



March 2026

LOWELL HIGH SCHOOL LUNCH MENU

Week 1: March 2-6

Weekly Special:

Salad of the Week:
Chicken BLT Salad

Sandwich of the Week:
Turkey Club Wrap

Daily Serves:

MYO Salads and Bowls • Grab N' Go Salads • Grab N' Go Parfait • Chicken Patty • Hamburger • Cheeseburger • Veggie Burger • Cheese Pizza • Pepperoni Pizza

NEW! Baskets from the Grill Station

Mozzarella sticks • Chicken Drumstick • Chicken Tenders • Pizza Crunchers
The Rotating Quick Bite Station – Taco Bar!

Powering potential.

MONDAY

French Toast w/ Chicken Sausage
French Toast w/ Veggie Sausage

Greek Salad w/ Flatbread
Fiery Jalapeno Cheddar Burger

Tater Tots & Roasted Butternut Squash
Applesauce & Oranges

TUESDAY

Chicken Snack Wrap
Veggie Nugget Snack Wrap V

Red Pepper Hummus Platter
Steak & Cheese Sub

Street Corn Salad & Cucumbers
Clementines & Apples

WEDNESDAY

EARLY RELEASE!

GRAB N' GO OF THE DAY!

THURSDAY

Loaded Baked Potato w/ Dinner Roll
Broccoli & Cheese Baked Potato Dinner Roll V

Red Pepper Hummus Platter
Chicken Tenders Basket

Roasted Chickpeas & Carrots LG
Pears & Fresh Fruit Cups

FRIDAY

Soup of the Day w/ Bosco Cheese Sticks

Greek Salad w/ Flatbread
BBQ Chicken Flatbread

Red Pepper Strips & Side Salad
Apples & Bananas

All Lunches Must Include
Choice of:

Fruits and/or Vegetable
And May Include:
1% Low-Fat Milk

Breakfast and Lunch are Free for all Students!
Our menu consists of Whole Grains, Fresh Fruits and Vegetables.
Students must take a Fruit and/or Vegetable with each lunch.
All meals are served with the Option of Milk.
Sunbutter & Jelly Sandwiches and Vegetarian Meals served Daily.
*Menus are subject to change.

V = Vegetarian | LG = Locally Grown
LTO = Limited Time Offer | HOTM = Harvest of the Month

This institution is an equal opportunity provider. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 485-6136 (Spanish). USDA is an equal opportunity provider and employer.





Salad of the Week:
Kale Caesar w/ Chicken
And Chickpeas

Sandwich of the Week:
Italian Deli Wrap w/
Provolone Cheese



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LOWELL HIGH SCHOOL LUNCH MENU

Week 2: March 9-13

**Weekly
Special:**

Daily Serves:

MYO Salads and Bowls

Grab N' Go Salads

Grab N' Go Parfait

Chicken Patty

Hamburger/Cheeseburger, Veggie Burger

Grill Station

The Rotating Quick Bite Station!

Powering potential.

MONDAY

Chicken Broccoli Alfredo Pasta
Broccoli Alfredo Pasta V

Pizza Platter
Sausage Egg & Cheese Melt

Broccoli & Carrots LG
Applesauce & Pears

WEDNESDAY

Chili Garlic Popcorn Chicken w/ Lo Mein
Chili Garlic Veg Nuggets w/ Lo Mein V

Pizza Platter
BBQ Chicken Flatbread

Corn & Roasted Cauliflower
Bananas & Berry Cups

FRIDAY

Buffalo Chicken Mac n' Cheese
Mac n' Cheese V

Pizza Platter
Fish Po' Boy

Red Pepper Strips & Side Salad
Apples & Bananas

TUESDAY

Buffalo Chicken Dip
Buffalo Chickpea Dip V

Yogurt Dip Platter
Steak & Cheese Sub

Roasted Chickpeas & Cucumbers
Clementines & Apples

THURSDAY

Pork, Black Beans & Plantain Rice Bowl
Black Bean & Plantain Rice Bowl V

Yogurt Dip Platter
Chicken Tender Basket

Green Beans & Carrots LG
Pears & Fresh Fruit Cups

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Choice of:
Fruits and/or Vegetable
And May Include:
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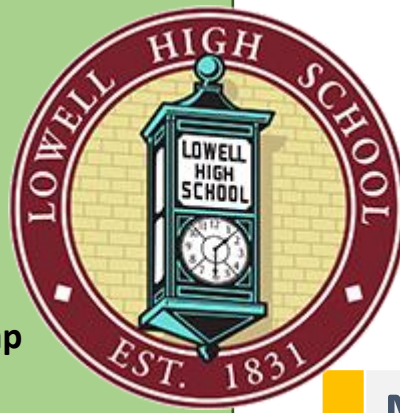
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Salad of the Week:
Asian Chicken Salad
w/ Flatbread

Sandwich of the Week:
Hummus & Veggie Wrap



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Week 3: March 16-20

Weekly
Special:

Daily Serves:

MYO Salads and Bowls • Grab N' Go Salads • Grab N' GoParfait • Chicken Patty • Hamburger • Cheeseburger • Veggie Burger • Cheese Pizza • Pepperoni Pizza

NEW! Baskets from the Grill Station

Mozzarella sticks • Chicken Drumstick • Chicken Tenders • Pizza Crunchers
The Rotating Quick Bite Station – Taco Bar!

Powering potential.

MONDAY

Chicken Wing Bar w/ Dinner Roll
Veggie Nuggets w/ Dinner Roll V

Red Pepper Hummus Platter
Montecristo

Waffle Fries & Pickled Cucumbers
Applesauce & Pears

WEDNESDAY

Spicy Chicken Pepperoni Pasta Bake
Spicy Pasta Bake V

Red Pepper Hummus Platter
Green Monsta Flatbread

Broccoli & Carrots LG
Bananas & Berry Cups

FRIDAY

Chili with Corn Muffin
Veggie Chili with Corn Muffin V

Red Pepper Hummus Platter
Fish Tacos

Red Pepper Strips & Side Salad
Apples & Bananas

TUESDAY

General Tso Popcorn Chicken w/ Fried Rice
General Tso Veggie Nugget w/ Fried Rice

Charcuterie Platter
Chicken Parm Sub

Kickin' Beans & Sweet Potato Fries
Clementines & Apples

THURSDAY

**LTO: Sweet Heat Chorizo
Empanada**

Charcuterie Platter
Chicken Nuggets Basket

Roasted Veggies & Green Beans
Pears & Fresh Fruit Cups

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Fruits and/or Vegetable
And May Include:
1% Low-Fat Milk

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Salad of the Week:
Harvest Grain Salad Bowl
w/ Balsamic Dressing

Sandwich of the Week:
Chicken Caesar Wrap



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Week 4: March 23-27

**Weekly
Special:**

Daily Serves:

MYO Salads and Bowls • Grab N' Go Salads • Grab N' GoParfait • Chicken Patty • Hamburger • Cheeseburger • Veggie Burger • Cheese Pizza • Pepperoni Pizza

NEW! Baskets from the Grill Station

Mozzarella sticks • Chicken Drumstick • Chicken Tenders • Pizza Crunchers
The Rotating Quick Bite Station – Taco Bar!

Powering potential.

MONDAY

Cheesy Popcorn Chicken Bowl
Cheesy Veg Nugget Bowl V

Pretzel & Cheese Platter
Turkey & Swiss Melt

Cucumbers & Chickpea Salad
Applesauce & Pears

WEDNESDAY

Bolognese Pasta
Pasta w/ Marinara Sauce V

Pretzel & Cheese Platter
Spicy Chicken Flatbread

Broccoli & Carrots LG
Bananas & Berry Cups

FRIDAY

Waffles w/ Chicken Sausage
Waffles w/ Veggie Sausage V

Pretzel & Cheese Platter
Fish n' Chips

Red Pepper Strips & Side Salad
Apples & Bananas

TUESDAY

Turkey Barbacoa Taco
Kickin' Bean Taco V

Red Pepper Hummus Platter
Philly Chicken Cheesesteak

Fiesta Corn & Carrots V
Clementines & Apples

THURSDAY

Beef & Broccoli w/ Rice
General Tso Tofu w/ Rice V

Red Pepper Hummus Platter
Chicken Tenders Basket

Roasted Potatoes & Celery
Pears & Fresh Fruit Cups

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Choice of:

Fruits and/or Vegetable
And May Include:
1% Low-Fat Milk

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Weekly Special:

Salad of the Week:
Southwest Chicken Salad w/ Tortilla Chips & Jalapeno Salsa Ranch
Sandwich of the Week:
Chipotle Chickpea Sub



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Week 5: March 30 – April 3

Daily Serves:

MYO Salads and Bowls • Grab N' Go Salads • Grab N' GoParfait • Chicken Patty • Hamburger • Cheeseburger • Veggie Burger • Cheese Pizza • Pepperoni Pizza

NEW! Baskets from the Grill Station

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The Rotating Quick Bite Station – Taco Bar!

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MONDAY

Dumplings w/ Mixed Veggies
Edamame Dumplings w/ Mixed Veggies V

Fruit & Yogurt Platter
Italian Melt

Pickled Cucumbers & Corn
Applesauce & Pears

WEDNESDAY

Chicken Broccoli Alfredo Pasta
Broccoli Alfredo Pasta

Fruit & Yogurt Platter
Fish Tacos

Roasted Broccoli & Carrots LG
Bananas & Berry Cups

FRIDAY

NO SCHOOL!!
GOOD FRIDAY!

HAVE A GREAT WEEKEND!

TUESDAY

Arroz con Pollo

Pizza Platter
Meatball Sub

Kickin' Beans & Carrots LG
Clementines & Apples

THURSDAY

RED SOX OPENING DAY!
CHILI CHEESE DOG!!

Pizza Platter
Nashville Hot Chicken

Green Beans & Tater Tots
Pears & Fresh Fruit Cups

All Lunches Must Include
Choice of:
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And May Include:
1% Low-Fat Milk