




















Breakfast Menu

Lansingburgh High School

March 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
2 WW Bagel  Cream Cheese Fresh Apple 100% Orange Tangerine Low Fat Milk Fat Free Chocolate Milk	3 Fluffy Whole Grain Waffles  Syrup Fresh Orange 100% Apple Juice Low Fat Milk Fat Free Chocolate Milk	4 Sausage, Egg and Cheese Sandwich Fresh Apple 100% Orange Tangerine Low Fat Milk Fat Free Chocolate Milk	5 WW Honey Bun  Fresh Orange 100% Apple Juice Low Fat Milk Fat Free Chocolate Milk	6 Chocolate Chip Muffin  Fresh Apple 100% Orange Tangerine Low Fat Milk Fat Free Chocolate Milk
9 Mini Cinnamon Pull Apart Roll  Fresh Orange 100% Apple Juice Low Fat Milk Fat Free Chocolate Milk	10 Whole Grain French Toast Slices  Syrup Fresh Apple 100% Orange Tangerine Low Fat Milk Fat Free Chocolate Milk	11 Sausage, Egg and Cheese Sandwich Fresh Orange 100% Apple Juice Low Fat Milk Fat Free Chocolate Milk	12 WW Honey Bun  Fresh Apple 100% Orange Tangerine Low Fat Milk Fat Free Chocolate Milk	SCHOOL CLOSED TODAY
16 WW Bagel  Cream Cheese Fresh Apple 100% Orange Tangerine Unflavored Low Fat Milk Fat Free Chocolate Milk	17 Fluffy Whole Grain Waffles  Syrup Fresh Orange 100% Apple Juice Unflavored Low Fat Milk Fat Free Chocolate Milk	18 Sausage, Egg and Cheese Sandwich  Fresh Apple 100% Orange Tangerine Unflavored Low Fat Milk Fat Free Chocolate Milk	19 WW Honey Bun  Fresh Orange 100% Apple Juice Unflavored Low Fat Milk Fat Free Chocolate Milk	
23 Mini Cinnamon Pull Apart Roll  Fresh Orange 100% Apple Juice Low Fat Milk Fat Free Chocolate Milk	24 Whole Grain French Toast Slices  Syrup Fresh Apple 100% Orange Tangerine Low Fat Milk Fat Free Chocolate Milk	25 Sausage, Egg and Cheese Sandwich  Fresh Orange 100% Apple Juice Low Fat Milk Fat Free Chocolate Milk	26 WW Honey Bun  Fresh Apple 100% Orange Tangerine Low Fat Milk Fat Free Chocolate Milk	27 WG Double Chocolate Chip Muffin  Fresh Orange 100% Apple Juice Low Fat Milk Fat Free Chocolate Milk
30 WW Bagel  Cream Cheese Fresh Apple 100% Orange Tangerine Low Fat Milk Fat Free Chocolate Milk	31 Fluffy Whole Grain Waffles  Fresh Orange 100% Apple Juice Low Fat Milk Fat Free Chocolate Milk	 Choose MyPlate .gov		

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

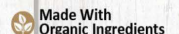
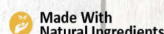
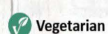
***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Adult Meal - \$3.52+ Tax

All students are eligible to receive **one** free meal at breakfast.

MENU IS SUBJECT TO CHANGE.



Fresh fruit available daily.

If you have any questions or would like additional information regarding this menu please contact the Director of Food Service, Kevin Darrigo, at 518-233-6829 or kdarrigo@lansingburgh.org.

