

Lunch Menu

Pre-K Menu

March 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



2 Cheesy Stuffed Bread Sticks
baked bread sticks filled with melted cheese 
Tomato Sauce Dip
Buttered Corn
Applesauce
Unflavored Low Fat Milk

MEATLESS MONDAY

3 Crispy Popcorn Chicken
crispy breaded chicken bites baked to perfection
Glazed Carrots
Mixed Fruit
Unflavored Low Fat Milk

4 Beef Hot Dog on Bun
juicy beef hot dog on a soft bun
Oven Baked Fries
Diced Pear Cup
Unflavored Low Fat Milk

5 Crispy Chicken Sandwich
warm crispy breaded chicken on a bun prepared in-house
Baked Beans
Strawberry Cup
Unflavored Low Fat Milk

6 Classic Cheese Pizza
whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese  
Steamed Broccoli
Mixed Fruit
Unflavored Low Fat Milk

9 Mozzarella Sticks
crispy mozzarella sticks filled with gooey cheese, perfect for dipping into your favorite sauce 
Tomato Sauce Dip
Buttered Corn
Applesauce
Unflavored Low Fat Milk

MEATLESS MONDAY

10 Chicken Nuggets
crispy breaded chicken nuggets perfect for dipping in your favorite sauce
Glazed Carrots
Mixed Fruit
Unflavored Low Fat Milk

11 NY Beef Burger
beef burger on a freshly toasted bun
Oven Baked Fries
Diced Pear Cup
Unflavored Low Fat Milk

12 Baked Chicken Tenders
crispy chicken tenders perfect for dipping in your favorite sauce
Baked Beans
Fresh Strawberries
Unflavored Low Fat Milk

SCHOOL CLOSED TODAY



16 Grilled Cheese Sandwich Meltdown Café
golden toasted bread with melted gooey cheese pressed and prepared in-house 
Buttered Corn
Applesauce

MEATLESS MONDAY

17 Nachos Grande
tortilla chips topped with freshly prepared mexi style meat and cheese
Glazed Carrots
Mixed Fruit
Unflavored Low Fat Milk

18 Beef Hot Dog on Bun
juicy beef hot dog on a soft bun
Oven Baked Fries
Diced Pear Cup
Unflavored Low Fat Milk

19 Crispy Popcorn Chicken
crispy breaded chicken bites baked to perfection
Baked Beans
Fresh Strawberries
Unflavored Low Fat Milk

20 Classic Cheese Pizza
whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese  
Steamed Broccoli
Mixed Fruit
Unflavored Low Fat Milk



23 Cheesy Stuffed Bread Sticks
baked bread sticks filled with melted cheese 
Tomato Sauce Dip
Buttered Corn
Applesauce
Unflavored Low Fat Milk

MEATLESS MONDAY


24 Crispy Chicken Sandwich
warm crispy breaded chicken on a bun prepared in-house
Glazed Carrots
Mixed Fruit
Unflavored Low Fat Milk

25 Whole Grain Pancakes with Sausage
light and fluffy pancakes served with a sausage patty
Crispy Potato Puffs
Diced Pear Cup
Unflavored Low Fat Milk

26 Chicken Nuggets
crispy breaded chicken nuggets perfect for dipping in your favorite sauce
Baked Beans
Fresh Strawberries
Unflavored Low Fat Milk

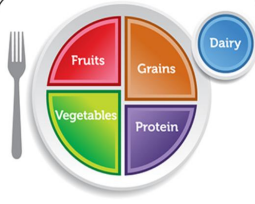
27 Classic Cheese Pizza
whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese  
Steamed Broccoli
Mixed Fruit
Unflavored Low Fat Milk

LUCKY TRAY DAY!

30 Homemade Mac & Cheese
pasta in cheese sauce, garnished with parsley  
Buttered Corn
Applesauce
Unflavored Low Fat Milk

MEATLESS MONDAY

31 Baked Chicken Tenders
crispy chicken tenders perfect for dipping in your favorite sauce
Glazed Carrots
Mixed Fruit
Unflavored Low Fat Milk



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FOR EVERY STUDENT every day



HARVEST of the month chickpeas



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.






**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Adult Meal - \$5.023+ Tax
All Students are eligible to receive a free meal at lunch.

MENU SUBJECT TO CHANGE

-  Vegetarian
-  Made With Natural Ingredients
-  Pork
-  Smart Choice
-  Made With Organic Ingredients

Fresh Fruit and Vegetable available daily
Other lunch options available daily.

If you have any questions or would like additional information regarding this menu please contact the Director of Food Service, Kevin Darrigo, at 518-233-6829 or kdarrigo@lansingburgh.org.