

# Lunch Menu

## Syosset Elementary School

# February 2026

WHITSONS FAMILY OF COMPANIES  
WWW.WHITSONS.COM



### Monday


### Tuesday

### Wednesday

### Thursday

### Friday

2 Homemade Mac & Cheese    
Crispy Potato Puffs  
Roasted Lemon  
Parmesan Broccoli  
Clementine






3 General Tso's Chicken  
*crispy chicken with broccoli in General Tso's sauce*   
Brown Rice  
Roasted Butternut Squash  
Celery  
Apple Slices

4 Homemade Pasta & \*\*\* Meatballs  
*freshly baked meatballs with tomato sauce over pasta*   
Green Pepper Slices  
Side Garden Salad  
Clementine



5 \* Nachos Grande  
Salsa  
Fiesta Corn  
Confetti Kidney Bean Salad  
Baby Carrots  
Apple Slices

6 Cheese Pizza    
\*\*\*\*Pepperoni Pizza   
Mixed Kale Side Salad  
Carrot Sticks  
With Ranch Dressing  
Organic Applesauce


9 Cheesy Stuffed Bread Sticks   
Tomato Sauce  
Crispy Potato Puffs  
Celery  
Clementine




10 Baked Chicken Tenders  
With Honey Mustard Dressing  
And Whole Wheat Dinner Roll  
Sweet Potato Fries  
Apple Slices

11 Pasta with Meat \*\*\* Sauce  
*freshly cooked pasta with meat sauce*   
Green Beans  
Carrot Sticks  
Clementine


12 Whole Grain Waffles  
\*\* with Sausage  
Crispy Potato Puffs  
Confetti Garbanzo Bean Salad  
Baby Carrots  
Apple Slices



13 Cheese Pizza    
\*\*\*\* Pepperoni Pizza   
Sauteed Zucchini  
Caesar Salad  
Organic Applesauce

16 PRESIDENT'S DAY 

*NYSED is allowing school districts to serve non-congregate meals to students fasting during Ramadan. This enables students to receive breakfast and lunch meals on school days to consume after daylight hours. Please email [foodservice@syossetschools.org](mailto:foodservice@syossetschools.org) if you are interested in participating in this program.*

17 HARVEST of the month peppers 


18 **President's Week-School's Closed**

19 **President's Week-School's Closed**

20 FREE Lunch   
FOR EVERY STUDENT every day

23 SNOW DAY  
SCHOOL CLOSED

24 SNOW DAY  
SCHOOL CLOSED

25 Cheesy Stuffed Bread Sticks   
Marinara Sauce  
Crispy Potato Puffs  
Steamed Broccoli  
Clementine

26 \* Nachos Grande  
Sweet Corn  
Confetti Garbanzo Bean Salad  
Baby Carrots  
Apple Slices

27 Cheese Pizza    
\*\*\*\* Pepperoni Pizza   
Sauteed Kale  
Baby Carrots  
Organic Applesauce

\* Turkey, \*\* Chicken, \*\*\* Beef, \*\*\*\* Beef/Chicken

View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

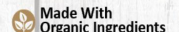
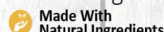
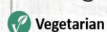
\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



### MEAL PRICE:

All Students: \$0.00  
Second Meals: \$2.75  
Adult \$5.20+tax  
Milk: Student-\$0.75  
Adult \$0.75+Tax  
General Manager  
Karen Ball

[kball@syossetschools.org](mailto:kball@syossetschools.org)



Daily Lunch Offerings: Garden Salad or Chicken Caesar Salad w/a grain. Turkey or Ham sandwich w/without cheese, or Sunflower Seed Butter w/Jelly Sandwich, Cheese Sandwich or Bagel Meal (bagel, yogurt, cheese stick and/or egg) **Vegetarian options available Daily: Nuggets and Burgers. Daily Fruit & Vegetable options:** Asst. 100% juice, apples, oranges, pears, bananas; baby carrots, celery, side salad. **All meals served with:** 1% white, fat free white, FF chocolate milk (all antibiotic and hormone free) \*Gluten free options available. Contact manager for more information. \*