

# Base Menu Spreadsheet

## Portion Values

Menu Name: LUNCH HIGH Include Cost: No  
 Site:  
 Use Alternate Menu Name: No

### Monday - 03/02/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991246 CHICKEN, BONELESS CHUNKS, RICH CHICKS NEW	4 EACH	1	215	332	0.00	0.00	6.84	0.00	41	15.08	2.01	20.11
990721 ROLL, 2 OZ RICH'S DINNER	1 Roll	1	170	140	4.00	*N/A*	3.00	0.00	*N/A*	29.00	3.00	7.00
001352 SUB, HOT ITALIAN HS	1 SANDWICH	1	712	1336	15.35	*N/A*	20.24	0.00	46	97.68	12.56	33.38
990076 PIZZA, FOUR MEAT	1 SLICE	1	370	650	9.00	*N/A*	17.00	0.00	40	36.00	3.00	20.00
990190 POTATO, SEASONED FRIES 3/4 CUP	3/4 CUP	1	190	502	0.00	*N/A*	6.11	0.00	0	31.20	2.71	2.71
990526 VEGGIES, FRESH, CELERY STICKS	1/2 CUP	1	107	210	*6.24	*N/A*	6.37	*0.00	5	13.10	3.02	1.76
991077 APPLES, FRESH, W/SKIN	1 EACH	1	72	1	14.34	0.00	0.23	0.00	0	19.06	3.31	0.36
990626 PEACHES, DICED CANNED HS 1 CUP	1 cup	1	119	13	7.93	*N/A*	0.00	0.00	0	36.99	2.64	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991121 BBQ SAUCE, BULK	1 OZ	1	55	228	13.39	12.60	0.00	0.00	0	14.17	0.00	0.00
Weighted Daily Average			2372	3938	*118.34	*18.60	64.60	*0.00	*162	345.32	*32.26	108.73
% of Calories					*19.96 %	*3.14%	24.5%	*0.0%		58.2%		18.3%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Tuesday - 03/03/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990211 CHICKEN, BBQ	2 OZ	1	175	509	*18.13	*N/A*	6.60	0.00	37	19.20	0.00	9.30
990721 ROLL, 2 OZ RICH'S DINNER	1 Roll	1	170	140	4.00	*N/A*	3.00	0.00	*N/A*	29.00	3.00	7.00
991257 Beef and Cheese Taco Crisp - Ups	4.54	1	6	8	0.01	0.00	0.33	0.01	1	0.56	0.08	0.31
990460 QUESADILLA, CHEESE, HIGH	2 QUESADILLA	1	501	804	2.00	*N/A*	31.24	0.00	73	30.92	2.00	26.41
990343 CORN, MEXICAN, CANNED	1/2 CUP	1	*5	*5	*0.02	*N/A*	*0.48	*0.00	*0	*0.13	*0.07	*0.04
990756 BEANS, BLACK, SEASONED-HS 3/4 CUP	3/4 CUP	1	217	329	1.67	*N/A*	3.02	0.00	5	33.31	7.45	12.63
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	5	*10.71	*0.00	0.44	*0.00	0	28.93	5.34	0.99
991075 APPLESAUCE, CUPS, ASST FLAVORS	4.5 OZ CUP	1	54	1	11.79	0.00	0.00	0.00	0	14.39	1.20	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
Weighted Daily Average			*1650	*2386	*105.45	*12.00	*47.43	*0.01	*140	*218.47	*19.14	*88.09
% of Calories					*25.56 %	*2.91%	*25.9%	*0.0%		*53.0%		*21.4%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Wednesday - 03/04/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991258 ORANGE CHICKEN	12 PIECES	1	35	74	8.12	0.00	0.10	0.00	0	8.70	0.02	0.12
991259 Chow Mein Noodles 883-2006	1/2 cup	1	160	260	9.00	*N/A*	2.50	0.00	0	33.00	4.00	6.00
990864 PORK, BBQ RIBLET ON HOAGIE	1 SANDWICH	1	412	976	18.47	*N/A*	13.10	0.00	38	51.40	1.40	16.40
991072 YOGURT & MUFFIN PLATE- (BLUEBERRY MUFFIN)	SERVING	1	397	511	30.53	*N/A*	13.16	0.00	*25	58.30	0.00	14.06
990746 BROCCOLI, RANCH- 1 Cup	1 CUP	1	57	241	*2.14	*N/A*	0.00	0.00	0	9.34	*6.40	6.40
990614 GLAZED SWEET POTATOES, HS 3/4 CUPS	3/4 CUP	1	319	*123	*33.93	*N/A*	*2.70	*0.00	*0	*70.47	*5.22	*1.74
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	5	*10.71	*0.00	0.44	*0.00	0	28.93	5.34	0.99
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17.37	0.00	0.10	0.00	0	18.87	0.96	0.50
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1975	*2777	*187.37	*12.00	*34.41	*0.00	*87	*341.05	*23.34	*77.63
% of Calories					*37.95 %	*2.43%	*15.7%	*0.0%		*69.1%		*15.7%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Thursday - 03/05/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990136 MEATLOAF, BROWN SUGAR GLAZE	1 EACH	1	155	508	10.30	*2.79	5.04	*0.00	35	15.70	1.38	12.25
990814 HS- MACARONI & CHEESE	6 OZ	1	362	481	*4.60	*N/A*	27.51	*0.00	*57	*24.30	*1.82	*18.24
990721 ROLL, 2 OZ RICH'S DINNER	1 Roll	1	170	140	4.00	*N/A*	3.00	0.00	*N/A*	29.00	3.00	7.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990290 COLLARD GREENS, SOUTHERN	1/2 CUP	1	83	199	*2.86	*N/A*	2.53	*0.00	0	9.60	2.32	2.86
000339 BEANS, PINTO, 1/2 CUP	1/2 CUP	1	176	282	*3.42	*N/A*	0.00	0.00	*0	31.03	*11.88	9.85
990883 FRUIT, MIXED, CANNED	1/2 CUP	1	170	13	*33.82	*N/A*	0.00	0.00	0	41.80	2.60	0.00
991077 APPLES, FRESH, W/SKIN	1 EACH	1	72	1	14.34	0.00	0.23	0.00	0	19.06	3.31	0.36
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1600	2209	*130.45	*14.79	40.63	*0.00	*116	*232.54	*26.30	*81.96
% of Calories					*32.61 %	*3.70%	22.9%	*0.0%		*58.1%		*20.5%
Weekly Nutrient Guideline			750 - 850	1280		<10						

