

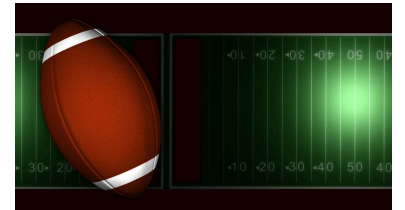
Random Acts of Kindness

Page 4



SUPER BOWL LX

Page 3



Black History Month

By Isabella Evans

Black History Month is an annual holiday celebrated in the United States. It's celebrated in February, but in the United Kingdom, Ireland, and Canada it's celebrated in October. During Black History month we honor the triumphs and struggles of African Americans. The first black history month celebration was in February of 1926. This date was chosen because it coincided with the birthdays of Fredrick Douglass and Abraham Lincoln. The holiday didn't become a month long until 1976. Black history month serves as both a celebration and a call to action. It's a time to reflect on the past, to celebrate the present, and look forward to what good can happen in the future.

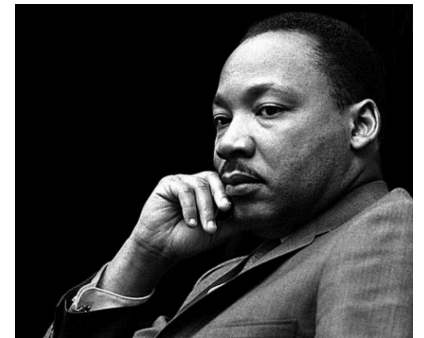


Also Inside:

- Black History Page 2
- Meet Ms. Ryan Page 3
- Valentine's Day Page 4

Black History Month is a time to honor Black Americans who have made important contributions to history and continue to inspire change today.

Martin Luther King Jr. helped lead the Civil Rights Movement and encouraged equality through peaceful protest.



Rosa Parks showed courage by refusing to give up her bus seat, helping spark major changes in civil rights.



In science, Katherine Johnson played a key role in NASA's early space missions.



In literature, Maya Angelou used her writing to inspire strength and confidence.



Black History Month reminds us to recognize these achievements and reflect on the ongoing impact of Black leaders in our world.



Black History Month

Black History Month is about firsts, barriers broken, and community impact. Check out these current stories:

HIGH SCHOOL ASSEMBLY

Coach Ty brings Martin Luther King Jr.'s words to life:

In honor of Martin Luther King Jr., Coach Ty delivered a powerful and unforgettable rendition of Dr. King's famous "I Have a Dream" speech. Standing before students and staff, Coach Ty read the historic words with passion and conviction, bringing new energy to a message that has inspired generations.

As he spoke, the room fell silent. His voice captured both the strength and hope behind Dr. King's dream of equality, unity, and justice for all. It wasn't just a reading... it was a reminder. Coach Ty took time to explain why Dr. King's message still matters today, encouraging students to stand up for what is right, treat others with kindness, and work toward positive change in their own communities.

He also reminded us about our cell phone usage. Taking breaks from your phone, spending time face-to-face with friends, and being aware of your digital footprint can help you stay balanced and in control. Your phone should be a tool that works for you—not something that controls your time or attention.

Thank you so much Coach Ty for your time, energy, and dedication to our school.



FIRST BLACK FEMALE TO OWN A BREWERY IN PENNSYLVANIA...

IS IN AMBRIDGE!

During Black History Month, it's important to recognize history being made not only across the country, but right here in our own community. A HUGE CONGRATULATIONS and WELCOME to DAELYN for becoming the new owner of Altered Genius. This is a legitimate historical and entrepreneurial milestone. Her achievement represents perseverance and progress, while putting Ambridge on the map for positive community growth.

Thank you Daelyn, and welcome to Ambridge!



BLACK HISTORY ART CONTEST

2026 Theme: A Century of Black History Commemoration

Art will be judged in 5 categories:

- *Appropriateness
- *Attention to theme
- *Quality of work
- *Creativity
- *Design

Art is due February 27th to Ms. Tallarico in room 131.

The winning student will win a gift card of their choice!!



SUPER BOWL LX

By: John Seifer

Super Bowl LX delivered a defensive battle early and a decisive Seattle surge late, as the Seattle Seahawks defeated the Lombardi Trophy with a 29–13 victory over the New England Patriots at Levi's Stadium. Seattle needed kicker Jason Myers, who drilled four field goals in the first three quarters to get a 12–0 advantage. The Seahawks controlled tempo, winning the time-of-possession battle and committing zero turnovers — a critical edge in a championship setting. Right when the game was close, Seattle pulled off a pick six and their defense did not stop there. Seahawks star Cb Devon Witherspoon was the Super Bowl 60 MVP.

