

Irvington High School and Middle School Menu



Breakfast Menu

Available every day!

- ***Made to Order Omelet Station**- Toppings Diced Tomatoes, Onions, Peppers, Chicken Sausage, Mozzarella or Cheddar Cheese
- ***Bacon, Egg & Cheese Sandwich**- on Wheat Bread
- ***Meatless Egg & Cheese Sandwich**- on Wheat Bread
- ***Wheat French Toast Sticks**- Served with 100% Maple Syrup
- ***Wheat Pancakes** – Served with 100% Maple Syrup
- ***Yogurt Parfait**- Greek Vanilla Yogurt, Fresh Blueberries & Granola
- ***Bagel Meal** - Bagel, 2 Cheese Sticks and Fruit
- ***DAILY VEGETABLES** –Hash Brown/Tater Tots offered daily
- ***Available Daily** –Orange, Apple and Banana



All Breakfast **Must** Include Choice of:
One Grain, Fruit
And May Include:

Choice of Whole, Fat Free or 1% Low-Fat Milk with no rBST or artificial hormones

All food is free from hydrogenated oils, high fructose corn syrup, preservatives, and artificial dyes. Grains served are whole grain per National School Lunch guidelines.

If you have any Question/Concerns
Special Dietary Needs Please email
gloria.estrada@irvingtonschools.org

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This Institution is an equal opportunity provider.

Coffee Station available for High School Students in both Atrium and Cafeteria locations

Menus are subject to change. (P) may contain pork. Full list of ingredients for all menu items can be found on the District website under the Food and Nutrition department page.

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Daily Offerings

Available every day!

- * **ACTION STATION**- Lo Mein Noodles Sautéed Fresh & Hot! Add vegetables of choice and diced chicken.
- * **Grab n Go STATION**- Burgers & Chicken Sandwiches on a Bun
- * **SMOOTHIE STATION**- Yogurt blended with fruit and granola
- * **Acai Bar**- Acai berry with choice of various toppings
- * **DELI STATION** - Made to Order Sandwiches with Boars Head products. Panini press option for a hot variation.
- * **DAILY VEGETABLES** - Carrot Sticks and Celery Sticks offered daily
- * **GOURMET PIZZA STATION**- Specialty Pizzas Daily along with Cheese, Pepperoni (P) and Turkey, Salami (P)
- * **SALADS** – Grilled chicken Caesar salad
- * **Soup**- Chicken Soup, Tomato Soup, Pea Soup (Rotates)
- * Apple, Oranges, Banana



All Lunches **Must** Include Choice of:
Fruits and/or Vegetable
And May Include:

Choice of Whole, Fat Free or 1% Low-Fat Milk with
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March 2026

IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

March 2-6

MONDAY

**Meatless Monday
Grilled Cheese
Tomato Soup**

**Roasted Broccoli
Apple**

TUESDAY

**Turkey Tacos
Brown Rice**

**Kidney Beans
Cantaloupe**

WEDNESDAY

Pork BBQ Sandwich (P)

**Baked Curly Fries
Apple**

THURSDAY

**Fresh Waffles
Chicken Sausage**

**Baked Sweet Potatoes
Orange**

FRIDAY

**Vegetarian Three Bean
Chilli Nachos**

**Steamed Broccoli
Watermelon**

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Gluten Free items are available. Please ask servers to identify items.

[Student Lunch Meal \\$4.25](#)

[Adult Lunch](#)

[\\$5.50 \(Includes tax\)](#)

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March 2026

IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

March 9-13

MONDAY

**Alfredo Pasta
With Dinner Roll
Chicken Tenders**

**Rainbow Vegetables
Banana**

TUESDAY

**Beef Tacos
Served with Sour Cream and
Salsa**

**Bake Sweet Potato
Banana**

WEDNESDAY

**Beef Sauteed with
Peppers and Onion
Brown Rice**

**Spinach Salad
Sliced Apple**

THURSDAY

**Buffalo Chicken Quesadilla
Salsa and Sour Cream**

**Butternut Squash
Orange**

FRIDAY

**Meatless Friday
Fish Sticks
Mac and Cheese**

**Sliced Red Peppers
Apple**

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March 2026

IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

March 16-20

MONDAY

**Pulled Pork Sandwich (P)
with Swiss Cheese and
Pickles**

**Steamed Carrots
Sliced Apple**

TUESDAY

**Beef Bowl
Brown Rice**

**Steamed Carrots
Banana**

WEDNESDAY

**Chicken Alfredo Pasta
With Bread Stick**

**Roasted Broccoli
Banana**

THURSDAY

Chicken Wing Bar (Buffalo, BBQ)

**Cucumber
Apple**

FRIDAY

**Cheese Quesadilla
Rice**

**Roasted Zucchini
Apple**

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IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

March 23-27

MONDAY

**Cheese or Chicken Quesadilla
Salsa and Sour Cream**

**Steamed Carrots
Sliced Apple**

TUESDAY

**Beef Meatballs
Spaghetti with Sauce**

**Steamed Carrots
Banana**

WEDNESDAY

**Grilled Chicken Strips Brown
Rice Bowl Served With
Toppings**

**Roasted Broccoli
Banana**

THURSDAY

**Chicken Parm
Baked Ziti**

**Roasted Zucchini
Apple**

FRIDAY

**Grilled Cheese
Tomato Soup**

**Cucumber Slices
Apple**

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