## Friday - 03/06/2026

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990406 POT PIE, CHICKEN	8 OZ	1	419	1326	*6.33	*N/A*	21.29	*0.00	*59	43.76	3.63	22.10
990132 SANDWICH, FISH	1 SANDWICH	1	300	380	4.00	*N/A*	7.50	0.00	50	42.00	4.00	20.00
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	11	*0.34	*N/A*	0.27	*0.00	0	3.58	1.23	0.84
001444 TURKEY, HOTDOG	2 oz	1	309	450	6.00	*N/A*	13.00	0.00	50	34.00	2.00	13.00
001118 COLESLAW (KFC STYLE) 1/2 CUP	1/2 CUP	1	64	132	*5.54	*5.28	3.07	*0.00	*8	8.88	*0.94	0.88
990184 POTATOES, FRESH BAKED SWEET	1 EACH	1	216	107	*1.40	*1.40	3.84	*0.00	*0	*42.53	*6.35	*3.97
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	5	*10.71	*0.00	0.44	*0.00	0	28.93	5.34	0.99
990883 FRUIT, MIXED, CANNED	1/2 CUP	1	170	13	*33.82	*N/A*	0.00	0.00	0	41.80	2.60	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
991090 SAUCE, TARTER IND	1 PK	1	40	100	*N/A*	*N/A*	3.00	0.00	0	3.00	0.00	0.00
990398 MARGARINE, INDIVIDUAL	pack	1	25	40	0.00	*N/A*	2.50	0.00	0	0.00	0.00	0.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
Weighted Daily Average			2098	3299	*127.25	*18.68	57.24	*0.00	*190	*314.02	*26.10	*93.68
% of Calories					*24.26 %	*3.56%	24.6%	*0.0%		*59.9%		*17.9%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Monday - 03/09/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991256 Pepperoni Calzone	5 oz.	1	4	7	0.08	*N/A*	0.14	*N/A*	0	0.40	0.04	0.24
991239 BEEF, HAMBURGER PATTY MAID RITE NEW	1 each	1	260	290	3.00	*0.00	9.50	0.00	45	26.00	2.00	20.00
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	200	*0.34	*N/A*	0.27	*0.00	0	3.58	1.23	0.84
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	695	534	25.62	*2.02	31.01	0.00	*0	86.06	*10.05	20.05

