

Base Menu Spreadsheet

Portion Values

Menu Name: LUNCH MIDDLE AND K8 Include Cost: No
 Site:
 Use Alternate Menu Name: No

Monday - 03/02/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991246 CHICKEN, BONELESS CHUNKS, RICH CHICKS NEW	4 EACH	1	215	332	0.00	0.00	6.84	0.00	41	15.08	2.01	20.11
990721 ROLL, 2 OZ RICH'S DINNER	1 Roll	1	170	140	4.00	*N/A*	3.00	0.00	*N/A*	29.00	3.00	7.00
990354 SUB, HOT ITALIAN ES/MS	1 SANDWICH	1	339	771	7.72	*N/A*	13.36	0.00	38	36.72	4.85	17.58
990076 PIZZA, FOUR MEAT	1 SLICE	1	370	650	9.00	*N/A*	17.00	0.00	40	36.00	3.00	20.00
990084 POTATO, SEASONED FRIES 1/2 CUP	1/2 CUP	1	127	335	0.00	*N/A*	4.07	0.00	0	20.80	1.81	1.81
990526 VEGGIES, FRESH, CELERY STICKS	1/2 CUP	1	107	210	*6.24	*N/A*	6.37	*0.00	5	13.10	3.02	1.76
991077 APPLES, FRESH, W/SKIN	1 EACH	1	72	1	14.34	0.00	0.23	0.00	0	19.06	3.31	0.36
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	3.96	*N/A*	0.00	0.00	0	18.49	1.32	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
Weighted Daily Average			1790	3001	*92.37	*12.00	53.19	*0.00	*144	240.29	22.32	92.03
% of Calories					*20.64 %	*2.68%	26.7%	*0.0%		53.7%		20.6%
Weekly Nutrient Guideline			600 - 650	1110		<10						

Tuesday - 03/03/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991080 CHICKEN, DRUMS & THIGHS - USDA	1 DRUM OR THIGH	1	230	490	0.00	*N/A*	14.00	0.00	75	11.00	1.00	16.00
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	1	140	190	3.00	*N/A*	2.50	0.00	0	24.00	5.00	6.00
991257 Beef and Cheese Taco Crisp - Ups	4.54	1	6	8	0.01	0.00	0.33	0.01	1	0.56	0.08	0.31
990274 QUESADILLA, CHEESE, ELEM/MIDDLE	1 QUESADILLA	1	431	649	1.00	*N/A*	29.24	0.00	73	21.92	2.00	23.41
990343 CORN, MEXICAN, CANNED	1/2 CUP	1	*5	*5	*0.02	*N/A*	*0.48	*0.00	*0	*0.13	*0.07	*0.04
990452 BEANS, BLACK, SEASONED	1/2 CUP	1	145	207	1.15	*N/A*	0.84	0.00	0	25.41	5.73	8.02
991075 APPLESAUCE, CUPS, ASST FLAVORS	4.5 OZ CUP	1	54	1	11.79	0.00	0.00	0.00	0	14.39	1.20	0.00
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	308	12	*33.97	*0.00	1.38	*0.00	0	79.57	13.85	3.24
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
Weighted Daily Average			*1731	*2147	*108.05	*12.00	*51.09	*0.01	*173	*239.01	*28.93	*88.44
% of Calories					*24.97 %	*2.77%	*26.6%	*0.0%		*55.2%		*20.4%
Weekly Nutrient Guideline			600 - 650	1110		<10						

Wednesday - 03/04/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991258 ORANGE CHICKEN	12 PIECES	1	35	74	8.12	0.00	0.10	0.00	0	8.70	0.02	0.12
991259 Chow Mein Noodles 883-2006	1/2 cup	1	160	260	9.00	*N/A*	2.50	0.00	0	33.00	4.00	6.00
990864 PORK, BBQ RIBLET ON HOAGIE	1 SANDWICH	1	412	976	18.47	*N/A*	13.10	0.00	38	51.40	1.40	16.40
991072 YOGURT & MUFFIN PLATE-(BLUEBERRY MUFFIN)	SERVING	1	397	511	30.53	*N/A*	13.16	0.00	*25	58.30	0.00	14.06
990202 BROCCOLI, RANCH	1/2 CUP	1	28	121	*1.07	*N/A*	0.00	0.00	0	4.67	*3.20	3.20
990783 GLAZED SWEET POTATOES, ES/K8/MIDDLE 1/2 CUPS	1/2 CUP	1	252	*111	*26.82	*N/A*	*5.09	*0.00	*0	*49.81	*3.28	*1.09
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	308	12	*33.97	*0.00	1.38	*0.00	0	79.57	13.85	3.24
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17.37	0.00	0.10	0.00	0	18.87	0.96	0.50
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41

