beef & cheddar sub/ side salad

2/6 Grilled cheese& tomato soup/ chicken chunks/ calzone
Green beans

2/9 Pasta day/ Tubby's/ chicken tenders/ pizza/ garbanzo beans

2/10 Marco's/ regular or spicy chicken sandwich
Italian or turkey sub/ fresh carrots

2/11 Soup day/ pepperoni bread/ bosco sticks
chicken fingers/ coleslaw

2/12 Marco's/ bacon burger or cheeseburger/ chicken finger pita
Roast beef & cheddar sub/ potato salad

2/13 General Tso/ chicken chunks/ calazone/ roasted broccoli

No school 2/16-2/20

Mid winter break

2/23 Pasta day/ Tubby's/ house pizza/ chicken tenders/ baked beans

2/24 Marc's/ regular or spicy chicken sandwich
Turkey or Italian subs/ side salad

2/25 Soup day/ pepperoni bread/ bosco sticks/ chicken fingers
Cherry tomato

2/26 Marco's/ bacon burger or cheeseburger/ chicken finger pita
Roast beef & cheddar sub/ coleslaw

2/27 chicken/ meatball bowl / calzone/ mini corndogs/ mashed potatoes



Available Daily **COMBO LUNCH :**

LUNCH INCLUDES:

Entrée Vegetable
Fruit Bread/Grain Milk

A variety of fresh fruits and vegetables and whole grain breads are offered daily. A choice of low-fat, skim and flavored milk is served daily.

All students will be required to take 1/2 cup of fruit or vegetable with their lunch. Also, portion sizes are required to be smaller & healthier.

In addition, "Specials of the Day" and daily choices include salads, reduced fat and calorie entrees and snacks, pizza, chicken and home-made deli sandwiches.

Some entrees are priced slightly higher than the standard meal.

ALA Carte Sales available for Milk, Beverages and Snack items at a cost

Marco's Pizza

Tuesday's & Thursdays

We do not accept foreign currency. All cash will be deposited onto the students accounts. No Change back

Please note that all checks returned to us due to insufficient funds are subject to a \$25.00 fee.

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