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990608 BEANS, BAKED HS 1 CUP	1 CUP	1	222	532	22.19	*N/A*	0.00	0.00	0	46.59	8.88	6.66
990881 Potato, Curly Spiral Cut Fries 3/4 CUP	3/4 CUP	1	130	290	0.00	*N/A*	5.00	0.00	0	21.00	1.00	1.00
991081 ORANGES, WEDGES	EACH	1	76	0	15.11	0.00	0.19	0.00	0	18.99	3.88	1.52
990634 PEARS, DICED CANNED, HS 1 CUP	1 cup	1	238	0	*N/A*	*N/A*	0.00	0.00	0	58.30	7.95	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0.00	*N/A*	4.00	0.00	5	0.00	0.00	0.00
Weighted Daily Average			2019	2544	*113.45	*14.02	52.43	*0.00	*70	313.46	*35.02	74.21
% of Calories					*22.48 %	*2.78%	23.4%	*0.0%		62.1%		14.7%
Weekly Nutrient Guideline			750 - 850	1280		<10						

## Tuesday - 03/10/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001219 CASSEROLE, CHICKEN & RICE	1 cup	1	225	692	*0.66	*0.00	8.39	*0.00	*47	26.17	*0.60	16.58

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990259 PORK, BBQ SANDWICH (PURCHASED)	SANDWICH	1	440	334	11.03	*N/A*	18.56	0.00	71	43.06	2.00	24.06
990537 HIGH SCHOOL WRAP, DELI RANCH	1 TORTILLA	1	462	1092	*1.52	*0.00	22.42	*0.00	62	40.00	4.29	26.71
990208 BEANS, GREEN, SEASONED	1/2 CUP	1	28	308	*1.48	*N/A*	0.44	0.00	*0	*4.46	*2.97	*1.48
990525 CARROTS, BABY, DOD 3/4 CUP	3/4 cup	1	40	88	5.40	*N/A*	0.15	0.00	0	9.34	3.29	0.73
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	308	12	*33.97	*0.00	1.38	*0.00	0	79.57	13.85	3.24
000289 STRAWBERRY DELIGHT	1/2 cup	1	149	0	32.75	*N/A*	1.00	0.00	0	33.66	1.81	0.45
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
Weighted Daily Average			2064	3110	*143.91	*12.00	54.66	*0.00	*204	*298.29	*28.80	*104.65
% of Calories					*27.89 %	*2.33%	23.8%	*0.0%		*57.8%		*20.3%
Weekly Nutrient Guideline			750 - 850	1280		<10						

Wednesday - 03/11/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990297 CARIBBEAN SHEPHERDS PIE	5X5	1	286	468	*0.80	*0.00	15.07	*0.00	*44	20.57	*1.69	56.43

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990417 PIZZA, RANCHERO STYLE	pizza	1	321	542	7.02	*N/A*	14.04	0.00	35	30.09	4.01	20.06
991084 ZESTY CHEESE AND CHIPS	1/2 CUP	1	499	1099	0.00	*N/A*	30.15	0.00	60	40.45	4.05	18.05
990622 CORN, SEASONED, FROZEN HS 1 CUP	1 CUP	1	222	78	*11.25	*0.00	9.27	0.00	*30	*29.89	*5.62	*4.88
990614 GLAZED SWEET POTATOES, HS 3/4 CUPS	3/4 CUP	1	319	*123	*33.93	*N/A*	*2.70	*0.00	*0	*70.47	*5.22	*1.74
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	5	*10.71	*0.00	0.44	*0.00	0	28.93	5.34	0.99
991075 APPLESAUCE, CUPS, ASST FLAVORS	4.5 OZ CUP	1	54	1	11.79	0.00	0.00	0.00	0	14.39	1.20	0.00
000030 MILK, SKIM	HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.00	0.00	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
Weighted Daily Average			2315	*3031	*144.62	*12.00	*73.99	*0.00	*198	*309.83	*27.14	*141.55
% of Calories					*24.99 %	*2.07%	*28.8%	*0.0%		*53.5%		*24.5%
Weekly Nutrient Guideline			750 - 850	1280		<10						

Thursday - 03/12/2026

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990188 CHILI CON CARNE WITH BEANS 1 CUP	1 CUP	1	495	1020	*9.80	*N/A*	24.73	0.00	73	38.03	12.68	100.22
990738 HS CORNBREAD-2oz Grain	2, 5x5 pieces	1	212	314	*7.62	*N/A*	6.61	0.00	*30	33.84	*3.23	5.69
991114 FRIES, TEXAS TACO	1/2C 2.71OZ	1	314	796	0.00	*0.00	19.53	0.00	67	20.82	3.02	20.23
991244 CHICKEN, POPPERS, RICH CHICKS NEW	10 POPPERS	1	4	7	0.00	0.00	0.24	0.00	1	0.26	0.04	0.30
990721 ROLL, 2 OZ RICH'S DINNER	1 Roll	1	170	140	4.00	*N/A*	3.00	0.00	*N/A*	29.00	3.00	7.00
991099 POTATO, FRESH BAKED HS	1 Each	1	168	11	1.32	0.00	0.17	0.00	0	38.49	2.77	4.56
990618 BROCCOLI, SEASONED HS 1 CUP	1 CUP	1	35	47	*1.35	*N/A*	0.00	0.00	0	5.81	*4.04	4.04
001262 PEARS, ROSY	HALF CUP	1	108	18	*5.44	*N/A*	0.00	0.00	0	26.43	2.86	0.32
991077 APPLES, FRESH, W/SKIN	1 EACH	1	72	1	14.34	0.00	0.23	0.00	0	19.06	3.31	0.36
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1991	2939	*100.98	*12.00	56.82	0.00	*195	273.79	*34.96	174.12
% of Calories					*20.29 %	*2.41%	25.7%	0.0%		55.0%		35.0%
Weekly Nutrient Guideline			750 - 850	1280		<10						

Friday - 03/13/2026

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991266 CATFISH STRIPS PURCHASED	2 STRIPS	1	186	350	*N/A*	*N/A*	10.00	1.40	20	12.00	0.00	16.00
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	1	140	190	3.00	*N/A*	2.50	0.00	0	24.00	5.00	6.00
990139 SANDWICH, COUNTRY FRIED STEAK	1 EACH	1	430	580	5.00	*N/A*	19.50	0.00	30	45.00	4.00	21.00
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	695	534	25.62	*2.02	31.01	0.00	*0	86.06	*10.05	20.05
990290 COLLARD GREENS, SOUTHERN	1/2 CUP	1	83	199	*2.86	*N/A*	2.53	*0.00	0	9.60	2.32	2.86
000339 BEANS, PINTO, 1/2 CUP	1/2 CUP	1	176	282	*3.42	*N/A*	0.00	0.00	*0	31.03	*11.88	9.85
990883 FRUIT, MIXED, CANNED	1/2 CUP	1	170	13	*33.82	*N/A*	0.00	0.00	0	41.80	2.60	0.00
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	308	12	*33.97	*0.00	1.38	*0.00	0	79.57	13.85	3.24
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990392 SAUCE, TARTAR INDV	POUCH	1	25	85	1.00	*N/A*	2.50	*N/A*	5	1.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0.00	*N/A*	4.00	0.00	5	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
Weighted Daily Average			2671	2965	*165.80	*14.02	75.74	*1.40	*84	392.60	*49.69	110.90
% of Calories					*24.83 %	*2.10%	25.5%	*0.5%		58.8%		16.6%
Weekly Nutrient Guideline			750 - 850	1280		<10						

# Base Menu Spreadsheet

Portion Values

Mar 2, 2026 thru Mar 31, 2026

**Monday - 03/16/2026**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991267 PIZZA, CHEESE STUFFED CRUST 2025	4.84 oz slice	1	330	820	4.00	*N/A*	14.00	0.00	15	35.00	3.00	16.00
990019 CHICKEN, SANDWICH KICKIN	1 EACH	1	361	645	5.00	*N/A*	9.50	0.00	65	41.16	3.00	27.00
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	11	*0.34	*N/A*	0.27	*0.00	0	3.58	1.23	0.84
990279 SAUSAGE DOG	2 OZ; 1 PIECE	1	399	860	7.00	*N/A*	20.00	0.00	60	37.00	*2.00	18.00
991162 POTATO SMILES	4 EACH	1	130	180	*N/A*	*N/A*	4.50	0.00	0	20.00	2.00	2.00
001531 CARROT STICKS, 1 CUP	1 cup	1	51	41	*N/A*	*N/A*	0.22	*N/A*	0	11.96	3.54	1.22
990883 FRUIT, MIXED, CANNED	1/2 CUP	1	170	13	*33.82	*N/A*	0.00	0.00	0	41.80	2.60	0.00
991096 PEARS, FRESH	1 pear	1	101	2	17.36	*N/A*	0.25	0.00	0	27.11	5.52	0.64
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0.00	*N/A*	4.00	0.00	5	0.00	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
Weighted Daily Average			2026	3393	*126.63	*12.00	55.06	*0.00	169	283.15	*22.89	97.60
% of Calories					*25.00 %	*2.37%	24.5%	*0.0%		55.9%		19.3%
Weekly Nutrient Guideline			750 - 850	1280		<10						