Sam Darnold (QB): 19/38, 202 yards, 1 TD, 0 INT. Kenneth Walker III (RB): 27 carries, 135 yards. AJ Barner (TE): 4 catches, 54 yards, 1 TD. Cooper Kupp (WR): 6 catches, 61 yards. Drake Maye (QB): 27/43, 295 yards, 2 TD, 2 INT. Mack Hollins (WR): 4 catches, 78 yards, 1 TD. Rhamondre Stevenson (RB): 7 carries, 23 yards | 5 catches, 40 yards, 1 TD



Photo Cred: nbcphiladelphia.com

Halftime Show Controversy

By: Eden DeMuth

At this years Superbowl we had two halftime shows: the main Bad Bunny show & Turning Point USA's alternative show. The controversy lasted months and created a divide among the American people.

Both halftime shows were awesome and full of energy, with great music and amazing performances that got everyone excited. They brought together different styles and talents, showing how music can connect people no matter where they come from. It was cool to see everyone having fun together, creating a sense of unity and celebration. These shows reminded us how powerful music is in bringing people closer and making big events even more special.

Hopefully, next year we can have everyone come together as one for one big halftime show!



"United we stand, Divided we fall."



MS. RYAN



BY: EVAN FRANCIS & JOE LESEIKO

Ambridge Area High School welcomed Ms. Ryan this year as a new school social worker. Her interest in helping others began at a young age after watching her mom work with adults with disabilities, which inspired her to support people who need extra help.

Ms. Ryan's role focuses on students' social, emotional, and economic needs. She also works with truancy, which she says is often connected to those other challenges. She chose to work at Ambridge because she noticed the strong focus on mental health resources and felt the staff truly cares about students' well-being.

Since she is new, her main goal is to build trust and strong relationships with students. She wants everyone to know she is a safe space and is here to help, even though some students may see her role negatively because of truancy issues. As she put it, "I'm just here to help at the end of the day."

Ms. Ryan is at the school on Tuesdays, Thursdays, and Fridays. Students can ask a teacher to come talk with her, or leave a note under her door if she isn't there. She hopes students remember that they are never alone and that someone is always willing to help. Outside of school, she enjoys listening to music.

Random Acts of Kindness Month

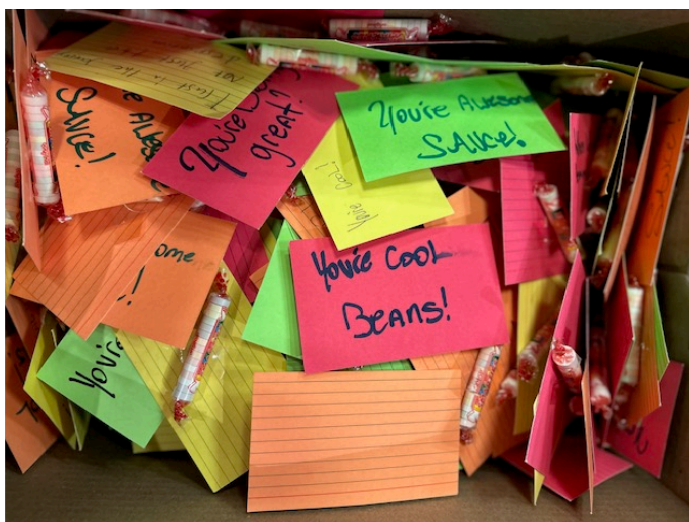
By: Kylie O'Lare & McKenzie Waters

February is known as national random acts of kindness month. There's a special focus on a random acts of kindness day in February 17 and a Random acts of kindness week (Feb 15-21). It aims to promote compassion and consideration in schools, workplaces, and communities.

In 1982, Anne Herbert was the first person to suggest random acts of kindness. The idea quickly gained support and in 2012 the United Nations recognized the day which is now February 17 each year.

Participants are encouraged to perform simple gestures such as holding the door, compliment someone, help an elderly neighbor, and leaving positive notes.

Kindness around the world has dwindled due to technology, poor manners, and the environment we live in. Random Acts of Kindness should be celebrated globally and normalized in everyday society to erase violence and cruelty. Remember to do your random acts of kindness everyday to make the world a better place.



Random Acts of Kindness put smiles on people's faces.

Valentine's Day 2026



By: Emma Pinchot & Lila Catalano

Annually on February 14th we celebrate Valentine's Day. The day is for expressing love and affection through gifts like flowers, chocolates, and romantic dinners. Valentine's Day isn't always celebrated with a significant other, over the past few years a modern twist has been added called Galantines, where girls get together and celebrate their love for each other. Some fun activities you can do on Valentine's Day are dress up and go to a fancy dinner, stay in and cook dinner with your partner, and crafts are always a fun option too! Overall, February 14th should be a day full of love for everyone.