



# Zionsville Pre-K Menu

2025-2026

**Students may take 3-5 components to make a meal.**

Components are: Entrée (Meat/Meat Alternate and Grain) 1-2 Vegetables, 1-2 Fruits, and a Milk. All meals must include at least 1 Fruit or Vegetable.

**Breakfast Served M – F at: PVE 7:45 – 8:10, All other schools 7:45 - 8:00**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Choice of 1 Entrée: <ul style="list-style-type: none"> <li>• Rotini in Meat Sauce <sup>EW</sup> w/ Garlic Toast <sup>MSW</sup></li> <li>• Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>• Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>• Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>• PB&amp;J Sandwich <sup>PW</sup></li> </ul> Steamed Broccoli Mandarin Oranges 1% White Milk <sup>M</sup>	Choice of 1 Entrée: <ul style="list-style-type: none"> <li>• Chicken Poppers <sup>MSW</sup> w/ Biscuit <sup>MW</sup></li> <li>• Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>• Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>• Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>• PB&amp;J Sandwich <sup>PW</sup></li> </ul> Mashed Potatoes Peaches 1% White Milk <sup>M</sup>	Choice of 1 Entrée: <ul style="list-style-type: none"> <li>• Corn Dog Nuggets <sup>SWE</sup></li> <li>• Grilled Cheese <sup>MSW</sup></li> <li>• Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>• Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>• PB&amp;J Sandwich <sup>PW</sup></li> </ul> BBQ Baked Beans Applesauce 1% White Milk <sup>M</sup>	Choice of 1 Entrée: <ul style="list-style-type: none"> <li>• French Toast Sticks <sup>MESW</sup> w/Pork Sausage</li> <li>• Grilled Cheese <sup>MSW</sup></li> <li>• Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>• Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>• PB&amp;J Sandwich <sup>PW</sup></li> </ul> Tri-Taters Apple Slices 1% White Milk <sup>M</sup>	Choice of 1 Entrée: <ul style="list-style-type: none"> <li>• Deep Dish Pizza <sup>MSW</sup></li> <li>• Grilled Cheese <sup>MSW</sup></li> <li>• Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>• Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>• PB&amp;J Sandwich <sup>PW</sup></li> </ul> Baby Carrots Fruit Cocktails 1% White Milk <sup>M</sup>
9	10	11	12	13
Choice of 1 Entrée: <ul style="list-style-type: none"> <li>• All Beef Hot Dog on Bun <sup>W</sup></li> <li>• Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>• Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>• Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>• PB&amp;J Sandwich <sup>PW</sup></li> </ul> BBQ Baked Beans Mandarin Oranges 1% White Milk <sup>M</sup>	Choice of 1 Entrée: <ul style="list-style-type: none"> <li>• Pizza Cheese Crunchers <sup>MW</sup></li> <li>• Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>• Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>• Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>• PB&amp;J Sandwich <sup>PW</sup></li> </ul> Steamed Carrots Fruit Cocktail 1% White Milk <sup>M</sup>	Choice of 1 Entrée: <ul style="list-style-type: none"> <li>• All Beef Cheeseburger <sup>MS</sup> or Hamburger on Bun <sup>W</sup></li> <li>• Grilled Cheese <sup>MSW</sup></li> <li>• Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>• Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>• PB&amp;J Sandwich <sup>PW</sup></li> </ul> Steamed Corn Pears 1% White Milk <sup>M</sup>	Choice of 1 Entrée: <ul style="list-style-type: none"> <li>• Chicken Nuggets <sup>MSW</sup> w/ Corn Muffin <sup>MEW</sup></li> <li>• Grilled Cheese <sup>MSW</sup></li> <li>• Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>• Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>• PB&amp;J Sandwich <sup>PW</sup></li> </ul> Green Beans Apple Slices 1% White Milk <sup>M</sup>	Choice of 1 Entrée: <ul style="list-style-type: none"> <li>• Cereal Bowl <sup>VARIES</sup> w/Pork Sausage Patty</li> <li>• Grilled Cheese <sup>MSW</sup></li> <li>• Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>• Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>• PB&amp;J Sandwich <sup>PW</sup></li> </ul> Tri-Taters Peaches 1% White Milk <sup>M</sup>

**Allergen Legend:**


W – Contains Wheat	SF – Contains Shellfish
S – Contains Soy	T – Contains Tree Nuts
M – Contains Milk/Dairy	P – Contains Peanuts
E – Contains Eggs	F – Contains Fish
SS – Contains Sesame	

GF – Naturally Gluten Free (Packaged in kitchens that prepare items containing gluten.)  
 Please speak with your school's café manager to obtain a Special Dietary Needs Medical Form if your child requires a special menu or meal modification due to a disability or impairment.

**Pricing**

1 Student Lunch	\$2.65
1 Student Reduced Lunch	\$0.40
Adult Purchases	A la Carte
Milk	\$0.65

**Additional items beyond the first meal are charged as a la carte.**

<p>16</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>• Bosco Bread Sticks <sup>MSW</sup></li> <li>• Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>• Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>• Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>• PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Steamed Corn Mandarin Oranges 1% White Milk <sup>M</sup></p>	<p>17</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>• Waffles <sup>MESW</sup> w/Cheese</li> <li>• Omelet <sup>ME</sup></li> <li>• Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>• Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>• Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>• PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Emoticons Peaches 1% White Milk <sup>M</sup></p>	<p>18</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>• Breaded Chicken Sandwich <sup>MSW</sup> on Bun <sup>W</sup></li> <li>• Grilled Cheese <sup>MSW</sup></li> <li>• Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>• Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>• PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Steamed Peas and Carrots Pears 1% White Milk <sup>M</sup></p>	<p>19</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>• Walking Taco</li> <li>• Grilled Cheese <sup>MSW</sup></li> <li>• Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>• Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>• PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Baby Carrots Apple Slices 1% White Milk <sup>M</sup></p>	<p>20</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>• 4X6 Pizza <sup>MSW</sup></li> <li>• Grilled Cheese <sup>MSW</sup></li> <li>• Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>• Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>• PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Cucumber Slices Pineapple 1% White Milk <sup>M</sup></p>
<p>23</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>• Rotini in Meat Sauce <sup>EW</sup> w/ Garlic Toast <sup>MSW</sup></li> <li>• Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>• Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>• Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>• PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Steamed Broccoli Mandarin Oranges 1% White Milk <sup>M</sup></p>	<p>24</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>• Chicken Poppers <sup>MSW</sup> w/ Biscuit <sup>MSW</sup></li> <li>• Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>• Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>• Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>• PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Mashed Potatoes Peaches 1% White Milk <sup>M</sup></p>	<p>25</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>• French Toast Sticks <sup>MESW</sup> w/Pork Sausage</li> <li>• Grilled Cheese <sup>MSW</sup></li> <li>• Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>• PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Tri-Taters Pears 1% White Milk <sup>M</sup></p>	<p>26</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>• All Beef Hot Dog on Bun <sup>W</sup></li> <li>• Grilled Cheese <sup>MSW</sup></li> <li>• Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>• PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>BBQ Baked Beans Applesauce 1% White Milk <sup>M</sup></p>	<p>27</p> 

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Visit the Food Service link at [www.zcs.k12.in.us](http://www.zcs.k12.in.us) where you will find info on:

- Contact names
- Meal assistance
- Nutritional / allergen information
- Cafeteria pricing
- School Pay and More

➤ You can also learn about our **ZCS Family Portal** where you can view current balances, food purchase histories and MORE! ◀