



## MATAWAN-ABERDEEN CONNECTIONS

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STRATHMORE NEWSLETTER

### **Straight From Strathmore**

**Hootline News - Sunday, February 8, 2026**



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#### **Important Links**

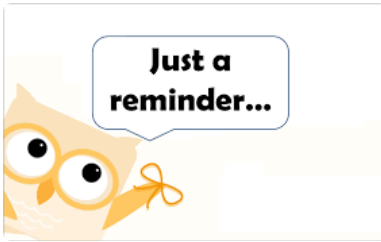
[District Website](#), [District Calendar](#), [School Hours](#), [Arrival/Dismissal Procedures](#)

#### **Past Newsletters**

[Straight from Strathmore \(9/1-9/21\)](#), [9/28](#), [10/6](#), [10/13](#), [10/19](#), [10/26](#), [11/2](#), [11/9](#), [11/16](#), [11/23](#), [12/7](#), [12/14](#), [12/21](#), [1/11](#), [1/19](#), [1/25](#), [2/1](#)

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## Reminders



### Before School Arrival

As a result of the recent snowstorm and below-average temperatures, there still is a significant amount of snow on campus. In an effort to prioritize student safety, students should not climb on snow piles while navigating the campus.

Please remember that adult supervision is required until the doors open at 9:10 AM. Students should not be left unattended on campus before this time. Thank you for helping us keep everyone safe as we start each school day.

### Attendance Policy

To receive credit for a full day of school, students must be present for a minimum of 4 hours. Students who arrive after 11:30 AM or leave before 1:20 PM will not receive attendance credit for the day. Additionally, any other schedule interruptions—such as early dismissals or late arrivals—that result in less than 4 hours in the building will impact whether your child receives credit for that day. Please keep this in mind when scheduling appointments or planning absences.

The State of New Jersey Recognizes the following as excused absences only:

- Religious observance
- College visits
- "Take our Children to Work Day"
- Participation in observance of Veterans Day
- The closing of a busing district that prevents a student from having transportation to the school
- Participation in district board of election membership activities

If you have questions about attendance, feel free to reach out to the main office.

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### Redistricting

Please see the updated FAQ dated 02.06.26 on the district website - [Shaping our District's Future](#)

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## 100th Day of School

### Celebrate 100 Days

We're excited to celebrate the 100th day of school on **Tuesday, February 17th!** We encourage students to dress up like they are 100 years old. Some ideas include: gray hair (wigs or baby powder), cardigans or vests, adding glasses, or wearing slippers. Get creative and have fun with it! We can't wait to see all our "100-year-olds" on this special day.



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## American Heart Association - Kid's Heart Challenge



We had a blast kicking off the Kids Heart Challenge with an assembly on Tuesday! With help from this year's Heart Heroes, we're learning all about keeping our hearts healthy through movement, kindness, rest, and knowing when to ask for help.

Visit <http://www2.heart.org/goto/strathmore> or download the AHA Schools app to join the fun. Bonus: Students get a free wristband just for signing up!



### Nurse's Notes

#### Reporting Absences

When your child will be absent from school, please remember to copy the school nurse on your email to the teacher. This helps me keep accurate health records and ensures I'm aware if your child is out due to illness. If your student has a contagious condition or will need any follow-up care when they return, letting me know directly helps me support their smooth transition back to class.

#### Extra Clothes

Consider sending in a complete change of clothes in a labeled bag for your child to keep at school. Accidents, spills, and playground mishaps happen, and having a fresh set of clothes on hand can help your child feel comfortable and get back to learning quickly. A spare outfit can make all the difference on those unexpected days.



### Counselor's Corner

**Self-regulation** is the ability to effectively manage your thoughts, feelings, and behaviors. It's the ability that helps kids to manage everyday emotions, focus well on tasks, and positively connect with others. While it's an important skill throughout the whole year, self-regulation strategies become even more critical for kids before and after winter or holiday break. With the change in routines, increased indoor time, and potential for holiday stress, children and young adults often need extra support this time of year.

That's where self-regulation activities can come in. Practicing these skills can (and should) be fun!

