

Social Work Matters



Fostering the connection between home, community, and school.

NOVEMBER 2021

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HABIT 2: BEGIN WITH THE END IN MIND

by Kris Ermeti, MSW, LCSW

Dear School City of Mishawaka Families,
By now your child has shared some of their "habit knowledge" with you. We encourage our students to practice the habits when at school and at home and we value you as your child's first teacher. Oftentimes it's easy to assume that teachers are the only ones who are responsible for a student's academic and social success in school. As a parent of a Leader in Me student "in training", we believe that you are a valuable member of our Learning Team. Research shows that when parents are engaged in their student's education, the student's success, academically and behaviorally, increases significantly. Please enjoy this month's habit activity with your future leader!

- SCM Social Work Team

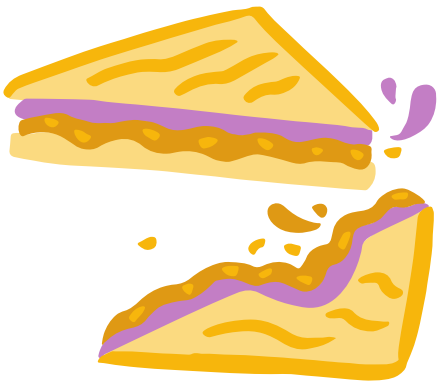


Make a Plan and Reach your Goal

HABIT 2 FAMILY ACTIVITY

Ask your child to write directions on how to make a peanut butter and jelly sandwich. Encourage them to imagine that they are writing the directions for someone who has never made a peanut butter and jelly sandwich and you want them to be successful. Explain that this is a quick activity, 5 minutes, and then can write them in bullet points or paragraph format.

The fun part is following your child's instructions, exactly, and hopefully you will be enjoying a delicious PB & J!



Holiday Happenings

November is when SCM begins to kick off a variety of holiday related activities. One of our favorites, is the annual MHS Food Drive, which begins mid-November. Each school designates a start date to begin collecting non-perishable food items and toiletries. Be on the lookout for communication from your child's school in the next several weeks.



Resources

Please contact your school's social worker if you are interested in receiving weekend food packs, clothing, and/or school supplies. Your school social worker is able to provide referrals to a community resources if a need arises.