

## **RSF Athletics Code of Conduct and Sportsmanship Agreement**

I, \_\_\_\_\_, agree to comply with these rules to remain on the team and represent my school well.

### **1. Teamwork and Respect**

- Be a Team Player: I will put the team first and follow the rules set by my coaches and the Athletic Director.
- Show Respect: I will be kind and professional to teammates, coaches, and officials. I will not use bad language (profanity) at any time.
- Sportsmanship: I will play fairly and be respectful to opponents, regardless of the outcome.

### **2. Attendance Rules**

- Practice Matters: I will attend every practice and training session, prepared to work hard. Please take your after-school schedule into account when signing up for an RSF Athletic team. Please contact the Athletic Director via Schoology (or have your parent contact via email) if you will be missing practice or a game.
  - 5 Absences: Your grade drops by one letter (e.g., A to B).
  - 8 Absences: You are removed from the team and moved to General PE.
- Practice/Game Day Participation: I understand that I must be at school for at least half the day to be allowed to play in a game or participate in practice that afternoon.

### **3. Grades and Expected Behavior**

- Academic Standing: I will maintain a GPA of at least 2.5 with no D's or F's, and at least an "S" in Citizenship.
- Expected Behavior: I will act responsibly on and off the field. My actions reflect on my school's reputation.
- Probation: If my grades or behavior drop below these standards, I can only attend practice—not games—until they improve.

#### 4. School Equipment and Tech

- Cell Phones: Phones are not allowed during practices or games unless a coach gives me specific permission.
- Uniforms: I will return my uniform in good condition at the end of the season. If I don't, I must pay a \$50 replacement fee.

#### 5. Switching Sports & P.E. class options

- Switching: I cannot switch to a different sport (including ISPE or General PE) after the first two weeks of the season. (inclusive of tryouts)

#### 6. Accountability

- I understand that if I fail to comply with this code of conduct, I may be subject to athletic probation, which would permit me to participate in practices but not in games. In severe or repetitive cases, I may be suspended from the team and enrolled in General P.E.

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**Signature:** I have read this and promise to follow these rules while I am a student-athlete at R. Roger Rowe.

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

#### Parent Acknowledgement

I acknowledge that I have read and understand the terms of this agreement, and I commit to supporting my student-athlete in complying with them.

Student-Athlete's First and Last Name \_\_\_\_\_

Parent/Guardian/s signature \_\_\_\_\_

Date \_\_\_\_\_