



What is Anchored 4Life?

Quote of the month:

"Nothing is impossible, the word itself says 'I'm possible'!"



About Us

Anchored 4 Life is a student lead club that helps provide support with the guidance of advisors with transitions in moving, fear, deployment, making friends, healthy bodies, bullies, and homework. We have 11 team leaders in 4th and 5th grade that will welcome new students, and help facilitate discussions in class on the transition topics. In addition, team leaders will give new students a tour and wish a student good luck as they move to their next school. Team leaders will meet at least once a month to prepare activity groups, tours, character development quotes, and service projects.

Please let your child's teacher OR Anchored 4Life Advisors know if your child is experiencing any transition in moving, deployment, reintegration, grief, or divorce. Transition information in regards to deployment and moving need to be mentioned in advance if possible. Ms. Boris (Counselor) and Ms. Mitchell (FCT) are the advisors for this program.

Goals

1. Teach and reinforce life skills for youth to be better connected with their peers and community during transitions.
2. Provide growing opportunities to increase competency and character by positively addressing setbacks.
3. Build confident leaders who inspire others by contributing to a caring and supportive environment.
4. Support our military students and the community.

Club Features

A4L Club will help students increase self-esteem and self-worth, integrate empathy and integrity into daily activities, and help strengthen positive connections.

- Character development quotes will provide inspiring messages to increase positive interactions.
- Kits on moving to and from, deployment and reintegration will be given to students by the team leaders.
- Tours will be given to new students.
- Grief (loved ones and pets) and divorce kits are provided by Ms. Boris or Ms. Mitchell. Please reach out to them if needed.

Military Families - If you are active duty or retired, please reach out to Ms. Boris (nicole.boris@cr.k12.de.us).

We would like to recognize our military students and provide resources for our military connected families.