



Demon Speed & Strength

Spring 2026 – students in grades 3-7

DIS Gymnasium: 4:30-5:30 P.M.

Tuesdays & Thursdays:

April 21, 23, 28, 30,

May 5, 7, 12, 14, 19, 21

Attend all 10 sessions: \$100.00

Attend on Tuesdays or Thursdays only \$55.00

Is your child an athlete who is serious about getting faster? No matter what sport your child plays, speed is a game-changer! If so, this is the class for your student-athlete! Kyle Harriger, Owner of *Harriger House Gym* in Westlake, wants your student-athlete to not only get faster and more explosive, but have fun doing it! With the use of age-appropriate drills, exercises, and equipment, Coach Harriger will get your student-athlete to the next level!

If your student is enrolled in Project Link, you may enroll via your [parent portal!](#)

Student's Name _____

Grade _____ School _____ Parent's Names _____

Address _____

Phone #1 _____ Phone #2 _____

Email Address _____

Please make checks/money orders payable to the Westlake Board of Education and submit at the Westlake City Schools Administration Building, or any school office, or Project Link site. [Credit card payments may be submitted via Pay Schools!](#)

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