

Harvest of the Month -NY Maple March 18th

NY
FOOD DAYS

As part of the Community Eligibility Provision (CEP), we are pleased to announce that breakfast and lunch will be provided to all students at no charge. Please note that this applies to the first meal only. Any second meals will incur a charge. Enjoy your meals!

MENU

UPK LUNCH



MARCH

Chicken Nuggets 2 Ranch Mashed Potatoes Cinnamon Roasted Pears Fresh Veggies 1% Milk	Rotini with Meat Sauce 3 Garlic Breadstick Baby Carrots Fruits, 1% Milk	Toasted Ham & Cheese Croissant 4 Cucumber Coins Fruits, 1% Milk	Cherry Blossom Chicken 5 Veggie Fried Rice Grape Tomatoes, Fruits 1% Milk, Fortune Chicken Drumstick	French Bread Pizza 6 Fresh Veggie Fruit Cup 1% Milk
Cheeseburger 9 Sweet Potato Wedges 1% Milk, Fruits Cocoa Cherry Brownie Bar	No School 10 Supt. Conf. Day	Macaroni & Cheese 11 Yogurt Cup & Granola Baby Carrots Fruits, 1% Milk	Garlic Knot 12 Fruits, Fresh Veggies, 1 % Milk	Cheese Pizza 13 Fresh Veggie w/ Hummus Fruit Cup 1% Milk
Ziti with Meatballs 16 Garlic Bread Celery Sticks Fruits, 1% Milk	French Toast Sticks 17 Sausage Links Baked Sweet Potato Bites NY Apple Juice & Syrup Cup 1% Milk	Mini Corn Dogs 18 Maple Baked Beans Carrots Fruits, 1% Milk	K-5 Early Release 19 Yogurt Meal Wow Butter Meal Fresh Veggies Fruit Choices & Milk Choice	Personal Cheese Pizza 20 Fresh Veggies Fruit Cup 1% Milk
Mike Wild Bites 23 Fresh Veggie Winter Fruit Salad 1% Milk	Ultimate Nachos 24 (taco meat & cheese) Salsa & Sour Cream Slice Peppers Fruits, 1% Milk	Waffle Chicken Bites 25 Sunrise Waffle Yogurt Cup, 1% Milk Assorted Veggies Juice Cup & Syrup Cup	Chicken Lo Mein & Dumplings 26 Baby Carrots Fruits, 1% Milk Fortune Cookie	Cheese Pizza 27 Fresh Veggie w/ Hummus Fruit Cup 1% Milk
No School 30 Spring Recess	No School 31 Spring Recess	Adirondack Maple in Fonda, NY		

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
 Notice is posted when available.

linqconnect.com

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with
CAPITAL REGION
BOCES
 SHARED FOOD SERVICE PROGRAM