

Going to Outdoor School

On Tuesday, I will meet my teacher and classmates at school.
We are going to Outdoor School!



We will take the bus together to Outdoor School. It will take about an hour to get there.



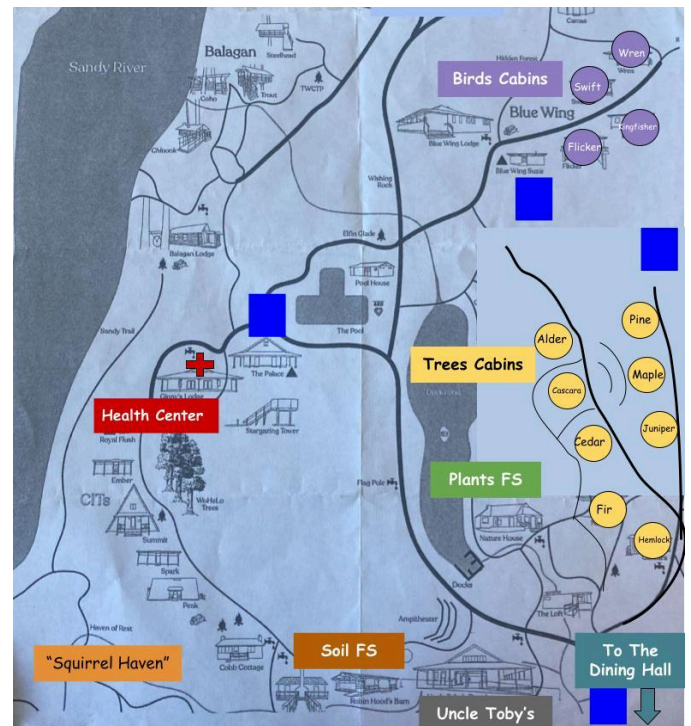
When we get to Outdoor School, I will eat lunch with my class.
Staying with my class will keep me safe.



I Can Stay With The Group



When lunch is over, I will go on a tour with my class. High school Student Leaders will show us the Outdoor School site.



After the tour, I will go with my group to orientation. I will get to meet the rest of the Student Leaders and staff, and learn about Outdoor School.



At the end of orientation, I will find out who is in my cabin. There will be at least one person from my school in my cabin.



I will move into my cabin. I will live in my cabin until Friday.



SUN

MON

TUE

WEN

THU

FRI

SAT

I will have time to set up my bed, put my things away, and meet my cabin mates.



Eating In The Dining Hall

At Outdoor School, we eat our meals together in the dining hall.



Before I eat, I will wait outside the dining hall. I will stay with my group while I wait.

I Can Stay With The Group



Inside the dining hall, I will get to pick a table to sit at. If I want to I can pick a staff member or Student Leader to sit with me.



Sometimes the dining hall can be very loud. If it is too loud in the dining hall, I can put on noise cancelling headphones or eat in a different spot with a staff member.



A student will bring a big dish of food to our table. I can put some on my plate to eat.



If I can't eat the food that is served, I will take my plate to the kitchen window to get food I can eat.



It is okay if I don't like the food on the table. I can ask staff for different food to eat.



At the end of the meal, I will help clean up my table. It might be my job to scrape the food off my plate, or to carry dishes to the dish carts.



Before we leave the dining hall, we will listen to Flea's announcements.

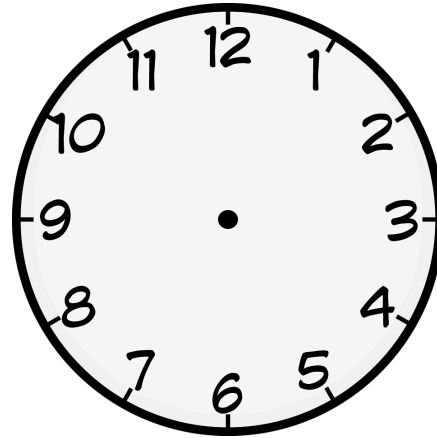


When we leave the dining hall, we will find our Student Leaders to go to our next activity.



