



MONDAY | 6/03/2026

Soup
Tomato & Basil

Main
Slow Roasted Turkey Leg w/ Mushroom Sauce

International
Pizza Margarita

Vegan
Leek A Bras

Composed Salads
Cauliflower, Grapes & Fennel
Arugula & Parmesan

Raw Salads
Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides
Steamed Rice
Roasted Peppers
Steamed Peas

Dessert
Fruit Cups & Yogurt w/ Homemade Granola

FOR ALLERGEN INFORMATION PLEASE SPEAK TO A MEMBER OF THE TEAM.



TUESDAY | 7/03/2026

Soup

Beans & Cabbage

Main

Pan Fried Seabass w/ Pico de Gallo

International

BBQ Pulled Chicken w/ Buns

Vegan

Vegetable Frittata

Composed Salads

**Potato Salad w/ Chimichurru
Rainbow Slaw**

Raw Salads

Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides

**Paprika Potato Wedges
Wilted Greens
Caramelized Carrots**

Dessert

Fruit Cups

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WEDNESDAY | 8/03/2026

Soup

Creamy Courgette

Main

Grilled Chicken Breast w/ Lemon & Herbs

International

Pasta al Forno w/ Veal Ragout

Vegan

Vegan Feijoada w/ Tofu

Composed Salads

**Red Lentil, Spinach & Feta
Pasta Salad w/ Pumpkin**

Raw Salads

Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides

**Carrot Rice
Grilled Eggplant
Roasted Brussel Sprouts**

Dessert

Fruit Cups & Yogurt w/ Honey

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THURSDAY | 19/03/2026

Soup
Cream of Carrot

Main
Slow Roasted Turkey Breast

International
Fish Moqueca

Vegan
Lentil Bolognese

Composed Salads
Greek Salad
Green Salad with Mango & Lime

Raw Salads
Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides
Roasted Sweet Potatoes
Steamed Broccoli
Roasted Corn

Dessert
Fruit Cups

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FRIDAY 20/03/2026

Soup

Cream of Seasonal Vegetables

Main

Cod a Bras

International

Grilled Turkey Kebabs w/Yogurt Sauce & Herbs

Vegan

Broccoli & Feta Quiche

Composed Salads

**Roasted Cauliflower & Seeds
Spinach & Roasted Tomatoes**

Raw Salads

Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides

**Steamed Rice
Grilled Seasonal Vegetables
Roasted BeetRoots**

Dessert

Fruit Pods & Portuguese Rice Pudding

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