Base Menu Spreadsheet

Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
Weighted Daily Average			2077	*2651	*202.45	*12.00	*37.75	*0.00	*87	*366.35	*26.71	*76.03
% of Calories					*38.99 %	*2.31%	*16.4%	*0.0%		*70.6%		*14.6%
Weekly Nutrient Guideline			600 - 650	1110		<10						

Thursday - 03/05/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990136 MEATLOAF, BROWN SUGAR GLAZE	1 EACH	1	155	508	10.30	*2.79	5.04	*0.00	35	15.70	1.38	12.25
990721 ROLL, 2 OZ RICH'S DINNER	1 Roll	1	170	140	4.00	*N/A*	3.00	0.00	*N/A*	29.00	3.00	7.00
990412 ES/MS MACARONI & CHEESE	4 oz	1	242	320	*3.07	*N/A*	18.34	*0.00	*38	*16.20	*1.21	*12.16
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990290 COLLARD GREENS, SOUTHERN	1/2 CUP	1	83	199	*2.86	*N/A*	2.53	*0.00	0	9.60	2.32	2.86
000339 BEANS, PINTO, 1/2 CUP	1/2 CUP	1	176	282	*3.42	*N/A*	0.00	0.00	*0	31.03	*11.88	9.85
991077 APPLES, FRESH, W/SKIN	1 EACH	1	72	1	14.34	0.00	0.23	0.00	0	19.06	3.31	0.36
990883 FRUIT, MIXED, CANNED	1/2 CUP	1	170	13	*33.82	*N/A*	0.00	0.00	0	41.80	2.60	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41

Base Menu Spreadsheet

Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1480	2049	*128.91	*14.79	31.46	*0.00	*97	*224.43	*25.69	*75.88
% of Calories					*34.84 %	*4.00%	19.1%	*0.0%		*60.7%		*20.5%
Weekly Nutrient Guideline			600 - 650	1110		<10						

Friday - 03/06/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990132 SANDWICH, FISH	1 SANDWICH	1	300	380	4.00	*N/A*	7.50	0.00	50	42.00	4.00	20.00
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	11	*0.34	*N/A*	0.27	*0.00	0	3.58	1.23	0.84
990406 POT PIE, CHICKEN	8 OZ	1	419	1326	*6.33	*N/A*	21.29	*0.00	*59	43.76	3.63	22.10
001444 TURKEY, HOTDOG	2 oz	1	309	450	6.00	*N/A*	13.00	0.00	50	34.00	2.00	13.00
001118 COLESLAW (KFC STYLE) 1/2 CUP	1/2 CUP	1	64	132	*5.54	*5.28	3.07	*0.00	*8	8.88	*0.94	0.88
990055 POTATOES, FRESH BAKED SWEET 1/2 EACH	1/2 EACH	1	108	54	*0.70	*0.70	1.92	*0.00	*0	*21.27	*3.18	*1.98
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	308	12	*33.97	*0.00	1.38	*0.00	0	79.57	13.85	3.24
990883 FRUIT, MIXED, CANNED	1/2 CUP	1	170	13	*33.82	*N/A*	0.00	0.00	0	41.80	2.60	0.00

Base Menu Spreadsheet

Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
991090 SAUCE, TARTER IND	1 PK	1	40	100	*N/A*	*N/A*	3.00	0.00	0	3.00	0.00	0.00
990398 MARGARINE, INDIVIDUAL	pack	1	25	40	0.00	*N/A*	2.50	0.00	0	0.00	0.00	0.00
990086 SOUR CREAM, IND.	1 PACK	1	61	15	1.01	*N/A*	5.06	0.00	20	1.01	0.00	1.01
Weighted Daily Average			2248	3268	*150.83	*17.98	61.32	*0.00	*211	*344.41	*31.42	*94.96
% of Calories					*26.84 %	*3.20%	24.5%	*0.0%		*61.3%		*16.9%
Weekly Nutrient Guideline			600 - 650	1110		<10						

Monday - 03/09/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991256 Pepperoni Calzone	5 oz.	1	4	7	0.08	*N/A*	0.14	*N/A*	0	0.40	0.04	0.24
990204 HAMBURGER	EACH	1	280	370	4.00	*N/A*	9.50	0.00	35	28.00	3.00	22.00

