



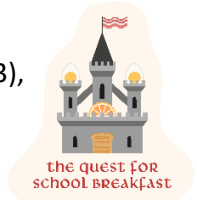
# Zionsville Elementary School Menu

2025-2026

**Students may take 3-5 components to make a meal.**

Components are: Entrée (Meat/Meat Alternate and Grain) 1-2 Vegetables, 1-2 Fruits, and a Milk. All meals must include at least 1 Fruit or Vegetable.

Join us for National School Breakfast Week, March 2nd – 6th! Special items include: Strawberry Milk (3/3), Mandarin Orange Yogurt Parfaits (3/4) and Fresh Baked Cinnamon Rolls (3/6)



**Breakfast Served M – F at: PVE 7:45 – 8:10, All other schools 7:45 - 8:00**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Choice of 1 Entrée: <ul style="list-style-type: none"> <li>Rotini in Meat Sauce <sup>EW</sup>w/ Garlic Toast <sup>MSW</sup></li> <li>Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> Choice of 1 or 2 Vegetables: <ul style="list-style-type: none"> <li>Steamed Broccoli</li> <li>100% Vegetable Juice</li> <li>Salsa Cups</li> </ul> Choice of 1 or 2 Fruits: <ul style="list-style-type: none"> <li>Mandarin Oranges</li> <li>Dried Fruits</li> <li>100% Fruit Juice</li> </ul> Choice of 1 Milk: <ul style="list-style-type: none"> <li>Milk Variety <sup>M</sup></li> </ul>	Choice of 1 Entrée: <ul style="list-style-type: none"> <li>Chicken Poppers <sup>MSW</sup> w/ Biscuit <sup>MW</sup></li> <li>Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> Choice of 1 or 2 Vegetables: <ul style="list-style-type: none"> <li>Mashed Potatoes <sup>M</sup></li> <li>100% Vegetable Juice</li> <li>Salsa Cups</li> </ul> Choice of 1 or 2 Fruits: <ul style="list-style-type: none"> <li>Peaches</li> <li>Dried Fruits</li> <li>100% Fruit Juice</li> </ul> Choice of 1 Milk: <ul style="list-style-type: none"> <li>Milk Variety <sup>M</sup></li> </ul>	Choice of 1 Entrée: <ul style="list-style-type: none"> <li>Corn Dog Nuggets <sup>SWE</sup></li> <li>Grilled Cheese <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> Choice of 1 or 2 Vegetables: <ul style="list-style-type: none"> <li>BBQ Baked Beans</li> <li>Assorted Fresh Vegetables</li> <li>Mixed Greens Salad</li> <li>Salsa Cups</li> </ul> Choice of 1 or 2 Fruits: <ul style="list-style-type: none"> <li>Applesauce</li> <li>Assorted Fresh Fruits</li> <li>Dried Fruits</li> </ul> Choice of 1 Milk: <ul style="list-style-type: none"> <li>Milk Variety <sup>M</sup></li> </ul>	Choice of 1 Entrée: <ul style="list-style-type: none"> <li>French Toast Sticks <sup>MESW</sup> w/Pork Sausage</li> <li>Grilled Cheese <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> Choice of 1 or 2 Vegetables: <ul style="list-style-type: none"> <li>Tri-Taters</li> <li>Assorted Fresh Vegetables</li> <li>Mixed Greens Salad</li> <li>Salsa Cups</li> </ul> Choice of 1 or 2 Fruits: <ul style="list-style-type: none"> <li>Pears</li> <li>Assorted Fresh Fruits</li> <li>Dried Fruits</li> </ul> Choice of 1 Milk: <ul style="list-style-type: none"> <li>Milk Variety <sup>M</sup></li> </ul>	Choice of 1 Entrée: <ul style="list-style-type: none"> <li>Deep Dish Pizza <sup>MSW</sup></li> <li>Grilled Cheese <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> Choice of 1 or 2 Vegetables: <ul style="list-style-type: none"> <li>Green Beans</li> <li>Assorted Fresh Vegetables</li> <li>Mixed Greens Salad</li> <li>Salsa Cups</li> </ul> Choice of 1 or 2 Fruits: <ul style="list-style-type: none"> <li>Fruit Cocktail</li> <li>Assorted Fresh Fruits</li> <li>Dried Fruits</li> </ul> Choice of 1 Milk: <ul style="list-style-type: none"> <li>Milk Variety <sup>M</sup></li> </ul>
9	10	11	12	13
