


March 2 - March 31



What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 W/G Stuffed Shells -2 w/ Spaghetti Sauce Green Beans -1c Fresh Pear-1 W/G Bread Slice-1 Milk - 8oz	3 W/G Macaroni & Cheese -6oz Diced Carrots - 1 1/4c Fresh Apple-1 W/G Bread Slice-1 Milk - 8oz	4 All Beef Hamburger on Wheat Hamburger Bun-1 Corn -1c Fresh Pear-1 Milk-8oz	5 W/G Chicken Fries-3.5oz Vegetarian Beans -1c Fresh Banana -1 Wheat Dinner Roll-1 Milk - 8oz	6 W/G Turkey & Beef Pepperoni Pizza Pocket -1 Romaine Salad w/ Dressing-2c. Fresh Orange -1 Milk -8oz
9 W/G Mini Cheese Quesadillas - 3 Plantains - 1c Fresh Orange - 1 Milk - 8oz	10 All Beef Hamburger on Wheat Hamburger Bun - 1 Sweet Potato Fries - 1 1/4c Fresh Apple-1 Milk - 8oz	11 Cheese Lasagna with Spaghetti Sauce -4oz Green Beans-1c. Whole Wheat Dinner Roll - 1 Fresh Pear-1 Milk -8oz	12 BREAKFAST FOR LUNCH French Toast Sticks-3 w/Syrup Turkey Sausage Patty -2oz Black Bean & Corn Salad -1c Fresh Banana -1 Milk - 8oz	13 Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-2c. Fresh Orange -1 Milk-8oz.
16 Sliced Turkey with Gravy-3 oz. Mashed Potatoes-1c. Fresh Pear - 1 Wheat Dinner Roll -1 Milk - 8oz	17 W/G Popcorn Chicken-3.8 oz. w/ Sweet & Sour Sauce Vegetarian Beans-1c Fresh Apple-1 Whole Grain Bread - 1 Milk - 8oz	18 W/G Cheese Manicotti-2 w/ Spaghetti Sauce Diced Carrots-1 1/4c. Wheat Dinner Roll - 1 Fresh Pear-1 Milk-8oz	19 Beef Nachos w/ Cheddar Cheese Sauce on W/G Tortilla Scoops -1 Sliced Cucumbers -1c w/ Dip Fresh Banana-1 Milk - 8oz	20 School Closed
23 W/G Chicken Fingers -3 Vegetarian Beans - 1c Whole Grain Bread -1 Fresh Pear - 1 Milk - 8oz	24 W/G Cheese Ravioli w/ Beef Meat Sauce -3oz Corn - 1c Whole Grain Bread - 1 Fresh Apple-1 Milk - 8oz	25 All Beef Italian Wheat Sub-1 (Beef Bologna, Beef Salami, & American Cheese Sub) Sliced Cucumbers -1c w/ Dip Fresh Pear-1 Milk - 8oz	26 Tri Color Tortellini w/ Alfredo Sauce -3oz Diced Carrots - 1 1/4c Wheat Dinner Roll-1 Fresh Banana-1 Milk - 8oz	27 Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-2c. Fresh Orange -1 Milk-8oz.
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