Base Menu Spreadsheet

Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	200	*0.34	*N/A*	0.27	*0.00	0	3.58	1.23	0.84
990527 SANDWICH, PBJ (Elem/Middle)	1 SANDWICH	1	548	468	17.62	*2.02	25.01	0.00	*0	65.18	*8.85	16.85
990068 BEANS, BAKED	1/2 CUP	1	111	266	11.09	*N/A*	0.00	0.00	0	23.30	4.44	3.33
990882 Potato, Curly Spiral Cut Fries 1/2 CUP	1/2 CUP	1	130	290	0.00	*N/A*	5.00	0.00	0	21.00	1.00	1.00
991081 ORANGES, WEDGES	EACH	1	76	0	15.11	0.00	0.19	0.00	0	18.99	3.88	1.52
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	*N/A*	0.00	0.00	0	29.15	3.98	0.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0.00	*N/A*	4.00	0.00	5	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
Weighted Daily Average			1339	1836	*50.25	*2.02	44.12	*0.00	*40	193.10	*26.41	46.27
% of Calories					*15.01 %	*0.60%	29.7%	*0.0%		57.7%		13.8%
Weekly Nutrient Guideline			600 - 650	1110		<10						

Tuesday - 03/10/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001219 CASSEROLE, CHICKEN & RICE	1 cup	1	225	692	*0.66	*0.00	8.39	*0.00	*47	26.17	*0.60	16.58
990259 PORK, BBQ SANDWICH (PURCHASED)	SANDWICH	1	440	334	11.03	*N/A*	18.56	0.00	71	43.06	2.00	24.06

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Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001274 ES/MS WRAP, DELI RANCH	1 TORTILLA	1	362	827	*1.52	*0.00	19.42	*0.00	62	25.00	2.29	23.71
990208 BEANS, GREEN, SEASONED	1/2 CUP	1	28	308	*1.48	*N/A*	0.44	0.00	*0	*4.46	*2.97	*1.48
990338 CARROTS, BABY, DOD	1/2 cup	1	25	55	3.35	*N/A*	0.09	0.00	0	5.79	2.04	0.45
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	308	12	*33.97	*0.00	1.38	*0.00	0	79.57	13.85	3.24
000289 STRAWBERRY DELIGHT	1/2 cup	1	149	0	32.75	*N/A*	1.00	0.00	0	33.66	1.81	0.45
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1949	2812	*141.86	*12.00	51.60	*0.00	*204	*279.74	*25.56	*101.38
% of Calories					*29.11 %	*2.46%	23.8%	*0.0%		*57.4%		*20.8%
Weekly Nutrient Guideline			600 - 650	1110		<10						

Wednesday - 03/11/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990297 CARIBBEAN SHEPHERDS PIE	5X5	1	286	468	*0.80	*0.00	15.07	*0.00	*44	20.57	*1.69	56.43
990417 PIZZA, RANCHERO STYLE	pizza	1	321	542	7.02	*N/A*	14.04	0.00	35	30.09	4.01	20.06
991084 ZESTY CHEESE AND CHIPS	1/2 CUP	1	499	1099	0.00	*N/A*	30.15	0.00	60	40.45	4.05	18.05

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Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990366 CORN, SEASONED, CANNED	1/2 CUP	1	*33	*36	*0.00	*N/A*	*3.56	*0.00	*0	*0.16	*0.00	*0.00
990783 GLAZED SWEET POTATOES, ES/K8/MIDDLE 1/2 CUPS	1/2 CUP	1	252	*111	*26.82	*N/A*	*5.09	*0.00	*0	*49.81	*3.28	*1.09
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	308	12	*33.97	*0.00	1.38	*0.00	0	79.57	13.85	3.24
991075 APPLESAUCE, CUPS, ASST FLAVORS	4.5 OZ CUP	1	54	1	11.79	0.00	0.00	0.00	0	14.39	1.20	0.00
000030 MILK, SKIM	HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.00	0.00	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
Weighted Daily Average			*2256	*2983	*149.51	*12.00	*71.62	*0.00	*169	*310.07	*28.08	*138.28
% of Calories					*26.51 %	*2.13%	*28.6%	*0.0%		*55.0%		*24.5%
Weekly Nutrient Guideline			600 - 650	1110		<10						

Thursday - 03/12/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000038 CHILI CON CARNE WITH BEANS 1/2 CUP	.5 CUP	1	307	636	*6.13	*N/A*	15.45	0.00	46	23.05	7.72	62.53
900002 ES/MS CORNBREAD- 1oz Grain	5x5 piece	1	106	157	*3.81	*N/A*	3.30	0.00	*15	16.92	*1.62	2.84

Base Menu Spreadsheet

Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991114 FRIES, TEXAS TACO	1/2C 2.71OZ	1	314	796	0.00	*0.00	19.53	0.00	67	20.82	3.02	20.23
991244 CHICKEN, POPPERS, RICH CHICKS NEW	10 POPPERS	1	4	7	0.00	0.00	0.24	0.00	1	0.26	0.04	0.30
990721 ROLL, 2 OZ RICH'S DINNER	1 Roll	1	170	140	4.00	*N/A*	3.00	0.00	*N/A*	29.00	3.00	7.00
990058 POTATO, FRESH BAKED	1/2 Each	1	168	11	1.32	0.00	0.17	0.00	0	38.49	2.77	4.56
990617 BROCCOLI, SEASONED ES/K8/MS 3/4 CUP	3/4 CUP	1	27	35	*1.02	*N/A*	0.00	0.00	0	4.38	*3.05	3.05
001262 PEARS, ROSY	HALF CUP	1	108	18	*5.44	*N/A*	0.00	0.00	0	26.43	2.86	0.32
991077 APPLES, FRESH, W/SKIN	1 EACH	1	72	1	14.34	0.00	0.23	0.00	0	19.06	3.31	0.36
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1688	2387	*93.16	*12.00	44.24	0.00	*153	240.46	*27.39	132.60
% of Calories					*22.08 %	*2.84%	23.6%	0.0%		57.0%		31.4%
Weekly Nutrient Guideline			600 - 650	1110		<10						

Friday - 03/13/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991266 CATFISH STRIPS PURCHASED	2 STRIPS	1	186	350	*N/A*	*N/A*	10.00	1.40	20	12.00	0.00	16.00
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	1	140	190	3.00	*N/A*	2.50	0.00	0	24.00	5.00	6.00
990139 SANDWICH, COUNTRY FRIED STEAK	1 EACH	1	430	580	5.00	*N/A*	19.50	0.00	30	45.00	4.00	21.00
990527 SANDWICH, PBJ (Elem/Middle)	1 SANDWICH	1	548	468	17.62	*2.02	25.01	0.00	*0	65.18	*8.85	16.85
990290 COLLARD GREENS, SOUTHERN	1/2 CUP	1	83	199	*2.86	*N/A*	2.53	*0.00	0	9.60	2.32	2.86
000339 BEANS, PINTO, 1/2 CUP	1/2 CUP	1	176	282	*3.42	*N/A*	0.00	0.00	*0	31.03	*11.88	9.85
990883 FRUIT, MIXED, CANNED	1/2 CUP	1	170	13	*33.82	*N/A*	0.00	0.00	0	41.80	2.60	0.00
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	308	12	*33.97	*0.00	1.38	*0.00	0	79.57	13.85	3.24
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990392 SAUCE, TARTAR INDV	POUCH	1	25	85	1.00	*N/A*	2.50	*N/A*	5	1.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0.00	*N/A*	4.00	0.00	5	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
Weighted Daily Average			2523	2899	*157.80	*14.02	69.74	*1.40	*84	371.72	*48.49	107.70
% of Calories					*25.02 %	*2.22%	24.9%	*0.5%		58.9%		17.1%
Weekly Nutrient Guideline			600 - 650	1110		<10						

Base Menu Spreadsheet

Portion Values

Mar 2, 2026 thru Mar 31, 2026

Monday - 03/16/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991267 PIZZA, CHEESE STUFFED CRUST 2025	4.84 oz slice	1	330	820	4.00	*N/A*	14.00	0.00	15	35.00	3.00	16.00
990019 CHICKEN, SANDWICH KICKIN	1 EACH	1	361	645	5.00	*N/A*	9.50	0.00	65	41.16	3.00	27.00
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	11	*0.34	*N/A*	0.27	*0.00	0	3.58	1.23	0.84
990279 SAUSAGE DOG	2 OZ; 1 PIECE	1	399	860	7.00	*N/A*	20.00	0.00	60	37.00	*2.00	18.00
991162 POTATO SMILES	4 EACH	1	130	180	*N/A*	*N/A*	4.50	0.00	0	20.00	2.00	2.00
000251 CARROT STICKS, 1/2 CUP	1/2 cup	1	25	21	*N/A*	*N/A*	0.11	*N/A*	0	5.98	1.77	0.61
991096 PEARS, FRESH	1 pear	1	101	2	17.36	*N/A*	0.25	0.00	0	27.11	5.52	0.64
990883 FRUIT, MIXED, CANNED	1/2 CUP	1	170	13	*33.82	*N/A*	0.00	0.00	0	41.80	2.60	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0.00	*N/A*	4.00	0.00	5	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50

Base Menu Spreadsheet

Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
Weighted Daily Average			2000	3372	*126.63	*12.00	54.95	*0.00	169	277.17	*21.12	97.00
% of Calories					*25.33 %	*2.40%	24.7%	*0.0%		55.4%		19.4%
Weekly Nutrient Guideline			600 - 650	1110		<10						

Tuesday - 03/17/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991140 BRUNSWICH STEW 0.5 CUP, PIEDMONT PREMADE	4 oz.	1	140	240	5.00	1.50	7.00	0.00	25	15.00	2.50	6.00
001256 RICE, SEASONED	1/2 cup	1	123	70	*0.39	*0.00	2.92	0.00	*0	*21.64	*1.18	*2.81
990816 SANDWICH, SLOPPY JOE	1 SANDWICH	1	273	556	*6.35	*0.00	7.01	*0.00	39	34.27	3.42	18.29
001238 TURKEY, CORN DOG	1 CORNDOG	1	280	700	9.00	*N/A*	14.00	0.00	45	27.00	1.00	10.00
990060 POTATO, SWEET FRIES 1/2 CUP	1/2 CUP	1	145	196	7.25	*N/A*	4.35	0.00	0	24.65	2.90	0.72
000535 VEGETABLES, ORIENTAL BLEND, SEASONED	1/2 CUP SERVING	1	60	41	*2.19	*N/A*	3.56	0.00	*0	*5.52	*2.19	*1.09
991087 GRAPES, FRESH, CHILLED	1/2 CUP	1	56	2	12.64	*N/A*	0.13	0.00	0	14.78	0.74	0.59
990335 SIDEKICKS, BLUE RASPBERRY	1 PORTION CUP	1	80	45	19.00	*N/A*	0.00	0.00	0	20.00	0.00	0.00
990336 SIDEKICKS, STRAWBERRY KIWI	1 PORTION CUP	1	80	45	19.00	*N/A*	0.00	0.00	0	20.00	0.00	0.00
990337 SIDEKICKS, STRAWBERRY MANGO	1 PORTION CUP	1	80	45	19.00	*N/A*	0.00	0.00	0	20.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41

Base Menu Spreadsheet

Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
Weighted Daily Average			1744	2674	*158.93	*13.50	41.29	*0.00	*133	*268.39	*13.92	*71.42
% of Calories					*36.45 %	*3.10%	21.3%	*0.0%		*61.6%		*16.4%
Weekly Nutrient Guideline			600 - 650	1110		<10						

Wednesday - 03/18/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990972 BAKED SPAGHETTI WITH GROUND BEEF	1 CUP	1	359	643	*4.33	*0.00	18.19	*0.00	*50	28.09	*4.00	62.08
990607 BENTO BOX	1 BOX	1	589	632	*42.01	*0.00	24.35	*0.00	82	80.41	6.00	16.78
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990452 BEANS, BLACK, SEASONED	1/2 CUP	1	145	207	1.15	*N/A*	0.84	0.00	0	25.41	5.73	8.02
990208 BEANS, GREEN, SEASONED	1/2 CUP	1	28	308	*1.48	*N/A*	0.44	0.00	*0	*4.46	*2.97	*1.48
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	308	12	*33.97	*0.00	1.38	*0.00	0	79.57	13.85	3.24

Base Menu Spreadsheet

Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991028 BLUEBERRY DELIGHT, FARM FRESH BLUEBERRIES	1/2 cup	1	43	1	7.60	*0.00	0.26	0.00	0	11.07	1.84	0.56
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1885	2388	*147.65	*12.00	47.78	*0.00	*156	*291.05	*34.38	*123.58
% of Calories					*31.33 %	*2.55%	22.8%	*0.0%		*61.8%		*26.2%
Weekly Nutrient Guideline			600 - 650	1110		<10						

Thursday - 03/19/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990954 SOUP, YUMMY & GRILLED CHEESE	6 oz	1	444	1169	*6.48	*2.02	22.54	*1.35	*39	44.11	*7.40	16.83
990138 COUNTRY FRIED STEAK WITH GRAVY	1 EACH	1	573	1954	2.00	*N/A*	29.34	0.00	30	53.02	2.00	15.00
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	1	140	190	3.00	*N/A*	2.50	0.00	0	24.00	5.00	6.00
990527 SANDWICH, PBJ (Elem/Middle)	1 SANDWICH	1	548	468	17.62	*2.02	25.01	0.00	*0	65.18	*8.85	16.85
000523 SWEET POTATO SOUFFLE	1/2 CUP	1	157	74	*20.58	*4.19	3.56	*0.00	*0	*29.64	*1.51	*0.76
990617 BROCCOLI, SEASONED ES/K8/MS 3/4 CUP	3/4 CUP	1	27	35	*1.02	*N/A*	0.00	0.00	0	4.38	*3.05	3.05

Base Menu Spreadsheet

Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991077 APPLES, FRESH, W/SKIN	1 EACH	1	72	1	14.34	0.00	0.23	0.00	0	19.06	3.31	0.36
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	3.96	*N/A*	0.00	0.00	0	18.49	1.32	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
Weighted Daily Average			2432	4485	*126.12	*20.24	85.50	*1.35	*94	*319.92	*32.44	*90.26
% of Calories					*20.74 %	*3.33%	31.6%	*0.5%		*52.6%		*14.8%
Weekly Nutrient Guideline			600 - 650	1110		<10						

Friday - 03/20/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990440 FISH, NUGGETS BREADED	4 nuggets	1	230	290	1.00	*N/A*	8.00	0.00	50	23.00	2.00	15.00
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	1	140	190	3.00	*N/A*	2.50	0.00	0	24.00	5.00	6.00
990119 CHEESE DUNKERS W. MARINARA	2 STICKS	1	327	913	9.10	*N/A*	12.66	0.00	10	38.43	4.89	14.89
990878 CHILI DOG, CON CARNE	1 Dog, 1/4 Cup	1	75	343	*2.80	*0.00	1.71	0.00	12	10.28	3.30	6.09
990882 Potato, Curly Spiral Cut Fries 1/2 CUP	1/2 CUP	1	130	290	0.00	*N/A*	5.00	0.00	0	21.00	1.00	1.00
990054 SALAD, ROMAINE & SPINACH	1 CUP	1	30	56	1.63	*0.00	0.48	0.00	0	5.49	2.94	2.81

Base Menu Spreadsheet

Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	308	12	*33.97	*0.00	1.38	*0.00	0	79.57	13.85	3.24
990196 ORANGES, MANDARIN CN	1/2 CUP	1	46	6	9.92	0.00	0.05	0.00	0	11.31	1.44	0.90
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
991090 SAUCE, TARTER IND	1 PK	1	40	100	*N/A*	*N/A*	3.00	0.00	0	3.00	0.00	0.00
Weighted Daily Average			1753	2935	*120.53	*12.00	37.10	*0.00	96	281.62	34.42	81.84
% of Calories					*27.50 %	*2.74%	19.0%	*0.0%		64.3%		18.7%
Weekly Nutrient Guideline			600 - 650	1110		<10						

Monday - 03/23/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991246 CHICKEN, BONELESS CHUNKS, RICH CHICKS NEW	4 EACH	1	215	332	0.00	0.00	6.84	0.00	41	15.08	2.01	20.11
990721 ROLL, 2 OZ RICH'S DINNER	1 Roll	1	170	140	4.00	*N/A*	3.00	0.00	*N/A*	29.00	3.00	7.00

Base Menu Spreadsheet

Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990354 SUB, HOT ITALIAN ES/MS	1 SANDWICH	1	339	771	7.72	*N/A*	13.36	0.00	38	36.72	4.85	17.58
990076 PIZZA, FOUR MEAT	1 SLICE	1	370	650	9.00	*N/A*	17.00	0.00	40	36.00	3.00	20.00
990084 POTATO, SEASONED FRIES 1/2 CUP	1/2 CUP	1	127	335	0.00	*N/A*	4.07	0.00	0	20.80	1.81	1.81
990526 VEGGIES, FRESH, CELERY STICKS	1/2 CUP	1	107	210	*6.24	*N/A*	6.37	*0.00	5	13.10	3.02	1.76
991077 APPLES, FRESH, W/SKIN	1 EACH	1	72	1	14.34	0.00	0.23	0.00	0	19.06	3.31	0.36
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	3.96	*N/A*	0.00	0.00	0	18.49	1.32	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
Weighted Daily Average			1790	3001	*92.37	*12.00	53.19	*0.00	*144	240.29	22.32	92.03
% of Calories					*20.64 %	*2.68%	26.7%	*0.0%		53.7%		20.6%
Weekly Nutrient Guideline			600 - 650	1110		<10						

Tuesday - 03/24/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991080 CHICKEN, DRUMS & THIGHS - USDA	1 DRUM OR THIGH	1	230	490	0.00	*N/A*	14.00	0.00	75	11.00	1.00	16.00

Base Menu Spreadsheet

Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	1	140	190	3.00	*N/A*	2.50	0.00	0	24.00	5.00	6.00
991257 Beef and Cheese Taco Crisp - Ups	4.54	1	6	8	0.01	0.00	0.33	0.01	1	0.56	0.08	0.31
990274 QUESADILLA, CHEESE, ELEM/MIDDLE	1 QUESADILLA	1	431	649	1.00	*N/A*	29.24	0.00	73	21.92	2.00	23.41
990343 CORN, MEXICAN, CANNED	1/2 CUP	1	*5	*5	*0.02	*N/A*	*0.48	*0.00	*0	*0.13	*0.07	*0.04
990452 BEANS, BLACK, SEASONED	1/2 CUP	1	145	207	1.15	*N/A*	0.84	0.00	0	25.41	5.73	8.02
991075 APPLESAUCE, CUPS, ASST FLAVORS	4.5 OZ CUP	1	54	1	11.79	0.00	0.00	0.00	0	14.39	1.20	0.00
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	308	12	*33.97	*0.00	1.38	*0.00	0	79.57	13.85	3.24
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
Weighted Daily Average			*1731	*2147	*108.05	*12.00	*51.09	*0.01	*173	*239.01	*28.93	*88.44
% of Calories					*24.97 %	*2.77%	*26.6%	*0.0%		*55.2%		*20.4%
Weekly Nutrient Guideline			600 - 650	1110		<10						

Wednesday - 03/25/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991258 ORANGE CHICKEN	12 PIECES	1	35	74	8.12	0.00	0.10	0.00	0	8.70	0.02	0.12

Base Menu Spreadsheet

Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991259 Chow Mein Noodles 883-2006	1/2 cup	1	160	260	9.00	*N/A*	2.50	0.00	0	33.00	4.00	6.00
990864 PORK, BBQ RIBLET ON HOAGIE	1 SANDWICH	1	412	976	18.47	*N/A*	13.10	0.00	38	51.40	1.40	16.40
991072 YOGURT & MUFFIN PLATE- (BLUEBERRY MUFFIN)	SERVING	1	397	511	30.53	*N/A*	13.16	0.00	*25	58.30	0.00	14.06
990202 BROCCOLI, RANCH	1/2 CUP	1	28	121	*1.07	*N/A*	0.00	0.00	0	4.67	*3.20	3.20
990783 GLAZED SWEET POTATOES, ES/K8/MIDDLE 1/2 CUPS	1/2 CUP	1	252	*111	*26.82	*N/A*	*5.09	*0.00	*0	*49.81	*3.28	*1.09
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	308	12	*33.97	*0.00	1.38	*0.00	0	79.57	13.85	3.24
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17.37	0.00	0.10	0.00	0	18.87	0.96	0.50
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
Weighted Daily Average			2077	*2651	*202.45	*12.00	*37.75	*0.00	*87	*366.35	*26.71	*76.03
% of Calories					*38.99 %	*2.31%	*16.4%	*0.0%		*70.6%		*14.6%
Weekly Nutrient Guideline			600 - 650	1110		<10						

Thursday - 03/26/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990136 MEATLOAF, BROWN SUGAR GLAZE	1 EACH	1	155	508	10.30	*2.79	5.04	*0.00	35	15.70	1.38	12.25
990721 ROLL, 2 OZ RICH'S DINNER	1 Roll	1	170	140	4.00	*N/A*	3.00	0.00	*N/A*	29.00	3.00	7.00
990412 ES/MS MACARONI & CHEESE	4 oz	1	242	320	*3.07	*N/A*	18.34	*0.00	*38	*16.20	*1.21	*12.16
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990290 COLLARD GREENS, SOUTHERN	1/2 CUP	1	83	199	*2.86	*N/A*	2.53	*0.00	0	9.60	2.32	2.86
000339 BEANS, PINTO, 1/2 CUP	1/2 CUP	1	176	282	*3.42	*N/A*	0.00	0.00	*0	31.03	*11.88	9.85
991077 APPLES, FRESH, W/SKIN	1 EACH	1	72	1	14.34	0.00	0.23	0.00	0	19.06	3.31	0.36
990883 FRUIT, MIXED, CANNED	1/2 CUP	1	170	13	*33.82	*N/A*	0.00	0.00	0	41.80	2.60	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1480	2049	*128.91	*14.79	31.46	*0.00	*97	*224.43	*25.69	*75.88
% of Calories					*34.84 %	*4.00%	19.1%	*0.0%		*60.7%		*20.5%
Weekly Nutrient Guideline			600 - 650	1110		<10						