## Tuesday - 03/17/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991140 BRUNSWICH STEW 0.5 CUP, PIEDMONT PREMADE	4 oz.	1	140	240	5.00	1.50	7.00	0.00	25	15.00	2.50	6.00
001256 RICE, SEASONED	1/2 cup	1	123	70	*0.39	*0.00	2.92	0.00	*0	*21.64	*1.18	*2.81
990816 SANDWICH, SLOPPY JOE	1 SANDWICH	1	273	556	*6.35	*0.00	7.01	*0.00	39	34.27	3.42	18.29
001238 TURKEY, CORN DOG	1 CORNDOG	1	280	700	9.00	*N/A*	14.00	0.00	45	27.00	1.00	10.00
990205 POTATO, SWEET FRIES 3/4 CUP	3/4 CUP	1	217	294	10.87	*N/A*	6.52	0.00	0	36.97	4.35	1.09
000535 VEGETABLES, ORIENTAL BLEND, SEASONED	1/2 CUP SERVING	1	60	41	*2.19	*N/A*	3.56	0.00	*0	*5.52	*2.19	*1.09
991087 GRAPES, FRESH, CHILLED	1/2 CUP	1	56	2	12.64	*N/A*	0.13	0.00	0	14.78	0.74	0.59
990336 SIDEKICKS, STRAWBERRY KIWI	1 PORTION CUP	1	80	45	19.00	*N/A*	0.00	0.00	0	20.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0.00	*N/A*	4.00	0.00	5	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
Weighted Daily Average			1687	2667	*122.55	*13.50	47.46	*0.00	*138	*237.72	*15.37	*71.78
% of Calories					*29.06 %	*3.20%	25.3%	*0.0%		*56.4%		*17.0%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Wednesday - 03/18/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990972 BAKED SPAGHETTI WITH GROUND BEEF	1 CUP	1	359	643	*4.33	*0.00	18.19	*0.00	*50	28.09	*4.00	62.08
990721 ROLL, 2 OZ RICH'S DINNER	1 Roll	1	170	140	4.00	*N/A*	3.00	0.00	*N/A*	29.00	3.00	7.00
990607 BENTO BOX	1 BOX	1	589	632	*42.01	*0.00	24.35	*0.00	82	80.41	6.00	16.78
990468 BENTO BOX-HIGH SCHOOL CHEDDAR CHEESE	1 BOX	1	535	664	*33.59	*6.36	20.11	*0.00	42	*76.04	7.27	17.66
990469 BENTO BOX-HIGH SCHOOL COLBY CHEESE	1 BOX	1	516	648	*31.02	*6.36	19.18	*0.00	40	74.53	7.27	16.82
990470 BENTO BOX-HIGH SCHOOL MOZZARELLA CHEESE	1 BOX	1	480	731	*27.22	*0.00	18.38	*0.00	40	69.73	7.00	18.67
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990755 BEANS, BLACK, SEASONED-HS 1 CUP	1 CUP	1	333	505	2.58	*N/A*	4.64	0.00	7	51.25	11.47	19.43
991167 BEANS, GREEN, SEASONED (1 CUP)	1 CUP	1	56	615	*2.96	*N/A*	0.89	0.00	*0	*8.91	*5.93	*2.96
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	308	12	*33.97	*0.00	1.38	*0.00	0	79.57	13.85	3.24
991028 BLUEBERRY DELIGHT, FARM FRESH BLUEBERRIES	1/2 cup	1	43	1	7.60	*0.00	0.26	0.00	0	11.07	1.84	0.56
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
Weighted Daily Average			3802	5178	*246.38	*24.73	112.70	*0.00	*285	*570.64	*67.62	*196.61
% of Calories					*25.92 %	*2.60%	26.7%	*0.0%		*60.0%		*20.7%
Weekly Nutrient Guideline			750 - 850	1280		<10						

Thursday - 03/19/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990954 SOUP, YUMMY & GRILLED CHEESE	6 oz	1	444	1169	*6.48	*2.02	22.54	*1.35	*39	44.11	*7.40	16.83
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	1	140	190	3.00	*N/A*	2.50	0.00	0	24.00	5.00	6.00
990138 COUNTRY FRIED STEAK WITH GRAVY	1 EACH	1	573	1954	2.00	*N/A*	29.34	0.00	30	53.02	2.00	15.00