Choice of 1 Entrée: <ul style="list-style-type: none"> <li>All Beef Hot Dog on Bun <sup>W</sup></li> <li>Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> Choice of 1 or 2 Vegetables: <ul style="list-style-type: none"> <li>BBQ Baked Beans</li> <li>100% Vegetable Juice</li> <li>Salsa Cups</li> </ul> Choice of 1 or 2 Fruits: <ul style="list-style-type: none"> <li>Mandarin Oranges</li> <li>Dried Fruits</li> <li>100% Fruit Juice</li> </ul> Choice of 1 Milk: <ul style="list-style-type: none"> <li>Milk Variety <sup>M</sup></li> </ul>	Choice of 1 Entrée: <ul style="list-style-type: none"> <li>Pizza Cheese Crunchers <sup>MW</sup></li> <li>Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> Choice of 1 or 2 Vegetables: <ul style="list-style-type: none"> <li>Steamed Carrots</li> <li>100% Vegetable Juice</li> <li>Salsa Cups</li> </ul> Choice of 1 or 2 Fruits: <ul style="list-style-type: none"> <li>Fruit Cocktail</li> <li>100% Fruit Juice Slushie</li> <li>Dried Fruits</li> </ul> Choice of 1 Milk: <ul style="list-style-type: none"> <li>Milk Variety <sup>M</sup></li> </ul>	Choice of 1 Entrée: <ul style="list-style-type: none"> <li>All Beef Cheeseburger <sup>MS</sup> or Hamburger on Bun <sup>W</sup></li> <li>Grilled Cheese <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> Choice of 1 or 2 Vegetables: <ul style="list-style-type: none"> <li>Steamed Corn</li> <li>Relish Boats</li> <li>Assorted Fresh Vegetables</li> <li>Mixed Greens Salad</li> <li>Salsa Cups</li> </ul> Choice of 1 or 2 Fruits: <ul style="list-style-type: none"> <li>Pears</li> <li>Assorted Fresh Fruits</li> <li>Dried Fruits</li> </ul> Choice of 1 Milk: <ul style="list-style-type: none"> <li>Milk Variety <sup>M</sup></li> </ul>	Choice of 1 Entrée: <ul style="list-style-type: none"> <li>Chicken Nuggets <sup>MSW</sup> w/ Corn Muffin <sup>MEW</sup></li> <li>Grilled Cheese <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> Choice of 1 or 2 Vegetables: <ul style="list-style-type: none"> <li>Green Beans</li> <li>Assorted Fresh Vegetables</li> <li>Mixed Green Salad</li> <li>Salsa Cups</li> </ul> Choice of 1 or 2 Fruits: <ul style="list-style-type: none"> <li>Pineapple</li> <li>Assorted Fresh Fruits</li> <li>Dried Fruits</li> </ul> Choice of 1 Milk: <ul style="list-style-type: none"> <li>Milk Variety <sup>M</sup></li> </ul>	Choice of 1 Entrée: <ul style="list-style-type: none"> <li>Cereal Bowl <sup>VARIES</sup> w/Pork Sausage Patty</li> <li>Grilled Cheese <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> Choice of 1 or 2 Vegetables: <ul style="list-style-type: none"> <li>Tri-Taters</li> <li>Assorted Fresh Vegetables</li> <li>Mixed Green Salad</li> <li>Salsa Cups</li> </ul> Choice of 1 or 2 Fruits: <ul style="list-style-type: none"> <li>Peaches</li> <li>Assorted Fresh Fruits</li> <li>Dried Fruits</li> </ul> Choice of 1 Milk: <ul style="list-style-type: none"> <li>Milk Variety <sup>M</sup></li> </ul>