Here are 10 engaging activities to help your kids practice self-regulation skills this winter season:

<https://www.thepathway2success.com/winter-self-regulation-10-engaging-activities-for-kids/>

# Winter Self-Regulation Activities for Kids

www.thepathway2success.com

<b>Winter Breathing</b> 	<b>Winter Walk</b> 	<b>Winter Gratitude</b> 
<b>Winter Mindful Coloring</b> 	<b>Cozy Reading Time</b> 	<b>Hot Cocoa Sip</b> 
<b>Winter Imagination</b> 	<b>Winter Freeze Dance</b> 	<b>Winter Sensory Bins</b> 

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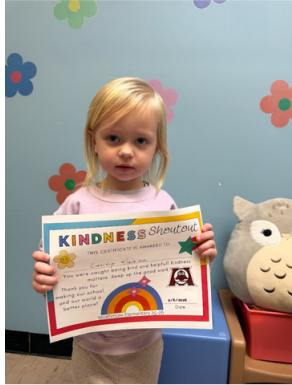
## Strathmore Snapshots

January Students of the Month - Mindfulness



### Kindness Ticket Recipient Recognition - 2/6/26

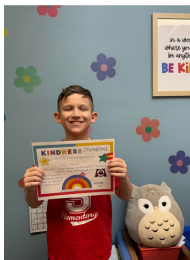
Congratulations to this week's Kindness Ticket winners, drawn from this week's collection of tickets for showing kindness, respect, and positivity in our school community. Thank you for making our school and our world a better place!



**Emersyn**



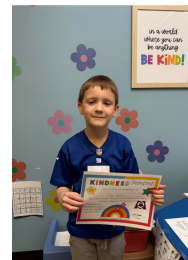
**Milena**



**Ozzy**



**Jhene**



**Oliver**

The Monmouth County Schools Symposium on Mental Health & Wellness is scheduled for **March 11th at 5:30 PM at Brookdale Community College**. Please see the flyer below for details and registration information.

Monmouth County Schools

APPROVED FOR DISTRIBUTION  
Monmouth County Schools District  
*Michelle Serra*  
Behavioral Specialist

Partnership for Wellness Presents a

# Symposium on Mental Health & Wellness

Featuring a Keynote by

**Rebecca Bryan**

***“Positive Childhood Experiences are the Foundation of Lifelong Resilience”***



FIRST 300 ATTENDEES  
WILL RECEIVE A  
FREE COPY OF  
“UNSELFIE”

Brookdale Community College

Student Life Center

March 11, 2026

5:30PM

Visit the link below or scan the  
QR code to register:

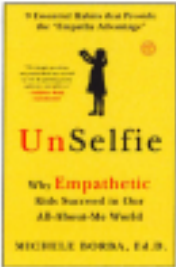


<https://tinyurl.com/MCSPW2026>

**#BeYouBeWell**

Escuelas del condado de Monmouth  
 Asociación para el Bienestar presenta una  
**Simposio sobre salud mental y bienestar**  
**Presentando una conferencia magistral de**  
**Rebecca Bryan**

**Las experiencias positivas en la infancia son la base de la resiliencia a lo largo de la vida”**



**LOS PRIMEROS 300 ASISTENTES RECIBIRÁN UNA COPIA GRATUITA DE "UNSELFIE"**

Brookdale Community College  
 Student Life Center  
 March 11, 2026  
 5:30PM



Visita el siguiente enlace o escanea el código QR para registrarte:  
<https://tinyurl.com/MCSPW2026>



**2026-2027 Registration**

Pre-K and Kindergarten registration for the the 2026-2027 school year is now open. See the flyers below for details.



**PreK and Kindergarten**  
 (click on flyer for details)



**PreK and Kindergarten Spanish**  
 (click on flyer for details)

**PTO Happenings**

# What's coming up...

Please join us  
for the next  
PTO Meeting.  
2/25 at 7PM!

## VALENTINE'S DAY CANDY GRAMS

Due by February 6<sup>th</sup>

Support the 3<sup>rd</sup> Grade Committee by sending a candy gram to your child, friends, or even the whole class! See flyer below for details.

## CHOCOLATE BAR SALE!

- Flyers going home Monday 2/2.
- Sign up by completing the Google form (link below) OR returning the slip on the flyer (disregard the QR code for Givebacks)
- Tuesday, 2/3 from 2-6PM: pickup your box of chocolates at door 17.
- Text Laura at 732-673-3195 if you can't make it Tuesday, or when you're ready for another box.
- Money due after chocolate is sold.

## DATES TO REMEMBER

2/2-20: World's Finest

Chocolate Fundraiser

2/2: Half day

2/6: Spirit Day

2/6: Candy Gram Deadline

2/16: School closed

2/25: PTO Meeting 7PM

2/26-27: School Store

2/27: Lip Sync sign-up deadline

3/4: School closed

## LIP SYNC IS BACK!

Lip Sync is a fun show where students perform on stage with their friends. Sign up closes February 27<sup>th</sup>, or when capacity is reached. See flyer below for instructions and details.