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	695	534	25.62	*2.02	31.01	0.00	*0	86.06	*10.05	20.05
990742 HS- SWEET POTATO SOUFFLE 1 CUP	1 CUP	1	302	143	*39.58	*8.06	6.85	*0.00	*0	*57.00	*2.91	*1.46
990618 BROCCOLI, SEASONED HS 1 CUP	1 CUP	1	35	47	*1.35	*N/A*	0.00	0.00	0	5.81	*4.04	4.04
991077 APPLES, FRESH, W/SKIN	1 EACH	1	72	1	14.34	0.00	0.23	0.00	0	19.06	3.31	0.36
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	3.96	*N/A*	0.00	0.00	0	18.49	1.32	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990277 SAUCE, SWEET-N-SOUR, CUPS	1 PORTION CUP	1	51	86	11.14	*N/A*	0.00	0.00	0	13.16	0.00	0.00
Weighted Daily Average			2784	4717	*164.58	*24.11	94.79	*1.35	*94	*382.75	*36.04	*95.15
% of Calories					*23.65 %	*3.46%	30.6%	*0.4%		*55.0%		*13.7%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Friday - 03/20/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990440 FISH, NUGGETS BREADED	4 nuggets	1	230	290	1.00	*N/A*	8.00	0.00	50	23.00	2.00	15.00

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	1	140	190	3.00	*N/A*	2.50	0.00	0	24.00	5.00	6.00
990878 CHILI DOG, CON CARNE	1 Dog, 1/4 Cup	1	75	343	*2.80	*0.00	1.71	0.00	12	10.28	3.30	6.09
990119 CHEESE DUNKERS W. MARINARA	2 STICKS	1	327	913	9.10	*N/A*	12.66	0.00	10	38.43	4.89	14.89
990881 Potato, Curly Spiral Cut Fries 3/4 CUP	3/4 CUP	1	130	290	0.00	*N/A*	5.00	0.00	0	21.00	1.00	1.00
990744 SALAD, ROMAINE & SPINACH HS 2 CUPS	2 CUP	1	60	112	3.26	*0.00	0.96	0.00	0	10.97	5.89	5.62
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	308	12	*33.97	*0.00	1.38	*0.00	0	79.57	13.85	3.24
990196 ORANGES, MANDARIN CN	1/2 CUP	1	46	6	9.92	0.00	0.05	0.00	0	11.31	1.44	0.90
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
Weighted Daily Average			1743	2891	*122.16	*12.00	34.58	*0.00	96	284.11	37.37	84.64
% of Calories					*28.03 %	*2.75%	17.9%	*0.0%		65.2%		19.4%
Weekly Nutrient Guideline			750 - 850	1280		<10						

Monday - 03/23/2026

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991246 CHICKEN, BONELESS CHUNKS, RICH CHICKS NEW	4 EACH	1	215	332	0.00	0.00	6.84	0.00	41	15.08	2.01	20.11
990721 ROLL, 2 OZ RICH'S DINNER	1 Roll	1	170	140	4.00	*N/A*	3.00	0.00	*N/A*	29.00	3.00	7.00
001352 SUB, HOT ITALIAN HS	1 SANDWICH	1	712	1336	15.35	*N/A*	20.24	0.00	46	97.68	12.56	33.38
990076 PIZZA, FOUR MEAT	1 SLICE	1	370	650	9.00	*N/A*	17.00	0.00	40	36.00	3.00	20.00
990190 POTATO, SEASONED FRIES 3/4 CUP	3/4 CUP	1	190	502	0.00	*N/A*	6.11	0.00	0	31.20	2.71	2.71
990526 VEGGIES, FRESH, CELERY STICKS	1/2 CUP	1	107	210	*6.24	*N/A*	6.37	*0.00	5	13.10	3.02	1.76
991077 APPLES, FRESH, W/SKIN	1 EACH	1	72	1	14.34	0.00	0.23	0.00	0	19.06	3.31	0.36
990626 PEACHES, DICED CANNED HS 1 CUP	1 cup	1	119	13	7.93	*N/A*	0.00	0.00	0	36.99	2.64	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
991121 BBQ SAUCE, BULK	1 OZ	1	55	228	13.39	12.60	0.00	0.00	0	14.17	0.00	0.00
Weighted Daily Average			2372	3938	*118.34	*18.60	64.60	*0.00	*162	345.32	*32.26	108.73
% of Calories					*19.96 %	*3.14%	24.5%	*0.0%		58.2%		18.3%
Weekly Nutrient Guideline			750 - 850	1280		<10						

