

January 2026

Breakfast

Stay
WARM



Monday

Tuesday

Wednesday

Thursday

Friday



IT'S COLD
outside

1
Winter Break
Vacaciones de
Invierno

2
Winter Break
Vacaciones de
Invierno

5
Whole Grain
Belgian
Waffle(25g)
Syrup(30g)
Fruit / Milk

6
Cheese
Omelet(3g)
Hashbrowns(13g)
Fruit / Milk

7
Concha(34g)
Fruit
Milk

8
Fruit
Smoothie(30g)
Scooby Snacks
Fruit / Milk

9
Baked Muffin(35g)
Fruit
Milk

12
Whole Grain
Cereal
Fruit
Milk

13
Strawberry
Scone(25g)
Fruit
Milk

14
Concha(34g)
Fruit
Milk

15
Scrambled
Eggs(2g)
Hashbrowns(13g)
Fruit / Milk

16
Muffin(35g)
String Cheese(1g)
Fruit
Milk

19
NO SCHOOL
NO ESCUELA

20
Muffin(35g)
String Cheese(1g)
Fruit
Milk

21
Concha(34g)
Fruit
Milk

22
Parfaits(25g)
Granola
Fruit
Milk

23
Whole Grain
Pancakes(15g)
Syrup(30g)
Fruit / Milk

26
Cinnamon
Bun(25g)
Fruit
Milk

27
Churro((25g)
Chocolate
spread(15g)
Fruit / Milk

28
Concha(34g)
Fruit
Milk

29
Egg Bites(2g)
Hashbrowns(13g)
Fruit
Milk

30
Bagel(30g)
Cream
Cheese(15g)
Fruit / Milk



January 2026

Lunch

Stay
WARM



Monday

Tuesday

Wednesday

Thursday

Friday



IT'S COLD
outside

Winter Break
Vacaciones de
Invierno

Winter Break
Vacaciones de
Invierno

Alfredo pasta(35g) ⁵
Fruit
Veggies
Milk

Crunchy
Tacos(13g) ⁶
Fruit / Veggies
Milk

Cheese Pizza(22g) ⁷
Fruit
Veggies
Milk

Hamburger(30g) ⁸
Fries(25g)
Fruit / Veggies
Milk

Chicken Noodle
Soup(15g) ⁹
Fruit / Veggies
Milk

Lasagna(19g) ¹²
Corn Bread(10g)
Fruit / Veggies
Milk

Chicken
Tamales(25g) ¹³
Fruit / Veggies
Milk

Pepperoni
Pizza(22g) ¹⁴
Fruit / Veggies
Milk

Breaded Chicken ¹⁵
Sandwich(35g)
Fruit / Veggies
Milk

Hot Dog(15g) ¹⁶
Tater Tots(15g)
Fruit / Veggies
Milk

 ¹⁹
NO SCHOOL
NO ESCUELA

Pupusas(20g) ²⁰
Fruit
Veggies
Milk

Cheese Pizza(22g) ²¹
Fruit
Veggies
Milk

Chicken
Tenders(16g) ²²
Cheez - Its
Fruit/Veggie/Milk

Pozole (25g) ²³
Chips(15g)
Fruit / Veggies
Milk

Spaghetti(26g) ²⁶
Fruit
Veggies
Milk

Mozzarella Bread ²⁷
Sticks(23g)
Marinara Sauce
Fruit/Veggie/Milk

Pepperoni
Pizza(22g) ²⁸
Fruit / Veggies
Milk

Walking Taco(1g) ²⁹
Fruit
Veggie
Milk

Orange
Chicken(25g) ³⁰
Veggie Egg
Roll(15g)
Fruit/Veggie/Milk

