

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

Menu Name: AFTERSCHOOL SNACK Include Cost: No  
 Site:  
 Use Alternate Menu Name: No

### Monday - 03/02/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991223 CHIPS, DORITOS CHILI	1oz	1	2	3	*N/A*	*N/A*	0.07	0.00	0	0.28	0.03	0.03
991224 JUICE, GRAPE (6 Oz)	6 oz	1	2	0	0.57	*N/A*	0.00	0.00	0	0.61	0.00	0.00
Weighted Daily Average			4	3	*0.57	*N/A*	0.07	0.00	0	0.89	0.03	0.03
% of Calories					*57.00 %	*N/A*	15.8%	0.0%		89.0%		3.0%
Weekly Nutrient Guideline			0 - 0			<0						

### Tuesday - 03/03/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991242 STRAWBERRY, FROZEN 3/4c SNACK	3/4 cup	1	2880	48	624.00	384.00	0.00	0.00	0	720.00	96.00	48.00
991217 Yogurt, Vanilla 4oz	4 OZ	1	260	90	30.06	23.96	8.99	0.00	41	42.04	0.00	4.00
Weighted Daily Average			3140	138	654.06	407.96	8.99	0.00	41	762.04	96.00	52.00
% of Calories					83.32%	51.97%	2.6%	0.0%		97.1%		6.6%
Weekly Nutrient Guideline			0 - 0			<0						

### Wednesday - 03/04/2026 Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	115	115	6.36	6.36	3.18	0.00	0	21.64	1.27	1.27
991190 PINEAPPLE, DICED 3/4C	3/4 cup	1	3	0	0.58	*N/A*	0.00	0.00	0	0.71	0.04	0.00
Weighted Daily Average			117	115	6.95	*6.36	3.18	0.00	0	22.34	1.32	1.27
% of Calories					23.76%	*21.74 %	24.5%	0.0%		76.4%		4.3%
Weekly Nutrient Guideline			0 - 0			<0						

### Thursday - 03/05/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990276 CHIPS, TORTILLA IND. BAGS	1 BAG	1	210	170	0.00	*N/A*	12.00	0.00	0	25.00	2.00	3.00
991235 CUCUMBER 3/4C Snacks	3/4 cup	1	10	2	*N/A*	*N/A*	0.08	*N/A*	0	2.26	0.47	0.39
991073 DRESSING, RANCH 1 OZ SERVINGS	1oz PORTION	1	79	264	1.10	*N/A*	7.80	0.12	6	1.87	0.09	0.60
Weighted Daily Average			299	436	*1.10	*N/A*	19.87	*0.12	6	29.13	2.56	3.99
% of Calories					*1.47%	*N/A*	59.8%	*0.4%		39.0%		5.3%
Weekly Nutrient Guideline			0 - 0			<0						

### Friday - 03/06/2026

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991215 JUICE, APPLE 6 oz	6 oz	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
991231 Chex Mix Strawb	1.03 OZ	1	2	1	0.10	*N/A*	0.05	0.00	0	0.38	0.03	0.03
Weighted Daily Average			2	1	0.10	*0	0.05	0.00	0	0.38	0.03	0.03
% of Calories					20.00%	*0%	22.5%	0.0%		76.0%		6.0%
Weekly Nutrient Guideline			0 - 0			<0						

### Monday - 03/09/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991221 CHIPS, CHEETOS BAKED	.85	1	0	0	0.00	*N/A*	0.00	0.00	0	0.00	0.00	0.00
991222 JUICE, FRUIT (6OZ)	6 oz	1	2	0	0.43	*N/A*	0.00	0.00	0	0.46	0.00	0.00
Weighted Daily Average			2	0	0.43	*N/A*	0.00	0.00	0	0.46	0.00	0.00
% of Calories					86.00%	*N/A*	0.0%	0.0%		92.0%		0.0%
Weekly Nutrient Guideline			0 - 0			<0						

### Tuesday - 03/10/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7.00	*N/A*	3.00	0.00	0	20.00	2.00	2.00

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991238 APPLE SLICE 3/4C	3/4 cup	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			110	100	7.00	*0	3.00	0.00	0	20.00	2.00	2.00
% of Calories					25.45%	*0%	24.5%	0.0%		72.7%		7.3%
Weekly Nutrient Guideline			0 - 0			<0						

