



ST. MARY'S
ACADEMY

MEDICAL INDIVIDUALIZED LEARNING PLAN

Student Information	
Name	
Date of Birth	
Grade	
TA	
Counselor	
MILP Effective Date	

Medical Information

Source(s) of Medical Evaluation Information:

☒ Neuropsychological Evaluation ☐ Physician Report ☐ Previous 504 Plan/ Medical Plan

Results of Assessment and Medical Diagnosis:

_____ is a creative and bright student at SMA with the following diagnoses:

- Attention Deficit / Hyperactivity Disorder (ADHD)- Inattentive type: may include poor attention to detail, limited attention span, forgetfulness, distractibility, and failure to finish assigned tasks.
- Unspecified anxiety disorder: anxiety around academic requirements and expectations; may appear as panic-like symptoms, worry, and/or fear

These challenges impact school performance. For those identified diagnoses, _____ benefits from academic accommodation.

Major Life Activity Impacted:

☐ seeing ☐ hearing ☐ breathing ☐ walking ☐ bending ☐ lifting ☐ standing

☐ eating ☐ sleeping ☐ caring for oneself

☒ concentration ☒ communication ☒ reading ☒ other:

-Executive functioning skills: task initiation, organization, planning, time management and task follow-through

-mood regulation

Non-Academic Accommodations, Steps, Protocols:

During the 2025-26 school year there are no Non-Academic Accommodations, Steps, or Protocols in place to support _____.



In-school Emergency Contact:

Name: Katie Diaz
Email: katie.diaz@smapdx.org
SMA Phone: (503) 721-7707

Recommended Academic Accommodations

Environment

- ☐ Preferential: front row, lowest distraction area, or student preference

Testing

- ☐ Time and a half on exams
- ☐ Alternate setting for exams
- *_____should remain in the classroom as often as possible for assessments to have content teacher assistance
- ☐ Breaks as needed

Aids

- ☐ Learning Ally (audio books)
- ☐ Speech to text on written assignments
- ☐ Recorded lectures with teacher permission using Voice Memo on the iPad
- ☐ Computer for written assignments
- ☐ Screenshots of notes, problems or assignment directions
- ☐ Noise cancelling headphones during independent work time
- ☐ Non-distracting fidgets
- ☐ Teacher notes provided if student is not taking notes independently
- ☐ Enable closed captions on videos and recordings
- ☐ Scaffolded or tasks broken down
- ☐ Graphic organizer

Student Learning

- ☐ Extended deadlines (additional 1 day for daily work, additional 1 week for projects) as needed



*No extended deadlines for reading or work related to the next class or participation

- ☐ Requires communication with teachers to understand expectations
- ☐ May not be extended past the last day of the semester
- ☐ Teacher provided written directions for assignments
- ☐ No grade reduction for spelling for in-class writing
- ☐ Allow paper submissions or electronic submissions
- ☐ Provide examples or models of projects
- ☒ Check in with student prior to independent work time and/or start of project/paper/assessment
- ☒ Check in with student regularly at a mutually agreed upon time (ex: during Activity Block on Blue Days, during lunch, or during office hours on Yellow Days)
- ☐ Breaks as needed

Other Recommended Academic Supports

- ☐ NHS Tutoring (schedule with app on iPad)
- ☐ Counselor visits and check-ins as needed
- ☐ Student Success Specialist check ins
- ☐ Discuss TA Study Support and Study Block eligibility

Signatures

We agree with the implementation of the Medical Individualized Learning Plan (MILP).

Student Name:	Student Signature:	Date:
Parent/Guardian Name:	Parent/Guardian Signature:	Date:
Parent/Guardian Name:	Parent/Guardian Signature:	Date:
ILP/ MILP Coordinator Name:	ILP/ MILP Coordinator Signature:	Date:
Counselor Name:	Counselor Signature:	Date: