

Menus for March 2026

Bloomsburg Secondary Schools

This institution is an equal
opportunity provider. Menus are
subject to change.

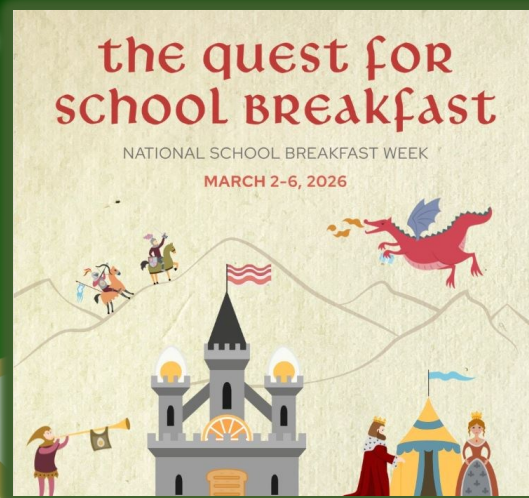
Happy St. Patrick's Day!

Like to read?



Don't keep it
under your hat!

March 2 is Dr. Seuss's
Birthday & "Read
Across America" Day



the quest for school breakfast

NATIONAL SCHOOL BREAKFAST WEEK
MARCH 2-6, 2026

Kids!

Join us March 2-6
for
National School
Breakfast Week
2026!

YOU'RE GOOD



ALL STUDENTS EAT ALL MEALS @
NO COST ALL YEAR LONG

Monday, March 2

Breakfast
Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
NEW Sausage and Cheese Biscuit

Dr. Seuss' Bday Lunch
Funnel Cake with Eggs and Ham
Sloppy Joe on a Roll
PB & J Sandwich

Salad Bar / Deli Hoagie / Wrap
Sides:
Baked Tater Tots/ Fresh Veggies
Fruit Juice and Milk

Birthday Treat!

Tuesday, March 3

Breakfast
Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
NEW Breakfast Empanada

Taco Tuesday Lunch
Beef or Chicken Taco
With Cheese (Soft Shells or
Chips) or PB & J Sandwich

Salad Bar / Deli Hoagie / Wrap
Sides: Spanish Rice/ Refried
Beans / Lettuce and Tomato
Fruit and Milk

Wednesday, March 4

Breakfast
Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
NEW Egg and Cheese Croissant

Lunch
PASTA BAR: Pasta with Meat
or Alfredo Sauce & Garlic Bread
Spicy Chicken Sandwich
PB & J Sandwich

Salad Bar / Deli Hoagie / Wrap
Sides:
Cesar Salad / Fresh Veggies
Fruit and Milk

Thursday, March 5

Breakfast
Choice of Juice, Fruit and Milk
Cold Cereal with Toast
NEW Pancake/Sauage Sandwich

Lunch
Chicken Pot Pie with Roll
Hamburger/ Cheeseburger
PB & J Sandwich

Salad Bar / Deli Hoagie / Wrap
Sides:
Mixed Vegetables / Fresh Veggies
Fruit and Milk

Friday, March 6

Breakfast
Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
NEW Scrambled Egg Bowl with
Biscuit

**National Breakfast
Week Lunch**
3 French Toast Sticks & 2 Sausage
Tuna Salad on Croissant
PB & J Sandwich

Salad Bar / Deli Hoagie / Wrap
Sides: Diced Seasoned Potatoes /
Fresh Veggies
Fruit and Milk

PARALYMPIC WINTER GAMES



KITZBUHEL

Milano Cortina, Italy March 6-15

Monday, March 9

Breakfast
Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Pizza Bagel

Lunch
Chicken Wing Bites (choice of
BBQ or Hot) with Roll
Black Bean Burger on Roll
PB & J Sandwich

Salad Bar / Deli Hoagie / Wrap
Sides:
Baked French Fries/ Fresh
Veggies
Fruit and Milk

Tuesday, March 10

Breakfast
Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Pancakes with Syrup