### Wednesday - 03/11/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991199 CHEESE, STRING CHEDDAR	1oz	1	1	1	0.00	*N/A*	0.05	0.00	0	*N/A*	0.00	0.04
991230 Turkey Stick	.6 OZ	1	70	400	6.00	*N/A*	2.00	0.00	*N/A*	6.00	0.00	*N/A*
991171 CRACKERS, WHEAT 1 OZ	1 BAG	1	91	127	2.03	*N/A*	3.04	0.00	0	15.21	1.01	2.03
Weighted Daily Average			162	528	8.03	*N/A*	5.10	0.00	*0	*21.21	1.01	*2.07
% of Calories					19.83%	*N/A*	28.3%	0.0%		*52.4%		*5.1%
Weekly Nutrient Guideline			0 - 0			<0						

### Thursday - 03/12/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991201 PEAR, DICED	3/4 cup	1	4	0	*N/A*	*N/A*	0.00	0.00	0	1.07	0.15	0.00

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991236 CHEX MIX CHOC	1oz	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			4	0	*0	*0	0.00	0.00	0	1.07	0.15	0.00
% of Calories					*0%	*0%	0.0%	0.0%		107.0%		0.0%
Weekly Nutrient Guideline			0 - 0			<0						

### Friday - 03/13/2026

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991224 JUICE, GRAPE (6 Oz)	6 oz	1	2	0	0.57	*N/A*	0.00	0.00	0	0.61	0.00	0.00
991197 CHIPS, DORITOS NACHOS	1oz	1	2	3	*N/A*	*N/A*	0.07	0.00	0	0.28	0.03	0.03
Weighted Daily Average			4	3	*0.57	*N/A*	0.07	0.00	0	0.89	0.03	0.03
% of Calories					*57.00 %	*N/A*	15.8%	0.0%		89.0%		3.0%
Weekly Nutrient Guideline			0 - 0			<0						

### Monday - 03/16/2026

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991232 CHIPS, SUNCHIPS	1oz	1	141	200	*0.15	*N/A*	8.00	0.00	0	19.17	3.00	2.00

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991215 JUICE, APPLE 6 oz	6 oz	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			141	200	*0.15	*0	8.00	0.00	0	19.17	3.00	2.00
% of Calories					*0.43%	*0%	51.1%	0.0%		54.4%		5.7%
Weekly Nutrient Guideline			0 - 0			<0						

### Tuesday - 03/17/2026

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991206 CRACKERS, CHEE-ZIT	Pack	1	100	150	0.00	*N/A*	3.50	0.00	*N/A*	14.00	1.00	3.00
991208 FRUIT COCKTAIL 3/4C	3/4 cup	1	1	0	0.28	*N/A*	0.00	0.00	0	0.32	0.02	0.00
Weighted Daily Average			101	150	0.28	*N/A*	3.50	0.00	*0	14.32	1.02	3.00
% of Calories					1.11%	*N/A*	31.2%	0.0%		56.7%		11.9%
Weekly Nutrient Guideline			0 - 0			<0						

### Wednesday - 03/18/2026

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991193 Peanut Butter Cup 1oz	1oz	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
991237 RITZ CRACKERS WHOLE GRAIN	6 each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
Weighted Daily Average			*102	*120	*11.11	*0	*2.31	*0.00	*9	*12.03	*0.00	*7.41
% of Calories					*43.57 %	*0%	*20.4%	*0.0%		*47.2%		*29.1%
Weekly Nutrient Guideline			0 - 0			<0						

### Thursday - 03/19/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001515 CARROT STICKS, 3/4 CUP	3/4 cup	1	38	31	*N/A*	*N/A*	0.17	*N/A*	0	8.97	2.65	0.91
990780 DRESSING, RANCH 1oz CUPS	1 oz cup	1	70	125	3.00	*N/A*	6.01	0.00	5	5.01	0.00	0.00
991238 APPLE SLICE 3/4C	3/4 cup	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			108	156	*3.00	*0	6.18	*0.00	5	13.98	2.65	0.91
% of Calories					*11.11 %	*0%	51.5%	*0.0%		51.8%		3.4%
Weekly Nutrient Guideline			0 - 0			<0						

### Friday - 03/20/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991195 CHIPS, FANTASTIX	1oz	1	130	200	*N/A*	*N/A*	5.00	0.00	0	19.00	2.00	2.00

