

# Lunch Menu

North Merrick Elementary Schools

March 2026

WHITSONS FAMILY OF COMPANIES  
WWW.WHITSONS.COM

## Monday

## Tuesday

## Wednesday


## Thursday


## Friday

2 Grilled Cheese Sandwich  
Meltdown Café   
Sweet Corn  
Chilled Red Pepper Strips  
Apple Slices






3 General Tso's Chicken  
Vegetable Fried Rice  
Roasted Broccoli  
Celery  
Sliced Oranges

4 French Toast   
Sausage Patty  
Crispy Potato Puffs  
Baby Carrots  
Fresh Banana



5 Meatball Hero  
Steamed Carrots  
Confetti Garbanzo Bean  
Salad  
Apple Slices



6 Classic Cheese Pizza   
Or Pepperoni Pizza   
Garden Salad  
Cucumber Coins  
Fresh Pear



9 Mozzarella Sticks   
With Marinara Sauce Dip  
Green Beans  
Chilled Red Pepper Strips  
Apple Slices



10 Nachos Grande  
Yellow Seasoned Rice  
With Mild Salsa  
And Sour Cream  
Buttered Corn  
Confetti Black Bean Salad  
Sliced Oranges

11 Crispy Chicken Sandwich  
Oven Baked Fries  
Baby Carrots  
Fresh Banana


SCHOOL CLOSED TODAY

13 Classic Cheese Pizza   
Or Pepperoni Pizza   
Spinach Salad  
Grape Tomatoes  
Fresh Pear

16 Homemade Baked Pasta  
with Cheese   
Homemade Garlic Bread  
Steamed Broccoli  
Baby Carrots  
Apple Slices



17 Baked Chicken Tenders  
Seasoned Rice  
With BBQ Sauce  
Or Hot Sauce  
Roasted Butternut Squash  
Celery  
Sliced Oranges

18 Two Cheese Quesadilla   
With Mild Salsa  
And Sour Cream  
Buttered Corn  
Confetti Black Bean Salad  
Fresh Banana

STUDENT APPRECIATION DAY

19 Crispy Chicken Drumstick  
Seasoned Rice  
Mixed Vegetables  
Chilled Red Pepper Strips  
Apple Slices

SCHOOL CLOSED TODAY

23 Cheesy Stuffed Bread  
Sticks   
With Marinara Sauce Dip  
Green Beans  
Chilled Red Pepper Strips  
Apple Slices



24 Soft Tacos  
With Mild Salsa  
And Sour Cream  
Buttered Corn  
Confetti Black Bean Salad  
Sliced Oranges


25 Cheeseburger  
Or NY Beef Burger  
Sweet Potato Fries  
Fresh Cucumber Salad  
Fresh Banana



26 Chicken Lo Mein   
Steamed Broccoli  
Baby Carrots  
Apple Slices

LUCKY TRAY DAY!

27 Classic Cheese Pizza   
Or Pepperoni Pizza   
Garden Salad  
Celery  
Fresh Pear

30 Homemade Mac & Cheese   
Roasted Broccoli  
Cucumber Coins  
Apple Slices



31 Wing Shack Chicken Wings  
Or Wing Shack Classic  
Buffalo Chicken Wings  
Or Wing Shack BBQ Style  
Chicken Wings  
Whole Wheat Dinner Roll  
Sauteed Zucchini  
Celery  
Sliced Oranges

HARVEST of the month chickpeas



FREE Lunch FOR EVERY STUDENT every day



SAFARI an adventure in healthy eating



View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.




\*\*Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Each student is entitled to one complete breakfast and one complete lunch per day at no cost  
Adult Lunch \$5.29 + Tax Lunch served with choice of grains, Meat/meat alternative assorted fruit choices and milk

Choice of FF, 1% White Milk or Fat Free Chocolate with meal  
Available Daily: Chicken Nuggets with WG Roll, Assorted Garden Salad w/ Grain & Shredded Cheese or Chicken, Assorted Sandwiches, Bagel or Pretzel Lunch w/ Cheese Stick & Yogurt. Fruity Yogurt Parfaits with Granola  
Fresh Fruit (Apple, Orange, Pear) and 100% Fruit Juice (Apple, Fruit Punch, Orange Tangerine) Assorted Fresh Vegetables Assorted Condiments. Any Question or Concerns Please Call The School Lunch Office 1-516-282-1882

 Vegetarian  Made With Natural Ingredients  Pork  Smart Choice  Made With Organic Ingredients