Friday - 03/27/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990132 SANDWICH, FISH	1 SANDWICH	1	300	380	4.00	*N/A*	7.50	0.00	50	42.00	4.00	20.00
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	11	*0.34	*N/A*	0.27	*0.00	0	3.58	1.23	0.84
990406 POT PIE, CHICKEN	8 OZ	1	419	1326	*6.33	*N/A*	21.29	*0.00	*59	43.76	3.63	22.10
001444 TURKEY, HOTDOG	2 oz	1	309	450	6.00	*N/A*	13.00	0.00	50	34.00	2.00	13.00
001118 COLESLAW (KFC STYLE) 1/2 CUP	1/2 CUP	1	64	132	*5.54	*5.28	3.07	*0.00	*8	8.88	*0.94	0.88
990055 POTATOES, FRESH BAKED SWEET 1/2 EACH	1/2 EACH	1	108	54	*0.70	*0.70	1.92	*0.00	*0	*21.27	*3.18	*1.98
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	308	12	*33.97	*0.00	1.38	*0.00	0	79.57	13.85	3.24
990883 FRUIT, MIXED, CANNED	1/2 CUP	1	170	13	*33.82	*N/A*	0.00	0.00	0	41.80	2.60	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
991090 SAUCE, TARTER IND	1 PK	1	40	100	*N/A*	*N/A*	3.00	0.00	0	3.00	0.00	0.00
990398 MARGARINE, INDIVIDUAL	pack	1	25	40	0.00	*N/A*	2.50	0.00	0	0.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990086 SOUR CREAM, IND.	1 PACK	1	61	15	1.01	*N/A*	5.06	0.00	20	1.01	0.00	1.01
Weighted Daily Average			2248	3268	*150.83	*17.98	61.32	*0.00	*211	*344.41	*31.42	*94.96
% of Calories					*26.84 %	*3.20%	24.5%	*0.0%		*61.3%		*16.9%
Weekly Nutrient Guideline			600 - 650	1110		<10						

Monday - 03/30/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991256 Pepperoni Calzone	5 oz.	1	4	7	0.08	*N/A*	0.14	*N/A*	0	0.40	0.04	0.24
990204 HAMBURGER	EACH	1	280	370	4.00	*N/A*	9.50	0.00	35	28.00	3.00	22.00
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	200	*0.34	*N/A*	0.27	*0.00	0	3.58	1.23	0.84
990527 SANDWICH, PBJ (Elem/Middle)	1 SANDWICH	1	548	468	17.62	*2.02	25.01	0.00	*0	65.18	*8.85	16.85
990068 BEANS, BAKED	1/2 CUP	1	111	266	11.09	*N/A*	0.00	0.00	0	23.30	4.44	3.33
990882 Potato, Curly Spiral Cut Fries 1/2 CUP	1/2 CUP	1	130	290	0.00	*N/A*	5.00	0.00	0	21.00	1.00	1.00
991081 ORANGES, WEDGES	EACH	1	76	0	15.11	0.00	0.19	0.00	0	18.99	3.88	1.52
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	*N/A*	0.00	0.00	0	29.15	3.98	0.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0.00	*N/A*	4.00	0.00	5	0.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
Weighted Daily Average			1339	1836	*50.25	*2.02	44.12	*0.00	*40	193.10	*26.41	46.27
% of Calories					*15.01 %	*0.60%	29.7%	*0.0%		57.7%		13.8%
Weekly Nutrient Guideline			600 - 650	1110		<10						

Tuesday - 03/31/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990940 SLIDER PLATTER	2 SLIDERS	1	471	746	*5.51	*N/A*	17.06	0.00	69	52.01	*4.00	30.03
990274 QUESADILLA, CHEESE, ELEM/MIDDLE	1 QUESADILLA	1	431	649	1.00	*N/A*	29.24	0.00	73	21.92	2.00	23.41
990724 MINI CORN DOG NUGGETS	6 PIECES	1	250	350	1.00	*N/A*	10.00	0.00	60	30.00	3.00	10.00
990882 Potato, Curly Spiral Cut Fries 1/2 CUP	1/2 CUP	1	130	290	0.00	*N/A*	5.00	0.00	0	21.00	1.00	1.00
000419 VEGETABLES, FRESH ASSORTED	1/2 c.	1	14	21	*1.43	*0.00	0.13	*0.00	0	3.02	1.18	0.79
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	308	12	*33.97	*0.00	1.38	*0.00	0	79.57	13.85	3.24
991021 FRUIT CUP IN FRUIT JUICE	1 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000035 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12.00	*N/A*	0.00	0.00	5	13.01	0.00	8.00

Base Menu Spreadsheet

Portion Values

Mar 2, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
Weighted Daily Average			*2031	*2803	*102.02	*12.00	*65.13	*0.00	*226	*273.05	*25.04	*100.38
% of Calories					*20.09 %	*2.36%	*28.9%	*0.0%		*53.8%		*19.8%
Weekly Nutrient Guideline			600 - 650	1110		<10						

	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages	*1890	*2711	*126.82	*12.42	*51.22	*0.13	*136	*278.56	*27.90	*90.53
% of Calories			*26.84 %	*2.63%	*24.4%	*0.1%		*59.0%		*19.2%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.