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991222 JUICE, FRUIT (6OZ)	6 oz	1	2	0	0.43	*N/A*	0.00	0.00	0	0.46	0.00	0.00
Weighted Daily Average			132	200	*0.43	*N/A*	5.00	0.00	0	19.46	2.00	2.00
% of Calories					*1.30%	*N/A*	34.1%	0.0%		59.0%		6.1%
Weekly Nutrient Guideline			0 - 0			<0						

### Monday - 03/23/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991194 CHIPS, FUNYUNS	1oz	1	142	283	1.01	*N/A*	6.07	0.00	0	19.24	1.01	2.02
991215 JUICE, APPLE 6 oz	6 oz	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			142	283	1.01	*0	6.07	0.00	0	19.24	1.01	2.02
% of Calories					2.85%	*0%	38.5%	0.0%		54.2%		5.7%
Weekly Nutrient Guideline			0 - 0			<0						

### Tuesday - 03/24/2026

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991186 YOGURT, BERRY MIX	1.25 CUP	1	278	104	49.35	*N/A*	0.90	0.00	3	61.63	2.93	5.36
Weighted Daily Average			278	104	49.35	*N/A*	0.90	0.00	3	61.63	2.93	5.36
% of Calories					71.01%	*N/A*	2.9%	0.0%		88.7%		7.7%
Weekly Nutrient Guideline			0 - 0			<0						

### Wednesday - 03/25/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991198 CHEESE STRING MOZ	1oz	1	0	1	0.01	*N/A*	0.04	0.00	0	0.01	0.00	0.04
991202 GRAPES, FRESH 3/4C	3/4 cup	1	2	0	0.36	0.00	0.00	0.00	0	0.43	0.02	0.02
Weighted Daily Average			2	1	0.37	*0.00	0.04	0.00	0	0.44	0.02	0.05
% of Calories					74.00%	*0.00%	18.0%	0.0%		88.0%		10.0%
Weekly Nutrient Guideline			0 - 0			<0						

### Thursday - 03/26/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991219 Pretzel Chips	1.5 OZ	1	83	207	1.04	*N/A*	1.04	0.00	0	16.57	2.07	2.07

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991120 APPLESAUCE 3/4 CUP	3/4 cup	1	90	15	*N/A*	*N/A*	0.00	0.00	0	22.50	3.00	0.00
Weighted Daily Average			173	222	*1.04	*N/A*	1.04	0.00	0	39.07	5.07	2.07
% of Calories					*2.40%	*N/A*	5.4%	0.0%		90.3%		4.8%
Weekly Nutrient Guideline			0 - 0			<0						

### Friday - 03/27/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991221 CHIPS, CHEETOS BAKED	.85	1	0	0	0.00	*N/A*	0.00	0.00	0	0.00	0.00	0.00
990518 JUICE (SNACK), 6 OZ FRUIT PUNCH, SHELF STABLE	juice	1	100	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00
Weighted Daily Average			100	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00
% of Calories					92.00%	*N/A*	0.0%	0.0%		100.0%		0.0%
Weekly Nutrient Guideline			0 - 0			<0						

### Monday - 03/30/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991223 CHIPS, DORITOS CHILI	1oz	1	2	3	*N/A*	*N/A*	0.07	0.00	0	0.28	0.03	0.03

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991224 JUICE, GRAPE (6 Oz)	6 oz	1	2	0	0.57	*N/A*	0.00	0.00	0	0.61	0.00	0.00
Weighted Daily Average			4	3	*0.57	*N/A*	0.07	0.00	0	0.89	0.03	0.03
% of Calories					*57.00 %	*N/A*	15.8%	0.0%		89.0%		3.0%
Weekly Nutrient Guideline			0 - 0			<0						

## Tuesday - 03/31/2026

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991242 STRAWBERRY, FROZEN 3/4c SNACK	3/4 cup	1	2880	48	624.00	384.00	0.00	0.00	0	720.00	96.00	48.00
991217 Yogurt, Vanilla 4oz	4 OZ	1	260	90	30.06	23.96	8.99	0.00	41	42.04	0.00	4.00
Weighted Daily Average			3140	138	654.06	407.96	8.99	0.00	41	762.04	96.00	52.00
% of Calories					83.32%	51.97%	2.6%	0.0%		97.1%		6.6%
Weekly Nutrient Guideline			0 - 0			<0						

	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages	*376	*132	*64.69	*37.38	*3.75	*0.01	*5	*83.89	*9.86	*6.28
% of Calories			*68.82 %	*39.77%	*9.0%	*0.0%		*89.2%		*6.7%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

**NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**