**Allergen Legend:**


- W – Contains Wheat
- S – Contains Soy
- M – Contains Milk/Dairy
- E – Contains Eggs
- SS – Contains Sesame
- GF – Naturally Gluten Free (Packaged in kitchens that prepare items containing gluten.)
- SF – Contains Shellfish
- T – Contains Tree Nuts
- P – Contains Peanuts
- F – Contains Fish

Please speak with your school's café manager to obtain a Special Dietary Needs Medical Form if your child requires a special menu or meal modification due to a disability or impairment.

**Pricing**

- 1 Student Lunch \$2.65
- 1 Student Reduced Lunch \$0.40
- Adult Purchases A la Carte
- Milk \$0.65

**Additional items beyond the first meal are charged as a la carte.**

<p>16</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>Bosco Bread Sticks <sup>MW</sup></li> <li>Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> <li>Steamed Corn</li> <li>100% Vegetable Juice</li> <li>Salsa Cups</li> </ul> <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> <li>Mandarin Oranges</li> <li>Dried Fruits</li> <li>100% Fruit Juice</li> </ul> <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> <li>Milk Variety <sup>M</sup></li> </ul>	<p>17</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>Waffles <sup>MESW</sup> w/Cheese</li> <li>Omelet <sup>ME</sup></li> <li>Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> <li>Emotions</li> <li>100% Vegetable Juice</li> <li>Salsa Cups</li> </ul> <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> <li>Peaches</li> <li>Dried Fruits</li> <li>100% Fruit Juice</li> </ul> <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> <li>Milk Variety <sup>M</sup></li> </ul>	<p>18</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>Breaded Chicken Sandwich <sup>MSW</sup> on Bun <sup>w</sup></li> <li>Grilled Cheese <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> <li>Steamed Peas and Carrots</li> <li>Relish Boat</li> <li>Assorted Fresh Vegetables</li> <li>Mixed Greens Salad</li> <li>Salsa Cups</li> </ul> <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> <li>Pears</li> <li>Assorted Fresh Fruits</li> <li>Dried Fruits</li> </ul> <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> <li>Milk Variety <sup>M</sup></li> </ul>	<p>19</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>Walking Taco</li> <li>Grilled Cheese <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> <li>Refried Beans</li> <li>Fiesta Relish Boat</li> <li>Assorted Fresh Vegetables</li> <li>Mixed Greens Salad</li> <li>Salsa Cups</li> </ul> <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> <li>Applesauce</li> <li>Assorted Fresh Fruits</li> <li>Dried Fruits</li> </ul> <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> <li>Milk Variety <sup>M</sup></li> </ul>	<p>20</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>4X6 Pizza <sup>MW</sup></li> <li>Grilled Cheese <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> <li>Steamed California Blend</li> <li>Assorted Fresh Vegetables</li> <li>Mixed Greens Salad</li> <li>Salsa Cups</li> </ul> <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> <li>Pineapple</li> <li>Assorted Fresh Fruits</li> <li>Dried Fruits</li> </ul> <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> <li>Milk Variety <sup>M</sup></li> </ul>
<p>23</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>Rotini in Meat Sauce <sup>EW w/</sup> Garlic Toast <sup>MSW</sup></li> <li>Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> <li>Steamed Broccoli</li> <li>100% Vegetable Juice</li> <li>Salsa Cups</li> </ul> <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> <li>Mandarin Oranges</li> <li>Dried Fruits</li> <li>100% Fruit Juice</li> </ul> <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> <li>Milk Variety <sup>M</sup></li> </ul>	<p>24</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>Chicken Poppers <sup>MSW w/</sup> Biscuit <sup>MW</sup></li> <li>Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> <li>Mashed Potatoes <sup>M</sup></li> <li>100% Vegetable Juice</li> <li>Salsa Cups</li> </ul> <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> <li>Peaches</li> <li>Dried Fruits</li> <li>100% Fruit Juice</li> </ul> <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> <li>Milk Variety <sup>M</sup></li> </ul>	<p>25</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>French Toast Sticks <sup>MESW</sup> w/Pork Sausage</li> <li>Grilled Cheese <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> <li>Tri-Taters</li> <li>Assorted Vegetables</li> <li>Salsa Cups</li> </ul> <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> <li>Pears</li> <li>Assorted Fruits</li> <li>Dried Fruits</li> </ul> <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> <li>Milk Variety <sup>M</sup></li> </ul>	<p>26</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>All Beef Hot Dog on Bun <sup>w</sup></li> <li>Grilled Cheese <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> <li>BBQ Baked Beans</li> <li>Assorted Vegetables</li> <li>Salsa Cups</li> </ul> <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> <li>Applesauce</li> <li>Assorted Fruits</li> <li>Dried Fruits</li> </ul> <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> <li>Milk Variety <sup>M</sup></li> </ul>	<p>27</p> 

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Adult Purchases	A la Carte
Milk	\$0.65

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Visit the Food Service link at [www.zcs.k12.in.us](http://www.zcs.k12.in.us) where you will find info on:

- Contact names
- Meal assistance
- Nutritional / allergen information
- Cafeteria pricing
- School Pay and More

➤ You can also learn about our **ZCS Family Portal** where you can view current balances, food purchase histories and MORE! ➤