Lunch
Cheese Lasagna Roll up with
Garlic Bread
Ham and Cheese on a Pretzel
Roll

PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Caesar Salad / Fresh Veggies/
Fruit and Milk

Wednesday, March 11

Breakfast
Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Cinnamon Roll

Lunch
Popcorn Chicken Mashed Potato
Bowl with Roll
Meatball Hoagie
PB & J Sandwich

Salad Bar / Deli Hoagie / Wrap
Sides:
Golden Corn / Fresh Veggies
Baked Fruit Crisp and Milk

Thursday, March 12

Breakfast
Choice of Juice, Fruit and Milk
Cold Cereal with Toast
or Sausage and Cheese Bagel

Lunch
Creamy Macaroni and Cheese
and Fish with Roll
Fish Sticks with Roll
PB & J Sandwich

Salad Bar / Deli Hoagie / Wrap
Sides:
Steamed Broccoli / Fresh
Veggies/ Fruit and Milk

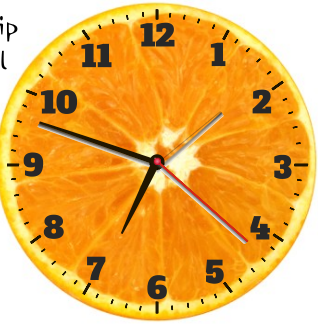
Friday, March 13

Act 80 Day!
No School for Students!



SQUEEZED FOR TIME?

Up to 30% of kids skip breakfast every school day. Even if your mornings are frantic, you'll feel better all day and do better in school, too, if you've had a balanced, nutritious breakfast!



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Monday, March 16

Breakfast
 Choice of Juice, Fruit and Milk
 Cold Cereal, Bagels,
 French Toast Sticks

Lunch
 Corn Dog Nuggets and Roll
 Grilled Chicken Wrap
 PB & J Sandwich
 Salad Bar / Deli Hoagie / Wrap
 Sides:
Baked Potato Bar—Chili,
 Cheese and Broccoli / Fresh Veggies
 Fruit and Milk

Tuesday, March 17

Breakfast
 Choice of Juice, Fruit and Milk
 Cold Cereal, Bagels,
 Ham, Egg, Cheese Muffin

St Partick's Day

Lunch
 Chicken Tenders with Roll
 Kielbasa/ Sauerkraut on Roll
 PB & J Sandwich
 Salad Bar / Deli Hoagie / Wrap
 Sides: 2 Pierogies / Fresh Veggies
 Green Apple Slices and Milk
 Fruit and Milk

Wednesday, March 18

Breakfast
 Choice of Juice, Fruit and Milk
 Cold Cereal, Bagels,
 Breakfast Pizza

Lunch
 Nachos with Chili, Cheese Sauce
 Salsa, Sour Cream and Corn
 Bread Muffin
 BBQ Pulled Pork a Bun
 PB & J Sandwich
 Salad Bar / Deli Hoagie / Wrap
 Sides:
 Golden Corn/ Lettuce & Tomato
 Fruit and Milk

Thursday, March 19

Breakfast
 Choice of Juice, Fruit and Milk
 Cold Cereal, Bagels,
 Cinnamon Roll

Lunch
 Turkey and Waffles
 Hamburger / Cheeseburger
 on a Roll
 PB & J Sandwich
 Salad Bar / Deli Hoagie / Wrap
 Sides:
 Mashed Potatoes / Fresh Veggies
 Fruit and Milk

Friday, March 20

Breakfast
 Choice of Juice, Fruit and Milk
 Cold Cereal with Toast
 or Egg and Cheese Muffin

Lunch
 Meat Lovers Pizza
 Fish Sticks with Roll
 PB & J Sandwich
 Salad Bar / Deli Hoagie / Wrap
 Sides:
 Zesty Baked Beans / Fresh
 Veggies
 Fruit and Milk



Boost your Burrito!

Burritos made at home or at a Mexican restaurant, should **ALWAYS INCLUDE BEANS!** These tasty little wonders are a nutritional powerhouse, brimming with fiber, protein, and nutrients. For good nutrition, skip on the cheese and load up on the beans!



Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Monday, March 23

Breakfast
 Choice of Juice, Fruit and Milk
 Cold Cereal, Bagels,
 Sausage Gravy over Biscuit

Breakfast for Lunch
 2 Pancakes and 2 Sausage Links
 With Syrup
 Egg, Ham and Cheese Muffin
 PB & J Sandwich
 Salad Bar / Deli Hoagie / Wrap
 Sides:
 Tatter Tots / Fresh Veggies
 Fruit and Milk

Tuesday, March 24

Breakfast
 Choice of Juice, Fruit and Milk
 Cold Cereal, Bagels,
 Pizza Bagel

Lunch
 Chicken Parmesan with Side of
 Pasta and Garlic Bread
 Ham and Cheese Panini
 PB & J Sandwich
 Salad Bar / Deli Hoagie / Wrap
 Sides:
 Caesar Salad / Fresh Veggies
 Fruit and Milk

Wednesday, March 25

Breakfast
 Choice of Juice, Fruit and Milk
 Cold Cereal, Bagels,
 Funnel Cake

Lunch
 Salisbury Steak over Egg
 Noodles with Roll
 BBQ Rib Sandwich
 PB & J Sandwich
 Salad Bar / Deli Hoagie / Wrap
 Sides:
 Scalloped Potatoes / Fresh Fruit
 and Milk

Thursday, March 26

Breakfast
 Choice of Juice, Fruit and Milk
 Cold Cereal, Bagels,
 Egg, Ham, Cheese Bagel

Lunch
 General Tso Chicken Over
 Fried Rice
 Turkey and Cheese Croissant
 PB & J Sandwich
 Salad Bar / Deli Hoagie / Wrap
 Sides:
 Steamed Broccoli / Fresh Veggies
 Fruit and Milk

Friday, March 27

Breakfast
 Choice of Juice, Fruit and Milk
 Cold Cereal, Bagels,
 Pancakes with Syrup

Lunch
 Pizza Quesadillas with Salsa and
 Sour Cream
 Black Bean Burger on a Roll
 PB & J Sandwich
 Salad Bar / Deli Hoagie / Wrap
 Sides:
 Zesty Baked Beans / Fresh
 Veggies
 Fruit and Milk

Monday, March 30

Breakfast
 Choice of Juice, Fruit and Milk
 Cold Cereal, Bagels,
 Breakfast Pizza

Pretzel -Lunch
 Chicken Fries with Soft Pretzel
 Pulled Pork BBQ on a Roll
 PB & J Sandwich
 Salad Bar / Deli Hoagie / Wrap
 Sides:
Soft Pretzel!
 Emoji Potatoes / Fresh Veggies
 Fruit and Milk

Tuesday, March 31

Breakfast
 Choice of Juice, Fruit and Milk
 Cold Cereal, Bagels,
 Sausage and Cheese Muffin

Lunch
 Toasted Cheese Sandwich
 Sloppy Joe on a Bun
 PB & J Sandwich
 Salad Bar / Deli Hoagie / Wrap
 Sides: Tomato Soup with
 Crackers
 Broccoli Salad / Fresh Veggies
 Fruit and Milk

Weird SCIENCE

Make a RUBBER EGG!

You'll Need:

- ✓ a raw egg
- ✓ white vinegar
- ✓ a plastic container

- 1 Place the raw egg in the container and cover it with vinegar.
- 2 After 24 hours, gently prod the egg with your finger. Does it feel soft and elastic like rubber? (If not, replace the vinegar with fresh vinegar and wait another 24 hours.)
- 3 Congratulations! You have used the vinegar to "decalcify" the egg. The egg shell contains a substance called "calcium carbonate." The acid in the vinegar dissolves the calcium carbonate in the egg shell, and what's left is soft and flexible rather than hard and rigid. You've created a rubber egg!
- 4 Poke the egg (gently) with a fork until you pierce the shell and the yolk and white come out. The shell should look like a popped balloon!