

ADOLESCENTS AND ADDICTION: **WHY THE TEEN BRAIN IS VULNERABLE**



Caron's Brain Drain presentation provides current research-based information about substance use and addiction.

Brain Drain is a highly interactive presentation for children and teens in grades 5 to 12. Each presentation is tailored to be age appropriate.

The program format is engaging and experiential with didactic instruction as well as activities for student participation. It is best used with smaller groups to allow participants to ask questions in a more intimate, confidential setting.

Presentation Objectives

- Familiarize participants with parts of the brain and how they function.
- Identify drugs that are abused and their specific impact on a developing brain.
- Explain the concept of addiction and a young person's heightened vulnerability.
- Dispel myths surrounding certain drugs.
- Highlight the importance of remaining substance free.
- Encourage dialogue on where and who to reach out to for support.

Brain Drain is:

- Age-appropriate
- Engaging
- Experiential
- Informative
- Interactive

"[Our school] was fortunate enough to participate in the presentation of "Brain Drain." Caron's Student Assistance Program provided a highly interactive forum in which the students learned research based information on various drugs and their impact on the developing brain/body. The dialogue also encompassed dispelling myths and supporting students to remain substance free. We would like to thank you for providing such an important resentation for our youth."

- High School Teacher