

# Breakfast Menu

Lansingburgh Rensselaer Elementary

March 2026

WHITSONS FAMILY OF COMPANIES  
WWW.WHITSONS.COM

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

2 Chocolate Chip Muffin ✓  
Apple Slices  
100% Apple Juice  
Low Fat Milk  
Fat Free Chocolate Milk

3 Red. Sugar Cinnamon Toast Crunch Cereal ✓  
WG Honey Bear Graham Crackers  
Apple Slices  
100% Orange Tangerine  
Low Fat Milk

4 Banana Bread Sliced ✓  
Apple Slices  
100% Apple Juice  
Low Fat Milk  
Fat Free Chocolate Milk

5 Sausage, Egg and Cheese Sandwich  
Apple Slices  
100% Orange Tangerine  
Low Fat Milk  
Fat Free Chocolate Milk

6 Mini Cinnamon Pull Apart Roll ✓  
Apple Slices  
100% Apple Juice  
Low Fat Milk  
Fat Free Chocolate Milk

9 WW Bagel ✓  
Cream Cheese  
Apple Slices  
100% Orange Tangerine  
Low Fat Milk  
Fat Free Chocolate Milk

10 Golden Grahams Cereal ✓  
WG Honey Bear Graham Crackers  
Apple Slices  
100% Apple Juice  
Low Fat Milk  
Fat Free Chocolate Milk

11 Mini Maple Flavored Waffles  
Apple Slices  
100% Orange Tangerine  
Low Fat Milk  
Fat Free Chocolate Milk

12 Sausage, Egg and Cheese Sandwich  
Apple Slices  
100% Apple Juice  
Low Fat Milk  
Fat Free Chocolate Milk

**SCHOOL CLOSED TODAY**

16 Chocolate Chip Muffin ✓  
Apple Slices  
100% Apple Juice  
Unflavored Low Fat Milk  
Fat Free Chocolate Milk

17 Red. Sugar Cocoa Puffs Cereal ✓  
WG Honey Bear Graham Crackers  
Apple Slices  
100% Orange Tangerine  
Unflavored Low Fat Milk

18 Mini French Toast  
Apple Slices  
100% Apple Juice  
Unflavored Low Fat Milk  
Fat Free Chocolate Milk

19 Sausage, Egg and Cheese Sandwich  
Apple Slices  
100% Orange Tangerine  
Unflavored Low Fat Milk  
Fat Free Chocolate Milk

20 Mini Cinnamon Pull Apart Roll ✓  
Apple Slices  
100% Apple Juice  
Unflavored Low Fat Milk  
Fat Free Chocolate Milk

23 Mini Blueberry Pancakes  
Apple Slices  
100% Orange Tangerine  
Low Fat Milk  
Fat Free Chocolate Milk

24 Frosted Corn Flakes Cereal ✓  
WG Honey Bear Graham Crackers  
Apple Slices  
100% Apple Juice  
Low Fat Milk  
Fat Free Chocolate Milk

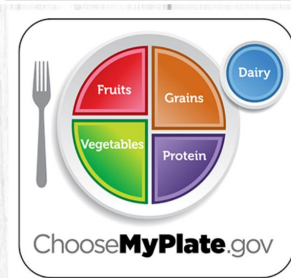
25 Banana Bread Sliced ✓  
Apple Slices  
100% Orange Tangerine  
Low Fat Milk  
Fat Free Chocolate Milk

26 Sausage, Egg and Cheese Sandwich  
Apple Slices  
100% Apple Juice  
Low Fat Milk  
Fat Free Chocolate Milk

27 WW Bagel ✓  
Cream Cheese  
Apple Slices  
100% Orange Tangerine  
Low Fat Milk  
Fat Free Chocolate Milk

30 WG Double Chocolate Chip Muffin ✓  
Apple Slices  
100% Apple Juice  
Low Fat Milk  
Fat Free Chocolate Milk

31 Golden Grahams Cereal ✓  
WG Honey Bear Graham Crackers  
Apple Slices  
100% Orange Tangerine  
Low Fat Milk  
Fat Free Chocolate Milk



View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Adult Meal - \$3.52+ Tax

All students are eligible to receive one free meal at breakfast.

**MENU IS SUBJECT TO CHANGE**

Breakfast will be served in the hallways and brought to the student's homeroom.

If you have any questions or would like additional information regarding this menu please contact the Director of Food Service, Kevin Darrigo, at 518-233-6829 or [kdarrigo@lansingburgh.org](mailto:kdarrigo@lansingburgh.org).

