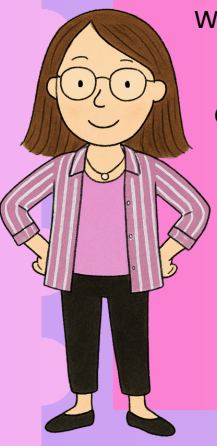
Parent Education Program - Mt. Diablo Adult Education

2025-2026 School Readiness Newsletter
January/February 2026

Coordinator's Message

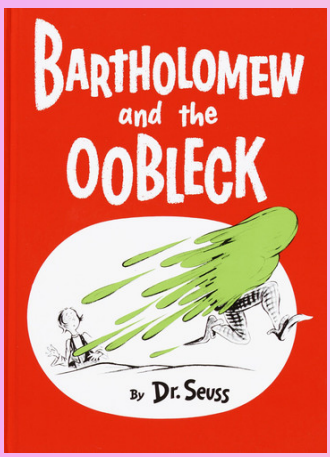
As we celebrate the season of kindness and connection, I want to extend my heartfelt appreciation to all of our families. February is a wonderful reminder of the power of small, everyday moments—reading together, sharing conversations, and encouraging our children as they learn and grow. Thank you for partnering with us and for the love, patience, and support you bring to our school community each day. Wishing you a month filled with joy, togetherness, and plenty of sweet moments with your little ones.

Katie Bramwell
Parent Education Coordinator



Next Event: (For the Whole Family)





Fun with Oobleck

Oobleck is a fun, non-Newtonian fluid made by mixing **2 parts cornstarch with 1 part water (e.g., 2 cups cornstarch to 1 cup water)**, often with added food coloring. It acts like a solid when under pressure (squeezed, hit) and a liquid when at rest, because the cornstarch particles lock together. It can be safely played with by molding it into balls, tapping it, or letting it drip through fingers, but should be disposed of in the trash, not the sink.

Contact Us!

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Hidden Valley

Our class has been exploring the world of animals and bringing our creativity to life through art inspired by the beloved classic Brown Bear, Brown Bear. The children have grown in confidence, discovering their own unique ways to create and express themselves using different techniques and materials, and they are excited to showcase their work at the art show.

We've also been developing important social skills—taking turns, sharing, and expressing our feelings when we feel sad or frustrated. Each day, we've begun to demonstrate how responsible and fair we can be by taking turns as the special helper.

Movement has been part of our fun too! We've been practising yoga with our Alphabet Yoga book, stretching, balancing, and exploring mindfulness in a playful way.

Finally, we're especially excited to celebrate Valentine's Day together with a special activity organized by our amazing special event parents!

Loma Vista Combo

Hello from Loma Vista Combo class! January and February have been busy and full of fun. We Started off the new year learning about arctic animals and their habitats. We have been talking about winter weather and noticing the cold, rain and wind in our own play yard and have had lots of discussion about, and experimentation with snow and ice. We will be celebrating the lunar new year with crafts and games. We are focusing on kindness and inclusion as we talk about MLK day, Black History month and Valentine's day.





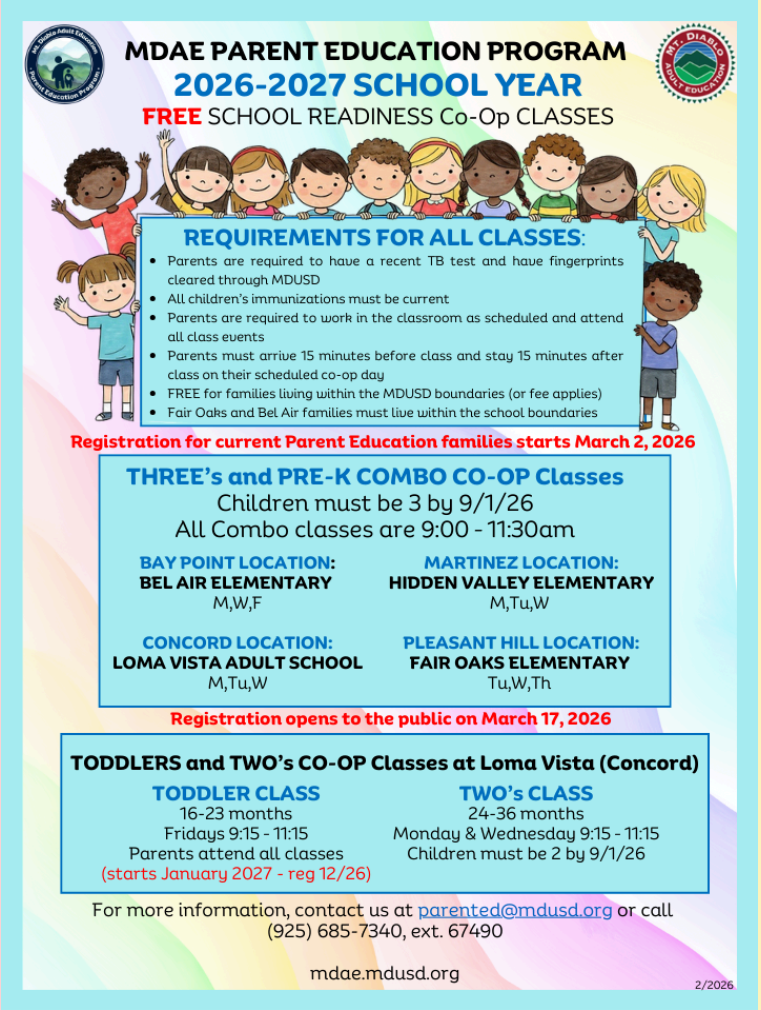






Fair Oaks Combo Class

We've been having a wonderful time learning and growing together in our combo preschool class! The children have been busy working hard through play and exploration while learning new skills daily! As we established our classroom routines and rules, the children are exhibiting knowledge about our class schedule, classroom culture, positive communication as well as teamwork! Our hands-on art projects and group circle time discussions have been a special time to observe increased confidence in the children, as well as the wonderful friendships that are blossoming! We continue to encourage independence, respect for others, and experiential learning. We thank all the families for the support and care you provide for children. Wishing everyone a Happy Spring!



Reminders

Family Reading Event - Saturday, March 7
No School - Monday, March 16
No School Tuesday, March 31
No School - Monday April 6-Monday April 13
(school starts again on Tuesday the 14th)



The Two's

We are all excited that spring is around the corner! We have been enjoying learning, playing and growing together! The children are really enjoying hands-on activities, story time, and plenty of creative fun. We continue to focus on listening skills, sharing, kindness and gentle hands with friends. This month, our focus is on love, friendship, and kindness. Our "Circle Time" gatherings consist of singing songs, learning shapes and colors, counting, musical instruments, and story time! We had so much fun on our field trip to the Lindsay Wildlife Museum. The children were so happy playing with friends on the playground and exploring all the amazing wildlife! Thank you to all the families for your continued support. We love watching your children learn and shine! Happy Spring!