



To set up account/make payments:

<https://schoolpaymentportal.com/ConsumerLogin.aspx>

For descriptions, nutritional and allergen information:

<https://www.schoolcafe.com/SwedesboroWoolwichSDNutriServe/menus>

Meet Your Nutritious Friend:
Mr. Oatis

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 DAY A</p> <p>#1 BEEF CHEESESTEAK #2 SAUSAGE, EGG & CHEESE CROISSANT #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> CHEESY BROCCOLI CUCUMBER SLICES</p>	<p>3 DAY B</p> <p>#1 BEEF NACHO GRANDE #2 HOT DOG ON BUN #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> CORN ON THE COB GRAPE TOMATOES 100% JUICE CUP</p>	<p>4 DAY C</p> <p>#1 EGG CHEESE WAFFLE FLATBREAD #2 MOZZ. STIX w/sauce cup #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> EMOTICON FRIES CARROT STICKS</p>	<p>5 DAY D</p> <p>#1 ASIAN ORANGE CHICKEN OVER RICE #2 HOT DOG ON BUN #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> BBQ BAKED BEANS BROCCOLI BITES 100% JUICE CUP</p>	<p>6 DAY E</p> <p>#1 PIZZA CRUNCHERS #2 MOZZ. STIX w/sauce cup #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> GARLIC SPINACH RED PEPPER STRIPS</p>
<p>9 DAY F</p> <p>#1 NUGGETS & ROLL #2 SAUSAGE, EGG & CHEESE CROISSANT #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> BBQ BAKED BEANS CHICKPEA SALAD</p>	<p>10 DAY A</p> <p>#1 BEEF CHEESE BURRITO #2 CHICKEN PATTY ON BUN #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> CORN GREEN PEPPER / JUICE</p>	<p>11 DAY B</p> <p>#1 FRENCH TST STIX & TURKEY LINKS #2 BREAKFAST BURRITO #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> HASHBROWNS CARROT STICKS</p>	<p>12 DAY C</p> <p>#1 HOT HONEY GARLIC CHIX WINGS & roll #2 GRILLED CHEESE SANDWICH #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> GLAZED CARROTS CUCUMBER SLICES / JUICE</p>	<p>13 DAY D</p> <p>#1 STUFFED CRUST PIZZA #2 CHICKEN PATTY ON BUN #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> GREEN BEANS SPINACH SIDE SALAD</p>
<p>16 DAY E</p> <p>#1 SLOPPY JOE ON BRIOCHE ROLL #2 HOT DOG #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> CHEESY BROCCOLI GREEN PEPPER STRIPS</p>	<p>17 DAY F</p> <p>#1 WALKING TURKEY TACO w/WALKING FRITO CHIPS #2 MOZZ STICKS & SAUCE #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> CORN CHICKPEA SALAD / JUICE</p>	<p>18 DAY A</p> <p>#1 CHICKEN PATTY with CHEESE #2 SAUSAGE, EGG & CHEESE CROISSANT #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> SEASONED POTATO WEDGES CARROT STICKS</p>	<p>19 DAY B</p> <p>#1 CHICKEN TENDERS & TEXAS TOAST #2 MOZZ STICKS & SAUCE #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> MASHED POTATOES GRAPE TOMATOES / JUICE</p>	<p>20 DAY C</p> <p>#1 PIZZA DIPPERS & sauce cup #2 HOT DOG #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> BBQ BAKED BEANS CUCUMBER SLICES</p>
<p>23 DAY D</p> <p>#1 CHEESEBURGER #2 FRENCH BREAD PIZZA #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> TATER TOTS GREEN PEPPERS</p>	<p>24 DAY E</p> <p>#1 BEEF NACHO GRANDE #2 SAUSAGE, EGG & CHEESE CROISSANT #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> STEAMED CORN CHICKPEA SALAD / JUICE</p>	<p>25 DAY F</p> <p>#1 EGG CHEESE WAFFLE FLATBREAD #2 FRENCH BREAD PIZZA #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> EMOTICON FRIES CARROT STICKS</p>	<p>26 DAY A</p> <p>#1 NUGGETS & TEXAS TOAST #2 GARDEN SALAD w/cheese #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> BBQ BAKED BEANS BROCCOLI BITES / JUICE</p>	<p>27 DAY B</p> <p>#1 LARGE PIZZA BAGEL #2 SPICY BUFFALO CHICKEN NUGGETS #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> CHEESY SPINACH RED PEPPER STRIPS</p>
<p>30 DAY B</p> <p>#1 CHEESE LASAGNA #2 HOT DOG ON BUN #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> GREEN BEANS BROCCOLI BITES</p>	<p>31 DAY C</p> <p>#1 WALKING BEEF TACO with DORITO BAG #2 PIZZA DIPPERS & SAUCE #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> CORN CUCUMBER SLICES/ JUICE</p>			

ATTN: TEACHERS:

Please choose Lunch #1, #2 or #3 in OnCourse

Kitchen extensions:

Hill x2014
Clifford x3160
Stratton x1097
Harker x4015

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry

NUTRI SERVE FOOD MANAGEMENT

GINA D'ADAMO, Food Service Director
856-241-1552 EXT 1097
GDADAMO@SWSDK6.COM ~ SWE@NSFM.COM

Meal Prices

Student Lunch \$3.35
Reduced Lunch \$0.00
Faculty Lunch \$5.00

