

K-8 Entrees March 2025-2026

Ingredients and menu items are subject to change or substitution without notice. Allergen information is for entrée dishes only and does not include any condiments or side dishes. Please consult a medical professional for assistance in planning for or treating a medical condition. (? = Manufactured on equipment or contains trace amounts of this allergen.) (Items in GREEN print are meatless)

Week of March 2, 2026		Carb Count	Dietary Fiber	Sugar	Added Sugar	Dairy	Eggs	Peanut	TreeNut	Sesame	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork	Vegan (V)	Gluten Free (GF)
Monday	Manufacturer																		
Concha	Michael B's	34g	2g	10.4g	0g	X	X						X						
Italian Nada	Bell Tasty Foods	31g	4g	2g	0g	X							X	X					
Chicken Double Dog	Michael B's	29g	2g	5g	0g								X	X		X			
Tuesday																			
Yogurt and Granola	Dannon / Bake Crafters	27g	2g	13g	8g	X													
Cheese Ravioli & Roll	Tasty Brands / Shannons	55g	5g	7g	3g	X	?	?	?	X	?	?	X	X					
Meatball Hoagie	Michael B's	32g	4g	5.84g	0g	X	X							X	X				
Wednesday																			
Cornbread Muffin	Daves	32g	2.2g	15g	14.2g	X	X						X	X					
Cheese Quesadilla	Integrated	30.98g	3.26g	0.41g	0g	X							X	X					
Chicken, Turkey Ham & Cheese Sandwich	Tastybrands	28g	2g	4g	3g	X							X	X		X			
Thursday																			
Snack n Waffle	Arlington	37g	2g	15g	0g	X	X							X					
Veggie Nuggest w/Fries & Roll	Rebellyous Foods / McCain/Shannon's	44g	3g	4g	3g								X	X					
Chicken & Cheese Tamale	Michael B's	45g	15g	0g	0g	X										X			
Friday																			
Beef Sausage Mini Bagel	Integrated	18.58g	1.01g	3.43g	3g	X				X			X	X	X				
Mac & Cheese Pasta	Evergreen Elementary,SD	47.74g	2.99g	1g	0.5g	X							X	X					
Turkey Taco	Bell Tasy Foods	32g	3g	1g	0g	X							X	X		x			

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Week of March 9, 2026		Carb Count	Dietary Fiber	Sugar	Added Sugar	Dairy	Eggs	Peanut	TreeNut	Sesame	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork	Vegan (V)	Gluten Free (GF)
Monday	Manufacturer																		
Mini Apple Breakfast Bites	Bake Crafters	41g	3g	14g	14g	X	X						X	X					
Cheese Pinwheel	E.S Foods	38g	3g	3g	2g	X							X	X					
Chili Cheese Dog	Integrated	32.53g	3g	4.23g	0g	X							X	X	X	X			
Tuesday																			
Egg & Cheese Burrito	Michaels B's	20g	3g	0g	0g	X	X							X					
Egg & Cheese Burrito	Fernando's	28g	4g	1g	0g	X	X						X	X					
Jalapeno Cheezy Bites (M)	Wild Mike's	28g	2g	2g	1g	X								X					
Crispy Chicken Sandwich	Tyson / Gold Star	42g	3g	4g	0g		X							X		X			
Fries	McCain	18g	1g	1g	0g								X	X					

Wednesday																				
Breakfast Pizza Bagel	Tony Roberts	23.16g	1.80g	4g	0g	X									X					
Garlic Cheese Toast	Tony Roberts	28.3g	2g	3g	0g	X							X	X						
Beef Fiestada Sandwich	Big Daddys	31g	3g	6g	1g	X	X						X	X	X					
Thursday																				
Pancake Bites	Bake Crafters	37g	2g	13g	11g	X	X						X	X						
Pizzaboli	Tastybrands	35g	2g	5g	2g	X							X							
Chicken Drumstick & Roll	Tyson / Shannon	32g	3g	4g	3g		?	?	?	?	?	?	X	X		X				
Friday																				
Breakfast Bun	Sky Blue Bakery	38g	3g	12g	11g	X	X						X	X						
Chimi Nada	Bell Tasy Food	43g	7g	2g	0g	X							X	X						
Mandarin Orange Chicken w/Rice	Yanks/Riceland	55g	2g	10g	10g		X						X	X		X				

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Week of March 16, 2026		Carb Count	Dietary Fiber	Sugar	Added Sugar	Dairy	Eggs	Peanut	TreeNut	Sesame	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork	Vegan (V)	Gluten Free (GF)	
Monday		Manufacturer																		
Pop-Tart and String Cheese	Kelloggs	37g	3g	15g	15g	X							X	X						
Bean & Cheese Chalupa	Integrated	23.01g	3.03g	0.43g	0g	X							X	X						
Chicken Corn Dog	Foster Farms	27.8g	2.8g	7.6g	0g	X	X						X	X		X				
Tuesday																				
Egg and Cheese English Muffin Sandwich	Bake Crafters	23g	1g	2g	0g	X	X						X	X						
Sunshine Crackers	Smart Foods 4 Schools	21g	1g	8g	8g								X							
Grilled Cheese Sandwich	Integrated	30.96g	3g	5.65g	0g	X							X	X						
Beef & Cheese Taco Stick	Integrated	28.97g	3.07g	1g	0g	X							X	X	X					
Wednesday																				
Bagel & Cream Cheese	Tony & Robert / Schreiber	50g	3g	2g	0g	X							X							
Cheese Lasagna	Tasty Brand	29g	2g	5g	0g	X							X							
Taco Nada Bites	Bell Tasty Foods	32g	4g	1g	0g	X							X	X		X				
Thursday																				
French Toast Stick	Pillsbury	37g	2g	11g	10g	X	X						X	X						
Sunnbutter Sandwich	SunWise	56g	7g	18g	18g								X	X						
Cheese Burger & Fries	Don Lees Farms / McCain	63g	5.4g	5.4g	1.6g	X	X						X	X						
Friday																				
Concha	The Popcorn Man	30g	2g	7g	6g	X	X						X	X						
Cheese Calzone	Buena Vista	45g	4g	5g	2g	X	?						X	X						
Pasta w/Meat Marinara Sauce	Evergreen, SD	56.77g	7.78g	0.11g	0g					?			X	X	X					

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Week of March 23, 2026		Carb Count	Dietary Fiber	Sugar	Added Sugar	Dairy	Eggs	Peanut	TreeNut	Sesame	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork	Vegan (V)	Gluten Free (GF)
Monday	Manufacturer																		
Grape Filled Crescent Roll	Pillsbury	35g	2g	9g	7g	X								X					
Bean & Cheese Burrito	Los Cabo	44.08g	8.90g	1.42g	0g	X							X	X					
Mini Chicken Corn Dogs w/Fries	Tyson	26g	3g	6g	6g								X	X		X			
Tuesday																			
Egg & Cheese Croissant Sandwich	Bake Crafters	19g	2g	3g	2g	X	X						X	X					
Two Cheese & Green Chile Tamale	Los Cabos	29.66g	2.56g	1.58g	0.2g	X							X						
Deep Dish Pepperoni Pizza	Wild Mikes	36g	1g	0g	0g	X								X	X				
Wednesday																			
Pull Apart Soft Mini Bagel	Pillsbury	42g	2g	13g	12g	X								X					
Deep Dish Cheese Pizza	Wild Mikes	36g	1g	5g	0g	X								X					
Chicken Nuggets w/ Fries	Tayson / MCCain	34g	5g	1g	0g								X	X		X			
Thursday																			
Mini Waffle	Kellogg's	46g	5g	13.8g	0g	X	X						X	X					
Chile & Cheese Flaquito	Michael B's	31g	3g	0g	0g														
Cheeseburger Sliders	Integrated	27.7g	2.21g	4.16g	3.20g	X							X	X	X				
Friday																			
Mini Cinnamon Roll	Pillsbury	41g	3g	14g	13g	X								X					
Mozzarella Sticks w /Marinara Sauce	The Max / Kraft Heinz	36g	2g	4g	1g	X							X	X					
Turkey Gravy & Mashed Potato/w Roll	Evergreen, SD #205	61g	2g	0g	0g	X		?		?			X	X		X			

Week of March 30, 2026		Carb Count	Dietary Fiber	Sugar	Added Sugar	Dairy	Eggs	Peanut	TreeNut	Sesame	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork	Vegan (V)	Gluten Free (GF)
Monday	Manufacturer																		
Cesar Chavez Day - No School																			
Tuesday																			
French Toast Stick	Pillsbury	37g	2g	11g	10g	X	X						X	X					
Cheese Ravioli & Roll	Tasty Brands / Shannons	55g	5g	7g	3g	X	?	?	?	X	?	?	X	X	X				
Meatball Hoagie	Michael B's	32g	4g	5.84g	0g	X	X							X	X				
Wednesday																			
Cornbread Muffin	Daves	32g	2.2g	15g	14.2g	X	X						X	X					
Cheese Quesadilla	Integrated	30.98g	3.26g	0.41g	0g	X							X	X					
Chicken, Turkey Ham & Cheese Sandwich	Tastybrands	28g	2g	4g	3g	X							X	X		X			
Thursday																			
Snack n Waffle	Arlington	37g	2g	15g	0g	X	X							X					
Veggie Nuggest w/Fries & Roll	Rebellyous Foods / McCain/Shannon's	44g	3g	4g	3g								X	X					
Chicken & Cheese Tamale	Michael B's	45g	15g	0g	0g	X										X			
Friday																			
Spring Holiday - No School																			

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Item	Flavors	Brand	Size	Carbs (g)
Milk 1%	White Milk	Producers'	8 fl. oz.	16g
Milk Fat Free	Chocolate Milk	Producers'	8 fl. oz.	20g
100% Fruit Juice	Apple	Apple & Eve	4 fl. oz.	14g
100% Fruit Juice	Fruit Punch	Apple & Eve	4 fl. oz.	15g
100% Fruit Juice	Orange Tangerine	Apple & Eve	4 fl. oz.	12g
100% Fruit Juice	Kiwi Strawberry	Apple & Eve	4 fl. oz.	13g