

**Fredericksburg ISD
School Health Advisory Council Meeting Minutes
December 3, 2025 4:30pm
Fredericksburg ISD - District Office
110 W Travis St.
Fredericksburg, TX 78624**

SHAC Members Present: David Pedregon, Amy Beicker, Fowlan Allen, Kristi Stafford, and John Willome [note: Kristi had to step out of the meeting at 5:18 for a work emergency, but the meeting maintained a quorum].

SHAC Members Absent: Shelee Padgett, Melanie Gilroy

Staff Present: Sarah Southard, District Coordinator

Others Present: Sergeant Shane Purvis (Fredericksburg Police School Resource Officer)

Agenda Topic
<p>Call to Order: David Pedregon called the meeting to order at 4:33pm. Documentation of Attendance and Quorum: Five of the seven committee members were in attendance. David recognized we had achieved quorum.</p>
<p>Agenda Item #1 – Approval of October 1, 2025, Meeting Minutes John noted before a vote was taken that there was an error in the minutes. Kristi Stafford is listed as absent, but she was present. Fowlan Allen made a motion to accept the minutes with the correction of Kristi Stafford being counted as present. Amy Beicker seconded the motion. The motion passed unanimously.</p>
<p>Agenda Item #2 – Presentation from Fisd School Resource Officers Sgt. Shane Purvis presented on statistical data in the schools with regard student behavior and crime as well as anecdotal information and student behavioral issues. Arrests for vaping and THC in vapes are significantly down from the 2024-25 school year. He mentioned that CBD tends to be the gateway to moving the THC. There was a discussion about Kratom being a dangerous drug available over the counter. It seems to be up and coming as an abused substance. He has developed an education program for parents and students he intends to present several times during the remaining of the school year. Physical assaults seem to be on the rise. Other items such as teen dating violence, sexual assaults, drinking, suicide, and general mental health were discussed. He mentioned the police have access to an app called Pulsara that expedites the assessment of someone who is a danger to themselves or others. No actions were taken by the SHAC from Sgt. Purvis’s report.</p>
<p>Agenda Item #3 – P.A.P.A. (Parenting and Paternity Awareness) This is a program from the Texas Attorney General’s office presented to the SHAC at the SHAC Orientation Training in October. Kristi Stafford has looked into it more, and feels like it is an important program to deliver to our children. It is for all students, but primarily teaches males the responsibilities of being a parent/father.</p> <p>Amy Beicker made a motion to recommend to the Fisd Board that at least one but hopefully multiple staff will go to training for this program so it can be delivered to middle and high school students. Part of the motion was to mention coaches for athletics might be ideal for delivering the material. Fowlan Allen seconded the motion. The motion passed unanimously.</p>
<p>Agenda Item #4 – Discussion of next actions since SHAC Orientation Training David reported that he is planning on visiting with Dr. Joe Rodriguez before his resignation is effective so he can share some of the information we received at the SHAC Orientation Training and determine what topics the SHAC might pursue that would most benefit the board and the district. He will report back at the February meeting. There were no actions taken by the SHAC on this item.</p>
<p>Agenda Item #5 – Next Meeting Dates</p> <ul style="list-style-type: none"> A. Remaining scheduled meetings will be on February 25, 2026, and April 29, 2026. B. David will determine agenda items pursuant to his conversation with Dr. Rodriguez mentioned in Agenda Item #4.
<p>Adjourn John Willome made a motion to adjourn at 5:33. Fowlan Allen Second the motion. The motion passed unanimously.</p>

Respectfully submitted by John Willome on December 4, 2025