



ENCOPRESIS ACTION PLAN

School _____ Grade _____

Teacher _____

Student Name _____ DOB _____

Special Instructions _____

Encopresis is the involuntary passage of stool secondary to chronic constipation and distended lower bowel.

Goals of school care:

- Support bowel routine while under medical care.
- Refer to provider if no medical assessment has been done.
- Minimize physical and emotional distress for the student
- Prevent exposure of others to feces
- Minimize lost class time and absences for this diagnosis
- Educate student, family, staff about this diagnosis

Student Responsibilities:

- Student will immediately ask for bathroom privileges when he/she needs to use the restroom.
- Student will immediately inform teacher if he/she soils clothing and to report to designated restroom.
- Student is responsible for self-care cleaning, bagging and taking home soiled clothing, and leaving bathroom in sanitary fashion.

Parent / Guardian Responsibilities:

- Parent / Guardian will provide an extra set of clothing and flushable wipes to be kept at school.
- Parent / Guardian will promptly come to school to clean-up whenever extra clothing and wipes are not available.
- Parent / Guardian will promptly come to school when notified by staff that there is a need.
- Parent to provide water bottle.
- Parent / Guardian will sign an *Authorization for Exchange of Medical Information*

School/Classroom Responsibilities:

- Permit bathroom visits, without delay, upon student's request (in addition to scheduled times).
- Ask (send) student to use the restroom before or after recess and after lunch.
- Allow water bottle at desk to encourage water consumption.
- Fecal soiling incidents please send to office immediately for self-care.
- Notify parents of fecal soiling as needed, and for additional supplies.

Parent Signature _____ Date _____

Physician signature _____ Date _____