

Breakfast Menu

Lansingburgh Middle School

March 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

2 Red. Sugar Cinnamon Toast Crunch Cereal 
WG Honey Bear
Graham Crackers
Fresh Apple
100% Orange Tangerine
Low Fat Milk
Fat Free Chocolate Milk

3 WW Bagel 
Cream Cheese
Fresh Orange
100% Apple Juice
Low Fat Milk
Fat Free Chocolate Milk

4 Sausage, Egg and Cheese Sandwich
Fresh Apple
100% Orange Tangerine
Low Fat Milk
Fat Free Chocolate Milk

5 WW Honey Bun 
Fresh Orange
100% Apple Juice
Low Fat Milk
Fat Free Chocolate Milk

6 Chocolate Chip Muffin 
Fresh Apple
100% Orange Tangerine
Low Fat Milk
Fat Free Chocolate Milk

9 Red. Sugar Cocoa Puffs Cereal 
WG Honey Bear
Graham Crackers
Fresh Orange
100% Apple Juice
Low Fat Milk
Fat Free Chocolate Milk

10 Mini Cinnamon Pull Apart Roll 
Fresh Apple
100% Orange Tangerine
Low Fat Milk
Fat Free Chocolate Milk

11 Sausage, Egg and Cheese Sandwich
Fresh Orange
100% Apple Juice
Low Fat Milk
Fat Free Chocolate Milk

12 WW Honey Bun 
Fresh Apple
100% Orange Tangerine
Low Fat Milk
Fat Free Chocolate Milk

SCHOOL CLOSED TODAY

16 Red. Sugar Cinnamon Toast Crunch Cereal 
WG Honey Bear
Graham Crackers
Fresh Apple
100% Orange Tangerine
Unflavored Low Fat Milk
Fat Free Chocolate Milk

17 Mini French Toast
Fresh Orange
100% Apple Juice
Unflavored Low Fat Milk
Fat Free Chocolate Milk

18 Sausage, Egg and Cheese Sandwich
Fresh Apple
100% Orange Tangerine
Unflavored Low Fat Milk
Fat Free Chocolate Milk

19 WW Honey Bun 
Fresh Orange
100% Apple Juice
Unflavored Low Fat Milk
Fat Free Chocolate Milk

20 Chocolate Chip Muffin 
Fresh Apple
100% Orange Tangerine
Unflavored Low Fat Milk
Fat Free Chocolate Milk

23 Frosted Corn Flakes Cereal 
WG Honey Bear
Graham Crackers
Fresh Orange
100% Apple Juice
Low Fat Milk
Fat Free Chocolate Milk

24 Mini Maple Flavored Waffles
Fresh Apple
100% Orange Tangerine
Low Fat Milk
Fat Free Chocolate Milk

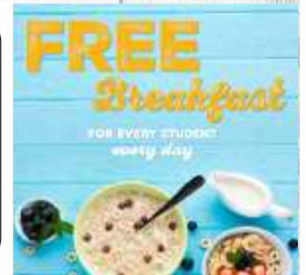
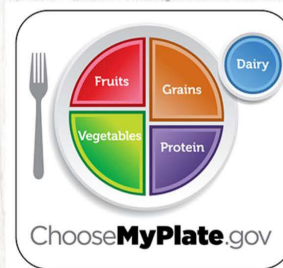
25 Sausage, Egg and Cheese Sandwich
Fresh Orange
100% Apple Juice
Low Fat Milk
Fat Free Chocolate Milk

26 WW Honey Bun 
Fresh Apple
100% Orange Tangerine
Low Fat Milk
Fat Free Chocolate Milk

27 WG Double Chocolate Chip Muffin 
Fresh Orange
100% Apple Juice
Low Fat Milk
Fat Free Chocolate Milk

30 Reduced Sugar Trix 
WG Honey Bear
Graham Crackers
Fresh Apple
100% Orange Tangerine
Low Fat Milk
Fat Free Chocolate Milk

31 Mini Blueberry Pancakes
Fresh Orange
100% Apple Juice
Low Fat Milk
Fat Free Chocolate Milk



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex



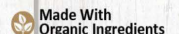
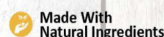
Adult Meal - \$3.52+ Tax

All students are eligible to receive **one** free meal at breakfast.

MENU IS SUBJECT TO CHANGE

Breakfast will be available in the hallways on the way to the student's homeroom.

If you have any questions or would like additional information about the menu please contact the Director of Food Service, Kevin Darrigo, at 518-233-6829 or kdarrigo@lansingburgh.org.



(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.