Tuesday - 03/24/2026

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990211 CHICKEN, BBQ	2 OZ	1	175	509	*18.13	*N/A*	6.60	0.00	37	19.20	0.00	9.30
990721 ROLL, 2 OZ RICH'S DINNER	1 Roll	1	170	140	4.00	*N/A*	3.00	0.00	*N/A*	29.00	3.00	7.00
991257 Beef and Cheese Taco Crisp - Ups	4.54	1	6	8	0.01	0.00	0.33	0.01	1	0.56	0.08	0.31
990460 QUESADILLA, CHEESE, HIGH	2 QUESADILLA	1	501	804	2.00	*N/A*	31.24	0.00	73	30.92	2.00	26.41
990343 CORN, MEXICAN, CANNED	1/2 CUP	1	*5	*5	*0.02	*N/A*	*0.48	*0.00	*0	*0.13	*0.07	*0.04
990756 BEANS, BLACK, SEASONED-HS 3/4 CUP	3/4 CUP	1	217	329	1.67	*N/A*	3.02	0.00	5	33.31	7.45	12.63
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	5	*10.71	*0.00	0.44	*0.00	0	28.93	5.34	0.99
991075 APPLESAUCE, CUPS, ASST FLAVORS	4.5 OZ CUP	1	54	1	11.79	0.00	0.00	0.00	0	14.39	1.20	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
Weighted Daily Average			*1650	*2386	*105.45	*12.00	*47.43	*0.01	*140	*218.47	*19.14	*88.09
% of Calories					*25.56 %	*2.91%	*25.9%	*0.0%		*53.0%		*21.4%
Weekly Nutrient Guideline			750 - 850	1280		<10						

Wednesday - 03/25/2026

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991258 ORANGE CHICKEN	12 PIECES	1	35	74	8.12	0.00	0.10	0.00	0	8.70	0.02	0.12
991259 Chow Mein Noodles 883-2006	1/2 cup	1	160	260	9.00	*N/A*	2.50	0.00	0	33.00	4.00	6.00
990864 PORK, BBQ RIBLET ON HOAGIE	1 SANDWICH	1	412	976	18.47	*N/A*	13.10	0.00	38	51.40	1.40	16.40
991072 YOGURT & MUFFIN PLATE- (BLUEBERRY MUFFIN)	SERVING	1	397	511	30.53	*N/A*	13.16	0.00	*25	58.30	0.00	14.06
990746 BROCCOLI, RANCH- 1 Cup	1 CUP	1	57	241	*2.14	*N/A*	0.00	0.00	0	9.34	*6.40	6.40
990614 GLAZED SWEET POTATOES, HS 3/4 CUPS	3/4 CUP	1	319	*123	*33.93	*N/A*	*2.70	*0.00	*0	*70.47	*5.22	*1.74
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	5	*10.71	*0.00	0.44	*0.00	0	28.93	5.34	0.99
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17.37	0.00	0.10	0.00	0	18.87	0.96	0.50
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1975	*2777	*187.37	*12.00	*34.41	*0.00	*87	*341.05	*23.34	*77.63
% of Calories					*37.95 %	*2.43%	*15.7%	*0.0%		*69.1%		*15.7%
Weekly Nutrient Guideline			750 - 850	1280		<10						

Thursday - 03/26/2026

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990136 MEATLOAF, BROWN SUGAR GLAZE	1 EACH	1	155	508	10.30	*2.79	5.04	*0.00	35	15.70	1.38	12.25
990814 HS- MACARONI & CHEESE	6 OZ	1	362	481	*4.60	*N/A*	27.51	*0.00	*57	*24.30	*1.82	*18.24
990721 ROLL, 2 OZ RICH'S DINNER	1 Roll	1	170	140	4.00	*N/A*	3.00	0.00	*N/A*	29.00	3.00	7.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990290 COLLARD GREENS, SOUTHERN	1/2 CUP	1	83	199	*2.86	*N/A*	2.53	*0.00	0	9.60	2.32	2.86
000339 BEANS, PINTO, 1/2 CUP	1/2 CUP	1	176	282	*3.42	*N/A*	0.00	0.00	*0	31.03	*11.88	9.85
990883 FRUIT, MIXED, CANNED	1/2 CUP	1	170	13	*33.82	*N/A*	0.00	0.00	0	41.80	2.60	0.00
991077 APPLES, FRESH, W/SKIN	1 EACH	1	72	1	14.34	0.00	0.23	0.00	0	19.06	3.31	0.36
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1600	2209	*130.45	*14.79	40.63	*0.00	*116	*232.54	*26.30	*81.96
% of Calories					*32.61 %	*3.70%	22.9%	*0.0%		*58.1%		*20.5%
Weekly Nutrient Guideline			750 - 850	1280		<10						

