

Williamson County Schools Early Learning Programs

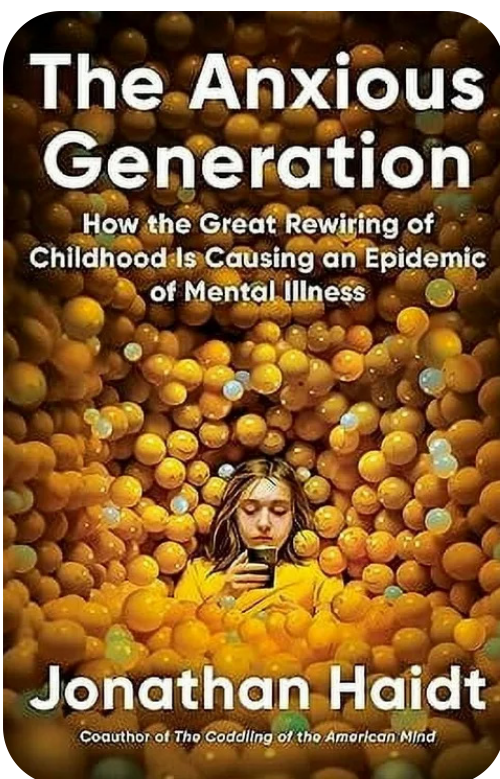
Community Connection

Resource Newsletter, Spring 2026



Strengthening Children, Families, & Communities

WCS is dedicated to fostering growth and resilience in our youngest learners by providing quality educational services, engaging and supporting families, and engaging with community partners. The school social worker often provides a link between the school, home, and community. This newsletter offers families helpful information about early childhood as well as possible resources in the community.



Featured Book: The Anxious Generation

The Anxious Generation explores a striking shift in childhood over the past decade: kids are safer than ever in the physical world, yet far more stressed, lonely, and anxious. While the book centers on teens, it's especially valuable for parents of younger children, showing how early choices around screens, play, and independence shape mental health years later. Reading it now helps families be proactive—building resilience and confidence before anxiety takes hold.

Community Connection: Resources

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Resource Spotlight

TN Voices



TN Voices partners with families and communities to improve youth mental health. Through advocacy and education, they ensure children get the essential care they need to succeed.

TN Voices "Ready. Set. Grow!" Program: A free early childhood program for children ages 0–8, providing mental health consultation, training, and support for families and educators.

Below are a few services through Ready. Set. Grow!

Positive Solutions for Families: An evidence-based, seven-part series for parents and caregivers focused on positive techniques to improve child interactions. **Click to register.**

Family Coaching: Free Family Coaching for TN parents (ages 0–8). Get practical, stress-free support for navigating behaviors and social-emotional growth. In-person or virtual! **Click to Request.**

Regional Intervention Program: RIP



Enroll NOW!
All Programs

NASHVILLE LOCATION

MONDAYS & WEDNESDAYS

✔ 9:00a-11:00a ✔ 4:00p-6:00p ✔ 5:00p-7:00p

615-963-1177

PARENTING THAT WORKS!

Parenting program for families with young children, under 6, who may be experiencing challenging behaviors: Tantrums, Aggressions, Non-compliance, Difficulties at School, etc.

Disability Resources:

TN Dept of Intellectual & Developmental Disabilities:

The Arc of Williamson County:

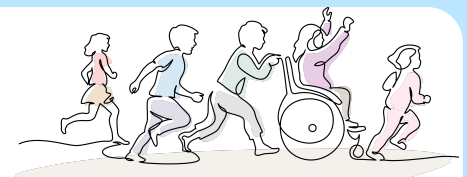
Katie Beckett Waiver: provides services and/or helps pay for medical care not covered by insurance. For children, not eligible for medicaid, with a disability.

Supplemental Security Income (SSI): pays monthly benefits to people with limited income/resources.

TN Disability Pathfinder: a search engine of disability resources/services in TN.

Kid Central TN: is an educational resource for families.

Autism TN: provides educations, support, and advocacy for individuals with Autism and their families.



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Food/Clothing/Finances:

Supplemental Nutrition

Assistance (SNAP)

Women Infants & Children

(WIC)

GraceWorks

One Generation Away

Nolensville Food Pantry

The Well Outreach

The Pantry at Spring

Meadows

Mid-Cumberland Action

Center

Goodwill

Snow Crafts for Kiddos

Inspired by our recent snow days, here are a few fun ways for our littlest learners to play and grow, whether in the real snow or staying cozy inside!



"Magic" Snow:

Create a 3d, squishy snow texture that won't melt!

Ice Melt Discovery:

A simple science experiment to practice fine motor skills.

Snow Painting Activity:

A fun art project that can encourage fine motor strength on a giant, snowy canvas.

Emergency & Crisis:

Tennessee Crisis/Suicide Prevention: 24/7 Call or text 988 or dial 1-855-274-7471.

National Domestic Violence Hotline: call 1-800-799-7233, or if you are unable to speak safely, you can text LOVEIS to 22522.

Crisis Text Line: Text HOME to 741741.

Autism TN HelpLine: Call /text 615-270-2077 Crisis Chat Now.

For additional resources or support, please contact WCS School Social Worker Erin McCloud, LCSW at erin.mcloud@wcs.edu or 615-472-4998.

WCS does not endorse any specific resource or event. This list is provided for informational purposes only.