2026 CHS Lenten Reflections: 2nd Sunday of Lent — The Transfiguration of Jesus

The season of Lent feels like the “climb” of the liturgical year. If Easter is the mountain top, then this 40 day period is the sometimes difficult trek upwards. I think that feeling is why we look at the Transfiguration this second Sunday of Lent.

In this reading, Jesus takes Peter, James, and John up a mountain where he transfigured. His clothes became white as light and he began talking to Moses and Elijah. It is a moment where the disciples finally see who Jesus really is. Peter reacts in a very human way. “Lord, it is good that we are here, if you wish I will make three tents,” he says. He wants to build the tents to stay in that moment. Peter is relatable in this moment. During a time of peace, or at a peak feeling of connection with God, we want to stay there. We want to pause time and stay on the mountain where things are clear and make sense. But the Gospel shows us that the mountain is not the destination. A cloud covers them and a voice tells them to listen to Jesus. Then, the encounter ends. Jesus touches them and tells them to rise and not be afraid. When they look up, Jesus is standing there in his normal clothes.

This passage connects to my own Lenten journey. Before Lent started, going to Church on Sundays felt like a chore and I put it off for that reason. It was easy to find other things to do. For my Lenten sacrifice, I decided to start going to Mass every week. As I keep up with it, I started to see the connection to Peter on the mountain. Going to Mass is like that moment of stepping away from the stresses of life or school. It is a place to stop and listen. Going to Church hasn’t solved every problem, but it provides a space of peacefulness and clarity.

The point of the Transfiguration was that Jesus gave the disciples the strength to face what was coming next. By making the effort to show up on Sundays, it is easier to find that same kind of strength. It is a reminder that even when the moment ends and things get back to being ordinary, Jesus is still there walking down the mountain with us. We do not have to be afraid of the climb or the descent because he is the one leading the way.

Live Jesus in Our Hearts,

Amir Lopez, ‘28
Math and Science Academy, Tennis Team.

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