Friday - 03/27/2026

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990406 POT PIE, CHICKEN	8 OZ	1	419	1326	*6.33	*N/A*	21.29	*0.00	*59	43.76	3.63	22.10
990132 SANDWICH, FISH	1 SANDWICH	1	300	380	4.00	*N/A*	7.50	0.00	50	42.00	4.00	20.00
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	11	*0.34	*N/A*	0.27	*0.00	0	3.58	1.23	0.84
001444 TURKEY, HOTDOG	2 oz	1	309	450	6.00	*N/A*	13.00	0.00	50	34.00	2.00	13.00
001118 COLESLAW (KFC STYLE) 1/2 CUP	1/2 CUP	1	64	132	*5.54	*5.28	3.07	*0.00	*8	8.88	*0.94	0.88
990184 POTATOES, FRESH BAKED SWEET	1 EACH	1	216	107	*1.40	*1.40	3.84	*0.00	*0	*42.53	*6.35	*3.97
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	5	*10.71	*0.00	0.44	*0.00	0	28.93	5.34	0.99
990883 FRUIT, MIXED, CANNED	1/2 CUP	1	170	13	*33.82	*N/A*	0.00	0.00	0	41.80	2.60	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
991090 SAUCE, TARTER IND	1 PK	1	40	100	*N/A*	*N/A*	3.00	0.00	0	3.00	0.00	0.00
990398 MARGARINE, INDIVIDUAL	pack	1	25	40	0.00	*N/A*	2.50	0.00	0	0.00	0.00	0.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
Weighted Daily Average			2098	3299	*127.25	*18.68	57.24	*0.00	*190	*314.02	*26.10	*93.68
% of Calories					*24.26 %	*3.56%	24.6%	*0.0%		*59.9%		*17.9%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Monday - 03/30/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991256 Pepperoni Calzone	5 oz.	1	4	7	0.08	*N/A*	0.14	*N/A*	0	0.40	0.04	0.24
991239 BEEF, HAMBURGER PATTY MAID RITE NEW	1 each	1	260	290	3.00	*0.00	9.50	0.00	45	26.00	2.00	20.00
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	200	*0.34	*N/A*	0.27	*0.00	0	3.58	1.23	0.84
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	695	534	25.62	*2.02	31.01	0.00	*0	86.06	*10.05	20.05
990608 BEANS, BAKED HS 1 CUP	1 CUP	1	222	532	22.19	*N/A*	0.00	0.00	0	46.59	8.88	6.66
990881 Potato, Curly Spiral Cut Fries 3/4 CUP	3/4 CUP	1	130	290	0.00	*N/A*	5.00	0.00	0	21.00	1.00	1.00
991081 ORANGES, WEDGES	EACH	1	76	0	15.11	0.00	0.19	0.00	0	18.99	3.88	1.52
990634 PEARS, DICED CANNED, HS 1 CUP	1 cup	1	238	0	*N/A*	*N/A*	0.00	0.00	0	58.30	7.95	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0.00	*N/A*	4.00	0.00	5	0.00	0.00	0.00
Weighted Daily Average			2019	2544	*113.45	*14.02	52.43	*0.00	*70	313.46	*35.02	74.21
% of Calories					*22.48 %	*2.78%	23.4%	*0.0%		62.1%		14.7%
Weekly Nutrient Guideline			750 - 850	1280		<10						

## Tuesday - 03/31/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990940 SLIDER PLATTER	2 SLIDERS	1	471	746	*5.51	*N/A*	17.06	0.00	69	52.01	*4.00	30.03
990460 QUESADILLA, CHEESE, HIGH	2 QUESADILLA	1	501	804	2.00	*N/A*	31.24	0.00	73	30.92	2.00	26.41
990724 MINI CORN DOG NUGGETS	6 PIECES	1	250	350	1.00	*N/A*	10.00	0.00	60	30.00	3.00	10.00
990881 Potato, Curly Spiral Cut Fries 3/4 CUP	3/4 CUP	1	130	290	0.00	*N/A*	5.00	0.00	0	21.00	1.00	1.00
990356 VEGGIES, FRESH, RED PEPPERS/CARROTS AND CUCUMBER	1/2 CUP	1	133	150	*8.90	*0.00	6.52	*0.00	5	18.77	4.02	2.29
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	308	12	*33.97	*0.00	1.38	*0.00	0	79.57	13.85	3.24
991021 FRUIT CUP IN FRUIT JUICE	1 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
Weighted Daily Average			*2219	*3087	*110.49	*12.00	*73.52	*0.00	*231	*297.80	*27.87	*104.89
% of Calories					*19.92 %	*2.16%	*29.8%	*0.0%		*53.7%		*18.9%
Weekly Nutrient Guideline			750 - 850	1280		<10						

	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages	*2124	*3104	*136.94	*14.93	*57.85	*0.13	*147	*311.84	*30.55	*101.39
% of Calories			*25.79 %	*2.81%	*24.5%	*0.1%		*58.7%		*19.1%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

**NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**