



**To set up account/make payments:**

<https://schoolpaymentportal.com/ConsumerLogin.aspx>

**For descriptions, nutritional and allergen information:**

<https://www.schoolcafe.com/SwedesboroWoolwichSDNutriServe/menus>

**Meet Your Nutritious Friend:**  
Mr. Oatis

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 DAY A</p> <p>#1 CHEESEBURGER</p> <p>#2 SAUSAGE, EGG &amp; CHEESE CROISSANT</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> CHEESY BROCCOLI CUCUMBER SLICES</p>	<p>3 DAY B</p> <p>#1 BEEF NACHO GRANDE</p> <p>#2 HOT DOG ON BUN</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> CORN ON THE COB GRAPE TOMATOES 100% JUICE CUP</p>	<p>4 DAY C</p> <p>#1 TRIX FRENCH TOAST BAG &amp; 2 PORK LINKS</p> <p>#2 MOZZ STIX w/sauce cup</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> EMOTICON FRIES CARROT STICKS</p>	<p>5 DAY D</p> <p>#1 TENDERS &amp; TEXAS TOAST</p> <p>#2 HOT DOG ON BUN</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> BBQ BAKED BEANS BROCCOLI BITES 100% JUICE CUP</p>	<p>6 DAY E</p> <p>#1 PIZZA CRUNCHERS</p> <p>#2 TURKEY &amp; CHEESE SANDWICH</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> GARLIC SPINACH RED PEPPER STRIPS</p>
<p>9 DAY F</p> <p>#1 PIZZA DIPPERS &amp; sauce cup</p> <p>#2 SAUSAGE, EGG &amp; CHEESE CROISSANT</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> BBQ BAKED BEANS CHICKPEA SALAD</p>	<p>10 DAY A</p> <p>#1 BEEF CHEESE BURRITO</p> <p>#2 CHICKEN PATTY ON BUN</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> CORN GREEN PEPPER / JUICE</p>	<p>11 DAY B</p> <p>#1 FRENCH TST STIX &amp; TURKEY LINKS</p> <p>#2 BAGEL LUNCH BUNDLE</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> HASHBROWNS CARROT STICKS</p>	<p>12 DAY C</p> <p>#1 POPCORN CHICKEN &amp; GOLDFISH</p> <p>#2 GRILLED CHEESE SANDWICH</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> GLAZED CARROTS CUCUMBER SLICES / JUICE</p>	<p>13 DAY D</p> <p>#1 STUFFED CRUST PIZZA</p> <p>#2 CHICKEN PATTY ON BUN</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> GREEN BEANS SPINACH SIDE SALAD</p>
<p>16 DAY E</p> <p>#1 MOZZ STIX w/sauce cup</p> <p>#2 HOT DOG</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> CHEESY BROCCOLI GREEN PEPPER STRIPS</p>	<p>17 DAY F</p> <p>#1 TURKLEY TACO ON TWO HARD SHELLS</p> <p>#2 MOZZ STICKS &amp; SAUCE</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> CORN CHICKPEA SALAD / JUICE</p>	<p>18 DAY A</p> <p>#1 MINI WAFFLE BAG &amp; 2 PORK LINKS</p> <p>#2 SAUSAGE, EGG &amp; CHEESE CROISSANT</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> SEASONED POTATO WEDGES CARROT STICKS</p>	<p>19 DAY B</p> <p>#1 TENDERS &amp; TEXAS TOAST</p> <p>#2 MOZZ STICKS &amp; SAUCE</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> MASHED POTATOES GRAPE TOMATOES/ JUICE</p>	<p>20 DAY C</p> <p>#1 PIZZA DIPPERS &amp; sauce cup</p> <p>#2 HOT DOG</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> BBQ BAKED BEANS CUCUMBER SLICES</p>
<p>23 DAY D</p> <p>#1 CHEESEBURGER</p> <p>#2 FRENCH BREAD PIZZA</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> TATER TOTS GREEN PEPPERS</p>	<p>24 DAY E</p> <p>#1 BEEF NACHO GRANDE</p> <p>#2 SAUSAGE, EGG &amp; CHEESE CROISSANT</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> STEAMED CORN ITALIAN CHICKPEA SALAD 100% JUICE CUP</p>	<p>25 DAY F</p> <p>#1 2 PC HILLTOP PANCAKES &amp; TURKEY LINKS</p> <p>#2 FRENCH BREAD PIZZA</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> EMOTICON FRIES CARROT STICKS</p>	<p>26 DAY A</p> <p>#1 NUGGETS &amp; GOLDFISH</p> <p>#2 GARDEN SALAD w/cheese</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> BBQ BAKED BEANS BROCCOLI BITES 100% JUICE CUP</p>	<p>27 DAY B</p> <p>#1 LARGE PIZZA BAGEL</p> <p>#2 TURKEY &amp; CHEESE SANDWICH</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> CHEESY SPINACH RED PEPPER STRIPS</p>
<p>30 DAY B</p> <p>#1 CHEESE LASAGNA</p> <p>#2 HOT DOG ON BUN</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> GREEN BEANS BROCCOLI BITES</p>	<p>31 DAY C</p> <p>#1 CHICKEN &amp; CHEESE QUESADILLA</p> <p>#2 PIZZA DIPPERS &amp; SAUCE</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> CORN CUCUMBER SLICES/ JUICE</p>			

**ATTN: TEACHERS:**  
Please choose Lunch #1, #2 or #3 in OnCourse

Kitchen extensions:  
Hill x2014  
Clifford x3160  
Stratton x1097  
Harker x4015

**What is a Meal?**  
Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

**Choice of Vegetable**  
Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

**Choice of Fruit**  
Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

**Choice of Milk**  
1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry

**NUTRI SERVE FOOD MANAGEMENT**  
GINA D'ADAMO, Food Service Director  
856-241-1552 EXT 1097  
[GDADAMO@SWSDK6.COM](mailto:GDADAMO@SWSDK6.COM) ~ [SWE@NSFM.COM](mailto:SWE@NSFM.COM)

**Meal Prices**  
Student Lunch \$3.35  
Reduced Lunch \$0.00  
Faculty Lunch \$5.00