## SCHOOL STORE

Thursday & Friday, February 26-27

Send cash in an envelope or baggy, students shop during lunch! Text Jackie at 917-524-4713 to volunteer.



Scan the QR code to join, shop or get involved, or visit <https://strathmoreespto.givebaacks.com>

PLEASE CONSIDER BECOMING A PART OF THE PTO TODAY!

Online  
Spirit Wear sale  
March 13-23!



# DIBARI'S PIZZERIA

259 Main Street, Matawan  
Tuesday, February 24 from 4-9pm.



Please present this flyer or mention Strathmore when you order. Applies to dine in or phone orders. If you make an online order, contact the restaurant and mention Strathmore

\*15% of the proceeds will go to support the Strathmore Third Grade Committee\*



**STRATHMORE LIP SYNC 2026**  
 The Golden Mic  
 Your Golden Ticket brings to helpness!

It's the moment everyone has been waiting for...  
 The Strathmore Lip Sync Show is BACK! Get ready for an unforgettable night of music, dancing, laughter, and pure entertainment!

**EVENT DETAILS**  
 Friday, May 15, 2026 7:00 PM  
 Matawan Aberdeen Regional High School

**WHAT IS LIP SYNC?**  
 This is a non-competitive, high-energy showcase where students perform on stage with friends - and judging, no prizes. Just FUN!  
 Participants choose a song (or rick) from their favorite POP ICONS from 1980 to present, create a group and receive their tickets, and perform it on stage!  
 ✓ Make up a group name (eager groups are encouraged, 1 performance per group)  
 ✓ Create short lyrics  
 ✓ Practice & perform  
 ✓ Have an AMAZING time!

**HOW TO SIGN UP**  
 By Friday, February 27, 2026 (or earlier if we reach the maximum number of acts)  
 Submit ONE email per group with all of the following details to: strathmorelipsync2026@gmail.com

- Song title(s)
- Artist & version
- Group name
- Participants and grade of each child
- Parent contact info (phone & email for each child)

**Important Notes**

- Acts are limited - once it's signed up, sign-ups will close!
- No repeat songs (first approved + locked in)

Announcements about sign-up closures will be posted on the Strathmore Elementary Parents Facebook Page

## World's Finest Chocolate Fundraiser

The WFC fundraiser is underway. Click [here](#) to complete the Google form for the chocolate sale.

## 2026 Lip Sync - May 15th

Click [here](#) for details

## Givebacks

Visit the Givebacks website to stay up to date on the PTO, events and fundraisers. [Click here](#) to visit the Givebacks website.

## Get Involved

Check out Strathmore's [PTO page](#) on the district website, where you can find information on how to connect. The PTO meets every other month in the Strathmore Library at 7:00 PM. Remaining meeting dates for the year are February 25, April 8, and June 3.

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## Save the Date - 3rd Grade Show, May 20, 2026

We are thrilled to announce the details for this year's highly anticipated Third Grade Annual Performance! This is a wonderful and memorable event that celebrates our students and their musical talent.

This year, the third grade will be participating in a spectacular Disney-themed show. Our show is scheduled for Wednesday, May 20th, at the Matawan Regional High School Auditorium. Details regarding times and tickets will be shared closer to the event.

[3rd Grade Show Letter](#)

[3rd Grade Show Letter - Spanish](#)

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### Submit a Story

Do you have good news to share about a student, staff member, team or club? The district is always looking for opportunities to share school-community connections! Use this [Google Form](#) to tell us about it. We may feature it in some way on the district's newsletter or social media!

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**Catch a glimpse inside our school on our Instagram page**



strathmore\_school\_aberdeen

🎵 Kidz Korner · Polar Bear Song!



Follow us at [strathmore\\_school\\_aberdeen](https://www.instagram.com/strathmore_school_aberdeen)



## Important Dates

- Monday, February 16: School Closed for Students
- February 16-20: Random Acts of Kindness Week
- Tuesday, February 17: 100th Day of School
- Monday, February 23: BoE Meeting, STES Cafeteria
- Thursday-Friday, February 26-27: School Store
- March 2-6: Read Across America Week
- March 11: Early Dismissal for Parent /Teacher Conferences (pm)
- March 12: Early Dismissal for Parent/Teacher Conferences (afternoon)
- March 17: PK Trimester 2 Ends



- March 23: First Grade field trip
- March 24-25: Book Fair
- March 26: Author Visit
- March 27: Early Dismissal
- March 27: 3rd Grade Spring Dance

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## CONNECTING OUR COMMUNITIES



**Matawan-Aberdeen Regional**  
School District

