



Good morning Thunderbirds, this is *(insert name here)*. Please stand for the pledge of allegiance. Salute, pledge. (Pledge is on second shelf below the phone) And now for some announcements:

- Good morning from your favorite five-star establishment, the cafeteria! Breakfast is a sausage breakfast sandwich—warm, toasty, and significantly more reliable than your alarm clock. For lunch, we're serving up a pepperoni bagel pizza, because sometimes you want pizza but also want to feel like you made a breakfast decision. It's a win-win!
- Cheer Tryouts for the 2026/2027 school year will be March 24th-28th, you must have a Current physical & a cheer packet filled out to participate, cheer packets are available in the attendance office.
- Happy Black History Month T-Birds! Did you know? Shirley Chisholm was the first Black woman elected to the U.S. Congress and the first Black woman to run for president. She was known for her fearless leadership and independence. "If they don't give you a seat at the table, bring a folding chair." - Shirley Chisholm Happy Black History Month!
- Everyone deserves a safe and healthy relationship. February is teen dating violence awareness month. Every day we will be announcing a fact and info on dating violence and healthy relationships. If you know someone that needs help, please reach out to Catalyst. Today's info: Not all conflict is abuse. In fact, arguments and disagreements are a normal part of any healthy relationship. However, relationships should be happy and peaceful more often than they're tense and difficult. If you're spending most of the relationship fighting and upset, it may be time to take a step back and ask yourself if your needs are still being met.
- If you are a senior and you are interested in going on the senior trip to Six Flags in May, please sign up on the sign-up sheet in the principals office and grab a permission slip by March 20th, or you may be left out.
- Hello everyone! Asian Club is doing pre-order eggrolls again, our last fundraiser for this year. Members will come around to take your orders or you can come and order in person in room 1017. Thank you for your support!
- Congratulations to Maddix Ball for being named the Las Plumas Taco Bell Athlete of The Week. Maddix gives 100% to her cheer team and her coaches every time she steps onto the mat. She competes with dedication and resilience. Most recently she battled through an injury to help her team capture another JAMZ National Title competition in Las Vegas.

RECURRING LUNCH MEETINGS:

MONDAY: BSU Club Rm 622; Monday: Gaming Club meeting tomorrow @ lunch in Room 103.

TUESDAY: Gaming Club Rm 103; The Movement Youth Christian Club in room 622.

WEDNESDAY:

THURSDAY: Asian Club Rm 1017; Art Club Meeting in Room 1505. Action Now meeting in room 631.

FRIDAY: Anime Club Rm 1500;

Weekly Tutoring:

Monday: Tutoring: Math in rm. 610 & 620 from 3:30-5PM; English in Rm 631 from 3:30-4:30; Science in Rm 215 3:30-4:30.

Tuesday Tutoring: Math in rm. 619 from 3:30-5; English in Rm 632 from 3:30-4:30; Science in Rm 215 from 3:30-4:30.

Wednesday: Tutoring: English in Rm 631 from 3:30-4:30;

Thursday: Math tutoring in rm. 619 from 3:30-5 and English in Rm. 632 from 3:30-4:30

Friday: