Local Wellness Policy Triennial Assessment

Sponsors participating in the National School Lunch Program and/or School Breakfast Program are required to have a local wellness policy for all participating sites under its jurisdiction. At a minimum, the local wellness policy must be assessed once every three years; this is referred to as the triennial assessment. Triennial assessments must determine, for each participating site under its jurisdiction, 1) compliance with the wellness policy, 2) progress made in attaining the goals of the wellness policy, and 3) how the wellness policy compares to model wellness policies. **This documentation should be kept on file with your organization's written local wellness policy for review by an ISBE monitor during your next school nutrition administrative review.**

Sponsor Name: Calumet City 155

Site Name: Wentworth Jr. High

Date Completed: 02/06/2026

Completed by: Andrew Morgan

Part I: Content Checklist

Below is a list of items that must be addressed in Local Wellness Policies, based on U.S. Department of Agriculture (USDA) and state guidance. Check the box for each item included in your Local Wellness Policy. For any box that is not checked, consider taking steps to add the item(s) to the policy in the future. For more information, see ISBE's Local Wellness Policy Content Checklist.

☒Goals for Nutrition Education

☒Goals for Nutrition Promotion

☒Goals for Physical Activity

☒Goals for Other School-Based Wellness Activities

☒Unused Food Sharing Plan

☒Nutrition Standards for School Meals

☒Nutrition Standards for Competitive Foods

☒Standards for All Foods/Beverages Provided, but Not Sold

☒Food & Beverage Marketing

☒Wellness Leadership

☒Public Involvement

☒Triennial Assessments

☒Reporting

Part II: Goal Assessment

Per USDA regulations, the triennial assessment must determine compliance with and progress made in attaining the goals of the wellness policy. Input the goals of your local wellness policy into the table below for the corresponding areas: Nutrition Education, Nutrition Promotion, Physical Activity, and Other School-Based Wellness Activities. Indicate if the site is meeting, partially meeting, or not meeting each goal listed. Include any next steps in attaining the goal(s), if applicable. Table rows may be added for additional goals.

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Education				
Support and promote sound nutrition for students.	X			
Foster the positive relationship between sound nutrition, physical activity, and the capacity of students to develop and learn.	X			
Nutrition education will be part of the District's comprehensive health education curriculum (6:60)	X			

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Promotion				
School will support and promote sound nutrition for students.	X			
School will foster the positive relationship between sound nutrition, physical activity, and the capacity of students to develop and learn.	X			
Nutrition education will be part of the District's comprehensive health education curriculum. (see policy 6:60)	X			

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Physical Activity				
School will support and promote an active lifestyle for students.	X			
Physical education will be taught in all grades and shall include a developmentally planned and sequential curriculum that fosters the development of movement skills, enhances health-related fitness, increases students' knowledge, offers direct opportunities to learn how to work cooperatively in a group setting, and encourages healthy habits and attitudes for a healthy lifestyle. (see policies 6:60, 7:260)	X			
During the school day, all students will be required to engage in a physical education course, unless otherwise exempted. (see policies 6:60, 7:260)	X			
The curriculum will be consistent with and incorporate relevant Illinois Learning Standards for Physical Development and Health as established by the Ill. State Board of Education.	X			

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Other School-Based Wellness Activities				
				N/A

Part III: Model Policy Comparison

As part of the triennial assessment, USDA requires sponsors to assess how their wellness policy compares to model wellness policies. Choose **one** of the model wellness policies below to compare against your local wellness policy. Indicate which model policy was chosen and provide a narrative for each prompt below based on the findings.

☐ Alliance for a Healthier Generation's Model Wellness Policy – Local wellness policy created in collaboration with USDA, which exceeds minimum requirements.

☒ **Rudd Center's WellSAT 3.0** – Wellness assessment tool that asks a series of questions about your local wellness policy and generates a personalized scorecard based on the results. Users will need to create an account to access this tool.

☐ Other: _____

1. What strengths does your current local wellness policy possess?
    a. D155 Wellness Policy promotes good nutrition and physical activity in the District's educational program, school-based activities, and meal programs.
    b. The policy includes goals for Nutrition Education, Nutrition Promotion, and Physical Activity.
    c. The policy prohibits the marketing and sale of competitive foods that do not meet nutritional standards.
2. What improvements could be made to your local wellness policy?
    a. None at this time.
3. List any next steps to implement the changes discussed above.
    a. N/A