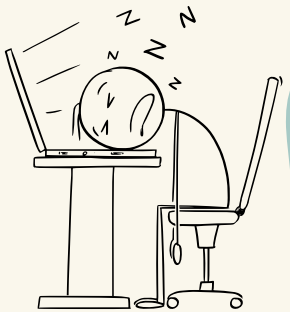


# MENTAL ILLNESS WARNING SIGNS

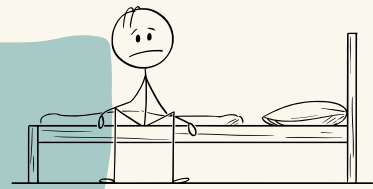


If a person is experiencing several of the warning signs at one time and the symptoms are causing serious problems in the ability to study, work or relate to others, he/she should be seen by a physician or mental health professional.

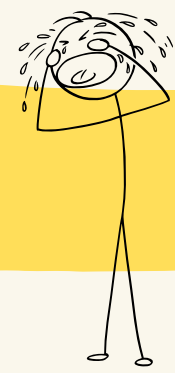
50% of mental illness begins by age 14.



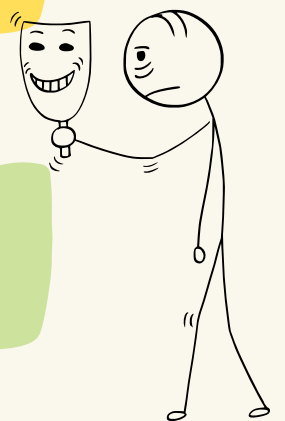
Sleep or apitite changes



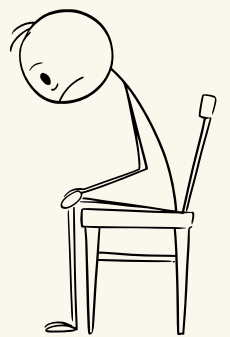
Mood changes



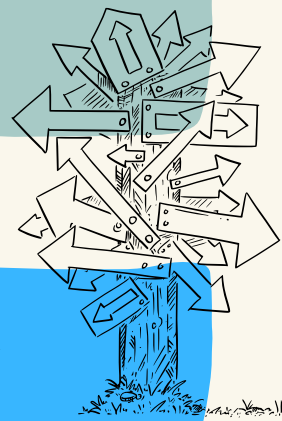
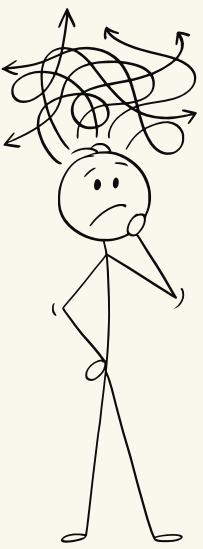
Withdrawal.  
Feeling disconnected.



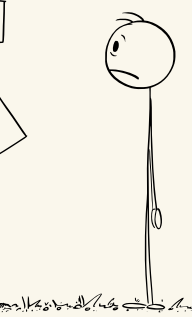
Drop in functioning.  
Problems thinking.



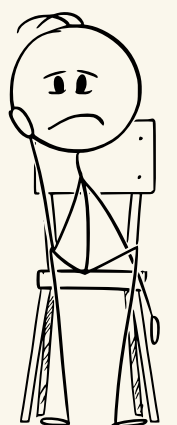
Nervousness.  
Illogical thinking.



Increased sensitivity



Apathy.  
Unusual behavior.



## Take Action. Get Help.

Emergence Health Network- 915-779-1800

Rio Vista Behavioral Health 915-209-4513

El Paso Psychiatric Center 915-532-2202

Mental Health Emergencies- 988

HELP