Getting my Medication at Outdoor School

At Outdoor School, I will take the same medications at the same times I would at home or school.



When it is time to take my medication, I will walk with my Student Leader to the nurse's station.



I Can Stay With The Group



When we get to the Nurse's Station, I may have to wait my turn to be let in.



When it is my turn, I can walk into the Nurse's Station, where the nurse will give me my medication.

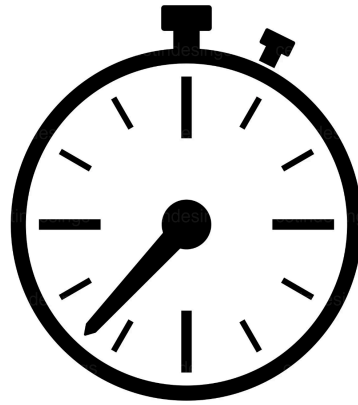


Then, I will meet my Student Leader and walk back with them.



Taking a Break

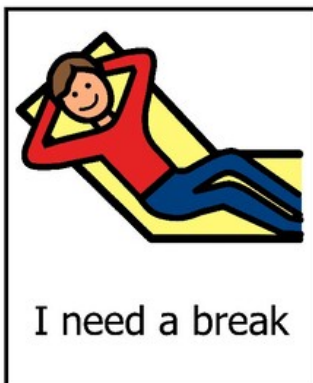
At Outdoor School, I can ask for a break if I need to.



If I need a break, I can ask an adult.



It is important to ask if I need a break. If I do not ask an adult first, I need to stay with my group.



or

I Can Stay With The Group



When I take a break at Outdoor School, I need to stay with an adult. This is so that they know I'm safe.



When I'm ready, I will go back to my group.



Recreation at Outdoor School

Every day at Outdoor School, we will have Recreation.
Recreation is my time to pick what I want to do.



Staff will share the different activities they are leading.



There will be many options like arts and crafts, field games, and hiking.



I can raise my hand when I hear the option I want.



If I don't get my first choice of activity, that's okay. I can think of my second and third choice.



Recreation happens every day. If I don't get my first choice, I can try again tomorrow.



I will do my recreation activity for one hour. I will stay with my group on recreation.



I Can Stay With The Group



I can pick a different activity tomorrow.



Going to Campfire at Outdoor School

At the end of each day, I will go with my cabin to Campfire.

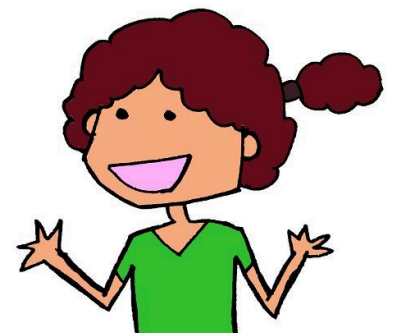
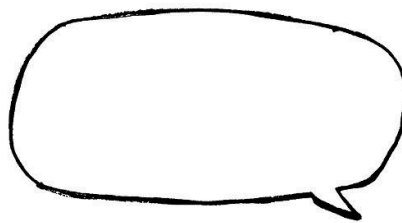


First, I will put on my warm clothes so I am ready to go outside.



I will wait for the rest of my cabin to be ready. My Student Leaders will tell us when we are ready to go.

I Can Stay With The Group



We will walk together to Campfire!



When we get there, a Staff Member will greet us.

I will sit on a bench with my cabin.



At Campfire, we can sing songs together!



We will watch other cabins perform skits, which are short plays. One day this week my cabin will perform a skit!



At the beginning of Campfire, we will sing fast songs. Halfway through, we will sing slow songs so we are more ready for bed.



At the end of Campfire, we will be excused by a Staff Member. Then, we will walk back to our cabin together.



I Can Stay With The Group

